



ASSOCIATION OF OREGON COMMUNITY MENTAL HEALTH PROGRAMS

Addictions • Mental Health • Developmental Disabilities

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Benton County Mental Health

Clackamas County Health, Housing
& Human Services

Clatsop Behavioral Healthcare

Columbia Community Mental Health

Confederated Tribes Community Counseling
Center of Warm Springs

Coos County Mental Health

Crook County Mental Health
Lutheran Community Services

Curry County Human Services

Deschutes County Mental Health Department

Grant, Morrow, Wheeler & Gilliam Counties
Community Counseling Solutions

Jackson County Health and Human Services

Jefferson County
BestCare Treatment Services

Josephine County
Options for Southern Oregon, Inc.

Klamath County Mental Health

Lake County Mental Health

Lane County Health and Human Services

Lincoln County Health and Human Services

Linn County Health Department

Malheur and Umatilla Counties
Lifeways, Inc.

Marion County Health Department

Polk County Mental Health

Sherman, Hood River & Wasco Counties
Mid-Columbia Center for Living

Tillamook County
Tillamook Family Counseling Center

Umatilla County
Addictions Program

Union County
Center for Human Development, Inc.

Wallowa County
Wallowa Valley Center for Wellness

Washington County Behavioral Health &
Developmental Disabilities Division

AOCMHP Testimony to House Human Services and Housing Committee

Regarding HB 4124 - *Youth Suicide Intervention and Prevention* 2-3-2014

Dear Chair Tomei and Members of the House Human Services and
Housing Committee,

I am providing this testimony to support the concept of HB 4124, which
focuses on youth who are at risk for attempting suicide due to mental
health or substance use problems. I am speaking on behalf of the
Association of Oregon Community Mental Health Programs (AOCMHP),
which represents directors of county-based Community Mental Health
Programs and County Health and Human Services departments.

This is a great opportunity for the Divisions of Public Health and
Addictions/Mental Health (AMH) to coordinate efforts on suicide prevention,
both at the state and community level, and to target more attention on
youth who are likely to be at risk for suicide or self harm. As your local
system of care partners, counties and CCOs are committed to working with
the Oregon Health Authority on suicide prevention. We would like to
recommend that AOCMHP and Coalition of Local Health Officials work with
the Oregon Health Authority to implement a collaborative plan coordinated
at a State level (AMH and PH) for youth suicide intervention and prevention
during the interim.

Additionally, we recommend allocating resources for evidence-based
suicide prevention and mental health awareness training and
implementation. As an example, thanks to support from AMH, AOCMHP
has embarked on a statewide rollout of Youth Mental Health First Aid
(MHFA) trainings for instructors and support for the courses they conduct in
their communities for adults who work with youth ages 12-18. Attached is
the list of 63 Oregon instructors trained in Youth MHFA since November of
2013 through the AOCMHP/AMH training initiative. Our goal is for the
instructors to certify 5,000 Mental Health First Aiders across the state by
the end of the 13-15 biennium. They will be important agents of change in
decreasing stigma in their communities and in preventing suicide by
knowing how to help young people who are experiencing mental health

challenges or crises, and by initiating early intervention through trusted adults, peers, and appropriate health care professionals.

Thank you for the opportunity to speak on this important matter and to acknowledge the good work that is being done through Youth Mental Health First Aid.

Sincerely,

Cherryl L. Ramirez

Cherryl L. Ramirez
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OREGON YOUTH MENTAL HEALTH FIRST AID INSTRUCTORS

LISTED BY CITY

Name	Organization	Address	City	State
Frank Moore	Linn County Mental Health	P. O. Box 100	Albany	OR
Kathryn Henderson	Linn County Health Services	39533 Santiam Bluff Rd. NE	Albany	OR
Nick Benas	Clatsop Behavioral Health	2120 Exchange St., Suite 301	Astoria	OR
Sumuer Watkins	Clatsop Behavioral Healthcare	2120 Exchange Street, Ste. 301	Astoria	OR
Connie J. Peterson	Self Employed	2203 NW Clearwater Drive	Bend	OR
Eileen MK White	National Alliance on Mental Illnes - Central OR	61440 Westridge Avenue	Bend	OR
Katie Hayden-Lewis	Deschutes County Behavioral Health	1340 Wall Street	Bend	OR
Pamila Gogenola	Johnson/Cade Family Practice	19058 Choctaw Road	Bend	OR
Rich Streeeter	Northwest Youth Discovery	9 NW 15th Street	Bend	OR
Shannon Brister	Deschutes County Behavioral Health	2577 NE Courtney Drive	Bend	OR
Courtney Boyles	Jackson Street Youth Shelter	755 NW 3rd Street, Apt. 2	Corvallis	OR
Hilary Harrison	Oregon Family Support Network	P. O. Box 579	Corvallis	OR
Jennifer Wells	Tech-Aid Institute	P.O. Box 210	Dexter	OR
Stephen Klierer	Wallowa Valley Center for Living	P. O. Box 216	Enterprise	OR
David Convirs	NAMI - Lane/ U of O/Lane Community College	76 Centennial Loop, Ste. A	Eugene	OR
Debby Ganser	Lane Community College	P.O. Box 2383	Eugene	OR
Debra Depew	Oregon Family Support Network	72A Centennial Loop, Suite 150	Eugene	OR
Kimberly Neumann	NAMI - Lane	3163 Crocker Road	Eugene	OR
Lorraine Kerwood	PeaceHealth Behavioral Health	2411 Martin Luther King Blvd.	Eugene	OR
Karen Nielsen	Curry Community Health	94235 Moore Street Ste. 121	Gold Beach	OR
Amara Thelen	Options for Southern Oregon - Hillside Center	1545 Harbeck Road	Grants Pass	OR
Elise Haas	Options for Southern Oregon - Hillside Center	1545 Harbeck Road	Grants Pass	OR
Nina Danielsen	Clackamas County Behavioral Health	11211 SE 82nd Ave.	Happy Valley	OR
Shannon Salts	Clackamas County Behavioral Health	11211 SE 82nd Ave.	Happy Valley	OR
Robin Bredfield	Community Counseling Solutions	P. O. Box 536	Heppner	OR
Amy G. Baker	Washington County Mental Health	155 N. First Ave. MS 70	Hillsboro	OR
Ava Mitchell	Washington County Mental Health	155 N.First Ave. MS 70	Hillsboro	OR
Craig Schlarb, Ph.D.	Mid Columbia Center for Living	1610 Woods Court	Hood River	OR
Colleen McDade	Community Counseling Solutions	528 E. Main Street, Suite W	John Day	OR
Tamara Trippett	Klamath Youth Development Center	725 Washburn Way	Klamath Falls	OR
Tara Cobine	Klamath Youth Development Center	2210 Eldorado Ave.	Klamath Falls	OR
DeAnne Mansveld	Center for Human Development	2301 Cove Avenue	LaGrande	OR
Chrystal Johnson	Lake County Mental Health	1216 North 2nd Street	Lakeview	OR
Morgan Simone	Lake County Mental Health	215 North G Street	Lakeview	OR
Leo Ceja Hidalgo	Yamhill County Health & Human	628 N Evans Street	McMinnville	OR
Tara Manitas	Yamhill County Health & Human	627 N Evans Street	McMinnville	OR
Holly Dellinger	Jackson County Mental Health	1005 E. Main	Medford	OR
Kyle Lamson	Jackson County Mental Health	1005 E. Main	Medford	OR
Marco Martin	Jackson County Mental Health	1005 E Main Street	Medford	OR
Ishah Roads-Pultz	Pacific Northwest Counseling, LLC	407 N Coast Hwy., Suite D	Newport	OR
Laura McCoy	Lincoln County	36 SW Nye Street	Newport	OR
Dana Rush	Lifeways, Inc.	702 Sunset Drive	Ontario	OR

Name	Organization	Address	City	State
Kirie Capell	Lifeways, Inc.	702 Sunset Drive	Ontario	OR
Deborah Zwetchkenbaum	Lines for Life	5100 SW Macadam, Ste. 400	Portland	OR
Diane Benavides Wille	LifeWorks NW	14600 NW Cornell Road	Portland	OR
Tamara Sale	Portland State University	1600 SW 4th Ave., #916	Portland	OR
Charissa Schmidt	Lutheran Community Services NW	365 NE Court St.	Prineville	OR
Dean Benanno	Lutheran Community Services NW	365 NE Court St.	Prineville	OR
Marsha Ellis	Douglas County Mental Health	621 W. Madrone St.	Roseburg	OR
Teresa L. Emery	Douglas County Mental Health	P.O. Box 84	Roseburg	OR
Erica Alonso	Marion County Health Department		Salem	OR
Janet Matthews	Self Employed	3682 Silverstone Court NE	Salem	OR
Lupita Pena	Marion County Health Department		Salem	OR
Tammie Kackley	Columbia Community Mental Health	50273 Canary Lane	Scappoose	OR
Juli Knapp	Columbia Community Mental Health	58646 McNulty Way	St. Helens	OR
Lana Ames	Columbia Community Mental Health	58646 McNulty Way	St. Helens	OR
Nicole Morris	Columbia County Mental Health	p. o. Box 1234	St. Helens	OR
Al Barton	Mid-Columbia Center for Living	1610 Woods Court	The Dalles	OR
Armenia Sarabia	GOBHI	309 East 2nd Street	The Dalles	OR
Erin Marie Rust	GOBHI	309 East 2nd Street	The Dalles	OR
Ashley Atwood	Tillamook Family Counseling	906 Main Avenue	Tillamook	OR
Mary Ann Dearborn	Tillamook Family Counseling	906 Main Avenue	Tillamook	OR
Daniel O. Norris	Malheur County District Attorney	251 B Street, West #6	Vale	OR

