
Diabetes in Oregon

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House and Senate Health Care Committees

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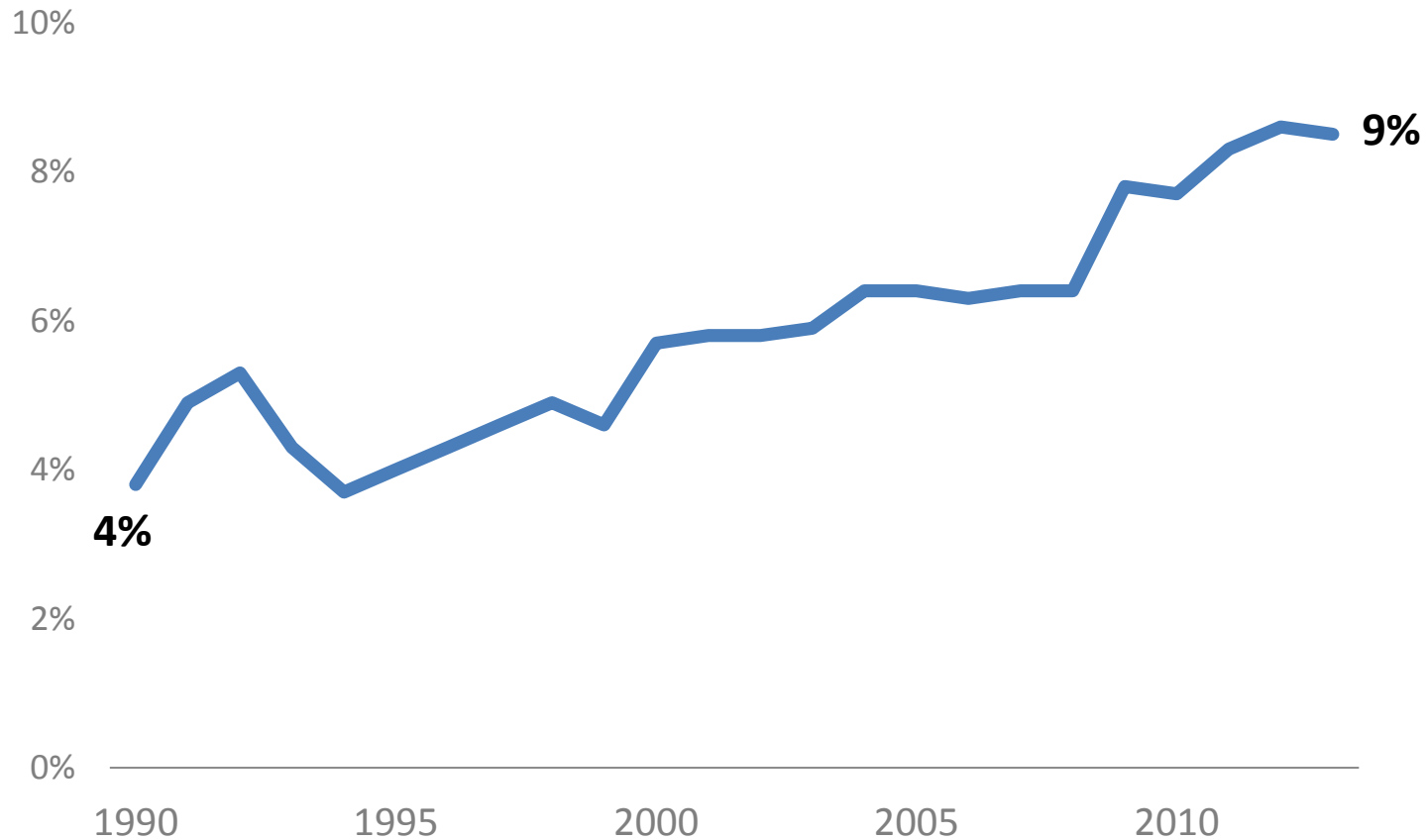
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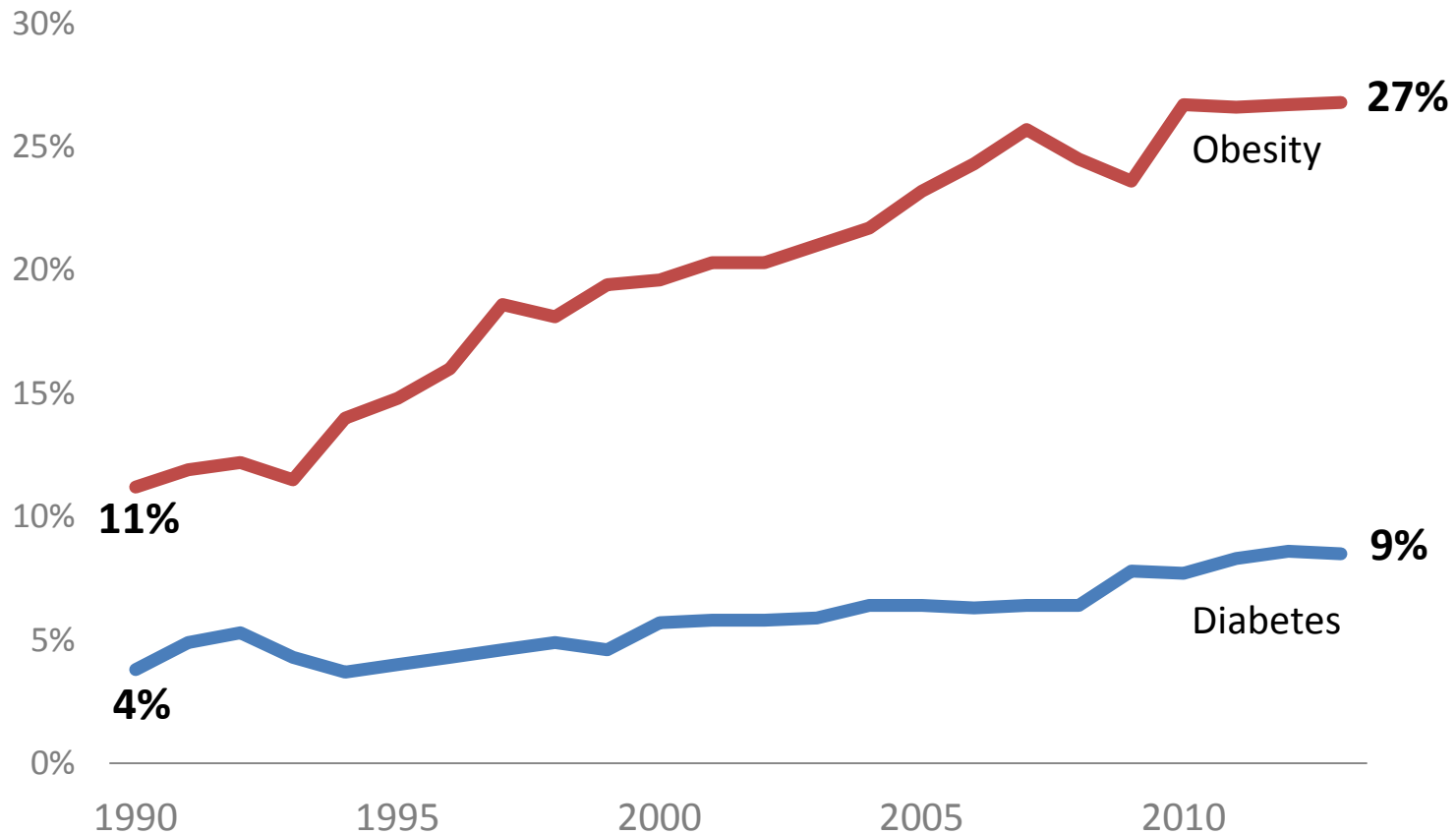
Overview

- Diabetes is increasing, and it is costly
- Oregon has a strategic plan to decrease diabetes and obesity
- A comprehensive, statewide chronic disease program is needed
- Detailed data is available in the SB 169 Oregon Diabetes Report at www.healthoregon.org/diabetes

Diabetes has more than doubled since 1990



The rise in diabetes has mirrored the rise in obesity



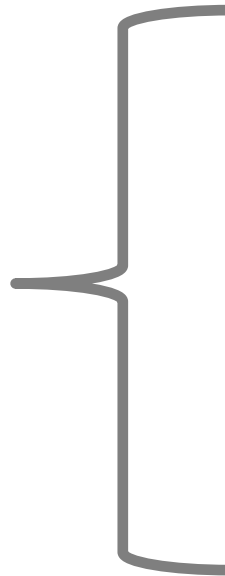
Diabetes affects some communities more than others

- Those with less than a high school education
- Oregon Health Plan (OHP) members
- Racial and ethnic minority groups

These groups are **2-3x** more likely to have diabetes

Diabetes is costly


3 billion
annually



\$2.2 billion
in excess medical
expenditures

+

\$840 million
in reduced productivity

Diabetes strategic plan

DHS: PUBLIC HEALTH DIVISION

STRATEGIC PLAN
to Slow the Rate of Diabetes in Oregon

“Reversing the trends of obesity and diabetes”

A Report to the 2009 Oregon Legislature from the HB 3486 Advisory Committee

DIABETES AND OBESITY AMONG ADULTS IN OREGON

Year	Obesity (%)	Diabetes (%)
1995	15	5
1997	18	5
1999	19	5
2001	20	5
2003	21	5
2005	22	5
2007	23	6
2009	25	7
2011	23	6
2013	20	5
2015	15	5

Source: BRFSS. Age-adjusted to 2000 US Standard Population.

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Oregon Diabetes Report

A report on the burden of diabetes in Oregon and progress on the 2009 Strategic Plan to Slow the Rate of Diabetes.

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www.healthoregon.org/diabetes

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Healthy places, healthy people: A framework for Oregon

Mission:

To advance policies, environments and systems that promote health and prevent and manage chronic diseases.

Vision 2020:

All people in Oregon live, work, play, and learn in communities that support health and optimal quality of life.



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Questions?

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