I am in favor of eliminating the practice of daylight savings time. Among the usual reasons for DST are:

1. Makes for more sunlight.

DST does not control the length of the day.

2. Safer driving as it provides daylight driving time.

I have not seen studies that actually verify this, however there is no more problem driving in dark the rest of the year than in Winter. Actually the longer days provide the daylight for driving in any event, and as days get shorter DST moves the dark driving hours to morning. I've found that part of the year DST times commutes to times when the sun is at a dangerous angle for driving.

3. Inconvenient to need to change time when crossing from a state that uses DST to one that does not.

Limited number of people compared to those not crossing borders. Also, we have 4 time zones in the continental United States which force travelers to change time along a very long demarcation line and we get along just fine in dealing with that.

Guy B. Meredith