



February 11, 2015

Office of the President

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House Health Care Committee  
900 Court St. NE  
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Joseph E. Robertson, Jr., M.D., M.B.A.  
President

To: Chair Greenlick and Members of the Committee:

I am writing on behalf of Oregon Health & Science University (OHSU) in support of the Oregon Health Dividend proposal embodied in HB 2390.

OHSU is a big believer in workplace wellness programs. We have our own program, Healthy Team Healthy U (HTHU), designed by OHSU faculty and staff to help employees achieve a healthy lifestyle and capture the power of employees working together to increase physical activity, improve diet and reduce stress.

Numerous benefits have been documented, including reduced blood pressure, lower body weight among those who are overweight, improved diet and exercise behaviors and feeling healthier. Furthermore, people felt less depressed, missed less work and reported being happier after participating in HTHU. Nearly 3,000 OHSU employees came together to participate in HTHU in the first year. Since then, thousands more have participated to make Healthy TEAM Healthy U an integral part of employee wellness at OHSU.

To reiterate, OHSU is a big believer in workplace wellness programs and we have seen from experience that employees respond very favorably to these programs. Accordingly, we support HB 2390.

Thank you for your consideration.

A handwritten signature in black ink that reads "Joe Robertson". The signature is written in a cursive, flowing style.

Joe Robertson, M.D.  
President