

**From:** Tomi Deveraux [<mailto:tomideveraux@gmail.com>]

**Sent:** Thursday, February 06, 2014 2:11 AM

**To:** Ross Cheyenne

**Subject:** The Ultimate List of E-Cig Studies: Are E-Cigs Actually Safe? » onVaping

<http://onvaping.com/the-ultimate-list-of-studies-on-e-cigarettes-and-their-safety/>

Ms. Ross thank you for handing me your information. I would like to submit this list as supplemental information in Opposition of HB4115.

I will be writing more, and sending more information later today.

Could you please let me know what the next steps are? I would like to be able to be present for any future proceedings on HB4115 and any vaping related bans, restrictions, or definitions in Oregon.

I would like to apologize for interrupting. I have never even been to the State Capital before or participated in anything like this. I kind of became the overnight den mother of vaping in Oregon and am very passionate about it.

I believe in the public health precedence we can set here in Oregon, as the world is watching. Its far from just a local issue, and our vaping social media broadcast the live feed to vapers world wide. This grass roots movement by the people, the smokers wanting a better life has done something the last 50yrs of the Surgeon General's attempts at smoking cessation have not...we have quit. Smoking burning chemically treated tobacco leaves and components kills. Nicotine does not. It is a class 2 stimulant equivalent to caffeine. The clean pharmaceutical, lab quality nicotine utilized in vaping pose no cardiovascular risk as noted by the recently published peer reviewed research cited in the above list of Dr. Konstantinos Farsilonis of the Onasis Center in Greece shows. The research by Igor Burstyn I mentioned in my brief plea shows that based on over 9,000 observations of e-liquid and vapor there was NO apparent concern for bystanders exposed to ecig vapor EVEN UNDER THE WORST CASE assumptions about exposure.

Therefore, I ask to be able to continue to welcome 75+ vapers monthly at my nonprofit/volunteer gatherings for fellowship, learning, mentoring, and evolving tobacco harm reductions. We meet in a bar's banquet room with added ventilation. HB4115 would not allow this safe haven. Where should my 75+ attendees go to gather to NOT SMOKE, but to vape? I personally have helped hundreds over 5 years online and in person reduce the harm in their lives through vaper advocacy.

I also ask since there may be a smell, nothing like if I had smoked in the room, but more like someone wearing perfume or airfreshner in the capital's bathrooms that I NOT be criminalized like smokers if I vape while my 17yo minor son is in my vehicle. He loves that I am not smoking and its my sole job no other's to educate my child who is not bothered but if he were I would respect his wishes. A police officer should not waste time pulling me over to see what I am legally doing when he might be delayed in responding to domestic violence, a drunk driver, or any number of calls wear real protection is warranted.

Regarding flavors, anyone who eats or drinks chooses so based on flavors that appeal to their palate. We have given more attention to flavors of my personal vaporizer than alcohol has ever been given.

One never placed on record anywhere, important point, I personally would like to make is the use of flavor as a holistic, aromatic therapy. I have been battling the last 3.5yrs thru an excruciating spinal injury as well as Ehlers Danlos Syndrome. I don't know what it feels like not to be in pain. I am allergic to most pain medications. I have used soothing white chocolate/peppermint tea vapes that I make. It helps me when I am just trying to get thru minute to minute of spasms and blanketing fiery spinal nerve pain. I also believe it could help new vapers meditate through tough craving periods. I have yet to have one bad side effect personally from vaping. I have been a 5yr vaper, I was a 20+ year smoker, and I have been smokefree for 4.25yrs. I quit smoking maybe 15times but always slipped right back to smoking, until I became a vaper. I have no desire to smoke. Being around it makes me sick. Please don't shame us to the smoking section. Please if we can't do it freely give us space to breathe and vape and congregate without the stigma of 'the smoking section'. Oregon's clean air act could set a world wide precedence to instead of abolition maybe a 3rd option of harm reduction.

One more mention is that research has proven ecigs to be 9-450x less toxic than cigarettes. Ecigs are also equal or less toxic than current medically approved smoking cessation methods, but 7-70x more effective over time. E-liquid or 'vapes' contain (PG) Propylene Glycol - a sugar alcohol present in many substances as a carrier to include albuterol nebulizers I have administered to patients in respiratory distress to open their airways, is is also a non toxic component in antifreeze, sodas, toothpaste, and millions of FDA approved products. (VG) Vegetable Glycerin which produces the mist which is in many of the same products, respiratory treatments, fog machines, and food. Water Soluble flavor extracts, and may/may not contain nicotine. Many vape 0mg eliquid.

I am a BSN, RN. I testified about that today. I know in my heart and my mind Vaping is the holy grail of smoking cessation and tobacco harm reduction. Thank you so much for your time and hard work. Please let me know if I may be a citizen partner in the work yet to come. I would be happy to do so.

I would appreciate if this were shared with all representatives. Thank you!

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