



February 3, 2014

To: Committee on Health Care and Human Services  
Memorandum in Support of SB 1579

Chair Monnes Anderson, Vice-Chair Kruse, and members of the committee, my name is BJ Cavnor and I am the Executive Director of One in Four Chronic Health. I am here today to ask for your support of SB 1579, sponsored by Sen. Bates.

One in Four is a collaborative working on behalf of patients living with chronic health conditions. These conditions include cancer, HIV, heart and lung diseases, Lupus and other auto-immune condition, hepatitis and mental health issues.

For the patients we serve medication adherence is critical to maintaining health and staying out of the emergency room. There are many barriers to adherence but the ability for a patient to receive all of their regular medications at once is a barrier that we can easily remove.

Medication synchronization would allow for convenience for patients, better monitoring for adherence and could help facilitate improved refill requests and prior authorizations required from the health care provider.

Medication synchronization includes the pharmacist as part of care team of the patient, providing immediate information about dosage, interactions and side effects.

Medication synchronization can also serve to help improve public health through adherence monitoring for communicable condition that impact are treated by regular medication or vaccination. These conditions include influenza, HIV, tuberculosis and pertussis. It could also be used to help monitor adherence to psychiatric medications for patients with or without additional concurrent chronic health conditions. Non-adherence to psychiatric medications is a leading cause of patient non-adherence to medication and treatment for co-morbid chronic health conditions.

We support SB 1579 because we believe that it is an effective approach to help improve the lives of patients and help achieve the goals of the Triple Aim.

Thank you for the opportunity to testify this afternoon.

BJ Cavnor  
Executive Director  
One in Four Chronic Health

Caring Ambassadors Program (Lung Cancer and Hepatitis C)  
Molly's Fund Fighting Lupus  
Cascade AIDS Project