

MEASURE: DPSST Active Shooter  
EXHIBIT: 1  
S VETS. & EMERGENCY PREPAREDNESS  
DATE: 3-28-13 PAGES: 58  
SUBMITTED BY: Lt. Mike Herbes

## EATON Roger

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**From:** ANDERSON Todd  
**It:** Wednesday, March 27, 2013 9:32 AM  
**To:** GABLIKS Eriks; EATON Roger  
**Subject:** FW: Mental Health Scenarios w/ Veteran Affairs Integration

Eriks and Roger,

FYI for our testimony tomorrow.

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**From:** WESTERBERG Steve  
**Sent:** Wednesday, March 27, 2013 8:26 AM  
**To:** NINMAN Gary  
**Cc:** EATON Roger; PLUMMER Teresa; ANDERSON Todd; [ware2096@comcast.net](mailto:ware2096@comcast.net); Hal Merrill ([tpdcop@msn.com](mailto:tpdcop@msn.com))  
**Subject:** Mental Health Scenarios w/ Veteran Affairs Integration

FYI>>>

I wanted to take a moment and share a follow-up email sent to me by Linda Maddy, who is the Veteran's Justice Outreach Program Coordinator for the VA Medical Center in Portland. The Basic Police schedule was adjusted earlier this year to increase the amount of time we had to conduct mental health scenarios in one training segment. BP 335 was the first class to benefit from those schedule adjustments. One of the major things we intended to accomplish was to integrate some veteran issues such as Post-Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI) into our battery of scenarios.

Following is a brief summary of the results we observed from our integration of PTSD / (TBI) scenarios into the mental health scenario block.

I concur with Linda's assessment of the professional approach and skill our evaluators and role players utilize in all of the mental health scenarios and I will continue to seek the inclusion of the VA in this block of instruction.

Steve

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**From:** Maddy, Belinda L. (Portland) [<mailto:Belinda.Maddy@va.gov>]  
**Sent:** Tuesday, March 26, 2013 3:35 PM  
**To:** WESTERBERG Steve  
**Cc:** Watkins, Adam (Portland)  
**Subject:** RE: Check In

Hi Steve,

I wanted to follow up on the two Veteran scenario role plays on March 13 and March 14. Overall I think they went exceptionally well. The officers responded to the Veteran focus and seemed to appreciate the opportunity to discuss specific strategies that they could use in each scenario for this population.

One benefit that I did not anticipate was the connection with officers who were veterans, especially combat veterans. In some cases, former combat veterans responded to the scenario by identifying their prior military

experience and connecting with the role player. It was a good opportunity to talk with them about the fine line between military and law enforcement and while they can connect as a fellow veteran they are still in the role of law enforcement officer. One officer sat on the ground with the veteran role player who was in a flashback and showed a great deal of compassion when talking with the veteran using some grounding techniques. When asked during debrief why he did that, he answered "it could have been me". Another officer who was a combat veteran with a return from Afghanistan within the last 6 months did not identify himself as a veteran during the role play however when he debriefed on the role play he used some military language, i.e. "I identified my mission and was focused on accomplishing the mission." Further conversation brought out that he was focused on leaving his military experience in the past as it was his former life and he was now a civilian and a law enforcement officer. He seemed to gain insight in the debrief that he still had pieces of his military training in his thinking which was not a bad thing and that it would be okay for the two careers to co-exist and his prior experience could be helpful to him in his law enforcement career. He did not need to compartmentalize the two careers. How valuable for these officers to gain insight into how their military career interfaces with their law enforcement career at this point in their training!

The role play scenarios were followed by the class on Monday which will now be part of the permanent curriculum. During the class we were able to emphasize some of the symptoms of PTSD, TBI and applying the strategies using their role play experience. I believe the two together, scenario and classroom, increase the officers abilities to effectively utilize the information for this population.

Your scenario teams are wonderful, very professional and skilled. I believe for future trainings it would be beneficial to have the VA present on the first day to provide information on the debrief and if the same role play team was in place on the second day they would be able to debrief the VA portion.

Thank you for this opportunity. I believe it will make a difference for our officers and for our Veterans. Please let me know if I can provide any additional information.

Take care,  
Linda

*Linda Maddy MSW, LICSW  
Veterans Justice Outreach  
Program Coordinator  
Portland VA Medical Center  
Vanc: (360) 696-4061 x32716  
Port: (503) 220-8262 x32716  
Cell: (503) 421-7835  
Fax: (360) 750-5373*

**AGENCIES THAT HAVE ATTENDED DPSST REGIONAL  
VETERANS AWARENESS TRAINING**

Yamhill Co. Correctional Facility  
Gearhart PD  
Cannon Beach PD  
Portland Police Bureau  
Clatsop COSO  
Warrenton PD  
Deschutes COSO  
CCC DCS  
Bend PD  
Washington COSO  
ARNG (Ore.)  
ORANG FRG  
Cove PD  
DCAJ  
Douglas COSO  
Glackamas COSO  
Ore Tech. DCS  
Coast to Coast  
OIT  
Oregon Military Dept.  
Canby PD  
Hillsboro PD  
Multnomah Co. DA  
Portland FBI  
Clackamas Fire Dept.  
Port of Portland PD  
Newberg-Dundee PD  
Prineville PD  
Milwaukie PD  
Tigard PD  
Lake Oswego PD  
Benton COSO  
West Linn PD  
Eastern Oregon Univ. PD  
Woodburn PD  
PCC Public Safety

School Safety Services  
OHSU  
Medford PD  
Jackson COSO  
Providence Med. Center  
Talent PD  
Ashland PD  
Butte Falls PD  
Eagle Point PD  
Phoenix PD  
BHU  
Central Point PD  
ECSO Dispatch  
Mercy Flights Med.  
Junction City PD  
Ashland Fire & Rescue  
RUMC ASANTE  
Josephine Co. Comm. Corr.  
Lane COSO  
Eugene PD  
Douglas COSO  
Winston PD  
Monmouth PD  
The Dalles PD  
Stayton PD  
ODOC  
Corvallis PD  
Lane Co. P&P  
Springfield PD  
Black Butte Ranch PD  
Douglas Co. Corr.  
Hubbard Fire Dept.  
Yamhill COSO  
Pendleton PD  
Umatilla COSO  
OHSU PD  
Umatilla Tribal PD

TOTAL STAFF TRAINED = 260





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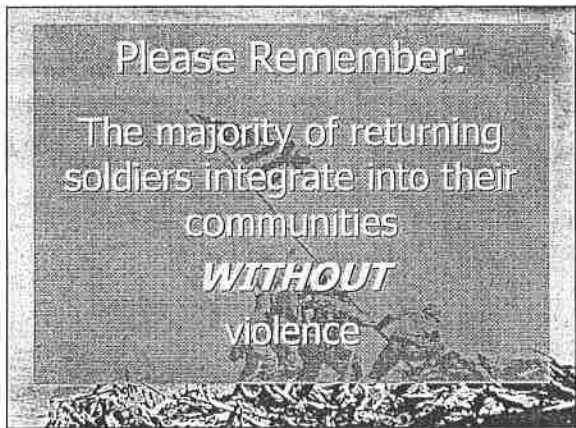
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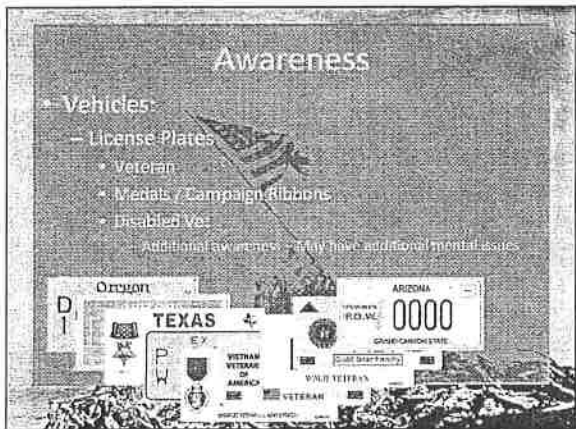
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### Appearances (Cont.)

- Shirts
  - Unit ID
  - Branch of Service
  - Combat Slogan
  - Don't discount the warning

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### Shirts (Cont.)

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### Appearances (Cont.)

- Accessories
  - Memorial bracelets
  - Dog Tags
  - Award Shadow Boxes / Medals

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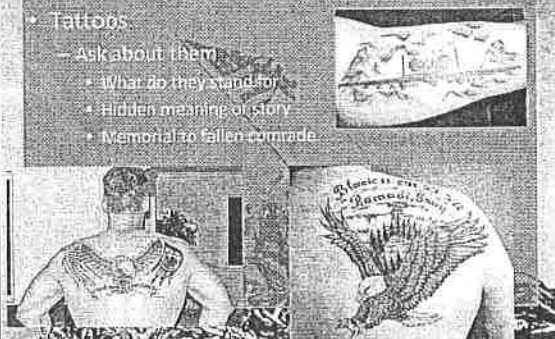
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### Appearance (Cont.)

- Tattoos
  - Ask about them
    - What do they stand for
    - Hidden meaning or story
    - Memorial to fallen comrade




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### Tattoos (Cont.)




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### Awareness

- Actions
  - Verbiage
    - Complying with commands with
      - Ropes / Cables / Hel / Affirmative Check
      - Hoodah (Army) / Hourah (Marines) "Means Understood"
      - Back from the Box (Afghanistan / Iraq)
      - IED (Improvised Explosive Device)
      - LZ (Landing Zone)
      - FOB - Forward Operations Base
      - VC / Viet Cong
      - AO / Area of Operations
      - Article 15 / Military Disciplinary Charge
      - DAV Off - Medical Association - Helicopter Mission

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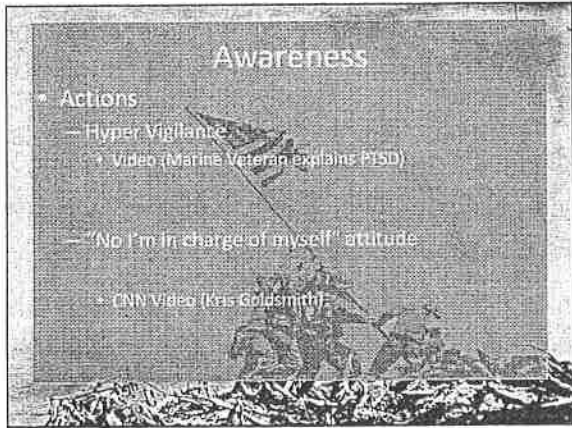
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### Awareness

- Actions
  - Hyper Vigilance
    - Video (Marine Veteran explains PTSD)
  - "No I'm in charge of myself" attitude
    - CNN Video (Kris Goldsmith)



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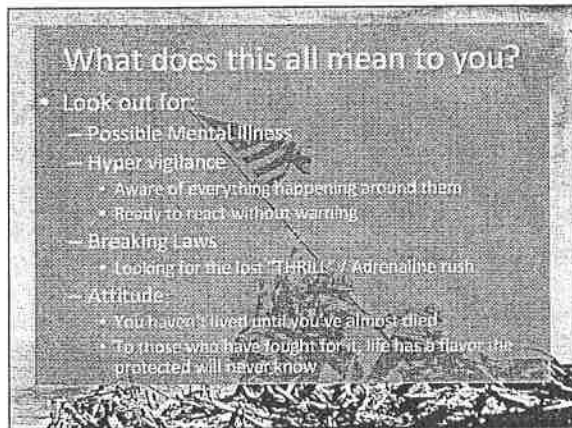
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### What does this all mean to you?

- Look out for:
  - Possible Mental Illness
  - Hyper vigilance
    - Aware of everything happening around them
    - Ready to react without warning
  - Breaking Laws
    - Looking for the lost "Thrill" / Adrenaline rush
  - Attitude
    - You haven't lived until you've almost died
    - To those who have fought for it, life has a flavor the protected will never know



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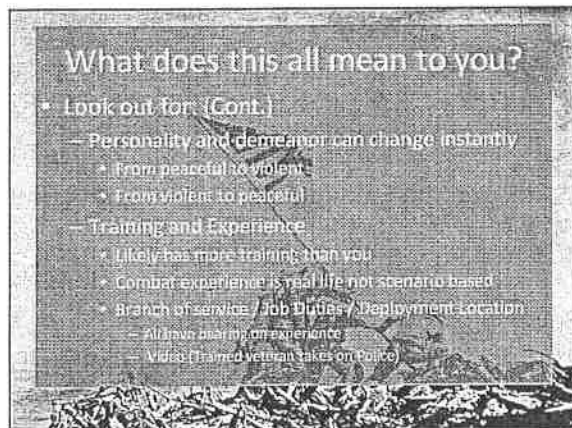
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### What does this all mean to you?

- Look out for (Cont.)
  - Personality and demeanor can change instantly
    - From peaceful to violent
    - From violent to peaceful
  - Training and Experience
    - Likely has more training than you
    - Combat experience is real life not scenario based
    - Branch of service / Job Duties / Deployment Location
      - Always bearing on experience
      - Video (Trained veteran takes on police)



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### What can we do?

- Be Ready!!
  - Be alert and ready **WITHOUT** escalating
    - Decrease tension
    - Reduce reason for hypervigilance
  - Train and recognize – Awareness Issues
  - Remain calm and **FAIR**
    - Video (Female Officer Post Pursuit)

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### What does this all mean to you? Part 1




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### What can we do?

- Flexibility
  - Do not judge based on weight or appearance
  - Do not over evaluate "Power Trips"
    - The 19-20 year old "Kid" may have commanded them, operated millions of \$ in equipment
    - They may have had a vast amount of resources at their back and call
      - Aircraft
      - Artillery
      - Supporting fire

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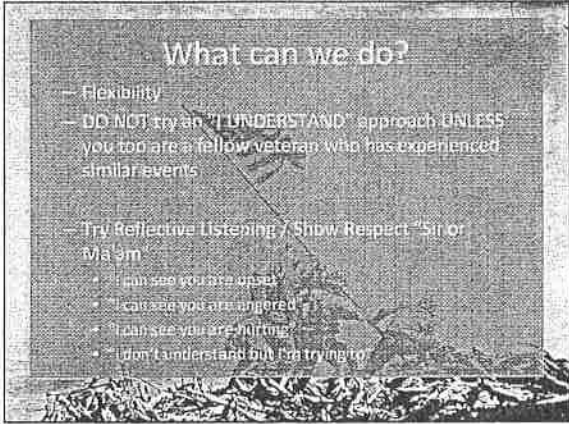
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**What can we do?**

- Flexibility
- **DO NOT** try an "I UNDERSTAND" approach **UNLESS** you too are a fellow veteran who has experienced similar events
- Try Reflective Listening / Show Respect "Sir or Ma'am"
  - I can see you are angry
  - I can see you are angered
  - I can see you are hurting
  - I don't understand but I'm trying to



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**What can we do?**

- **Military and Gangs**
  - Military does have gang problems
    - Some gang members go into the military specifically for training / experience
    - Some ex-military are training gangs



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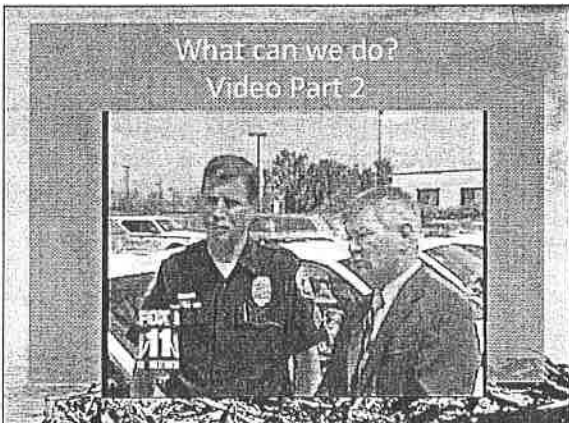
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**What can we do?**  
**Video Part 2**



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### Recommended Training

- Know your community
  - Guard / Reserve Units
  - Deployment
  - Casualties within local units
- Develop Training Scenarios
- Tactical firearms training
  - Beyond simple paper qualifications
  - Training that is ongoing and relevant
  - They are trained, you should be too

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### Know Your Resources

- VA (Veterans Affairs) - 1-800-829-1000
- Department of Defense
- Department of Health and Human Services
- Department of Justice
- Department of Labor
- Department of State
- Department of Transportation
- Department of Education
- Department of Housing and Urban Development
- Department of Energy
- Department of Agriculture
- Department of Commerce
- Department of the Interior
- Department of Environmental Protection
- Department of Justice - FBI
- Department of Justice - DOJ
- Department of Justice - DOD
- Department of Justice - DHS
- Department of Justice - DHEC
- Department of Justice - DOD - 1-800-547-2
- Department of Justice - Veterans Affairs

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### Please Remember:

The majority of returning soldiers integrate into their communities **WITHOUT** Problems and become active positive member of their community

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## VETERANS AWARENESS TRAINING RESOURCES

Attached is a list of resources available to assist veterans:

Lt. Mike Herbes DPSST Regional Training East

Appeals [http://www.warms.vba.va.gov/admin21/m21\\_1/inr/part1/ch05.doc](http://www.warms.vba.va.gov/admin21/m21_1/inr/part1/ch05.doc)

Board of Veterans Appeals <http://www.va.gov/vbs/vba/>

CARES Commission <http://www.va.gov/vbs/bva/>

CARES Draft National Plan <http://www1.va.gov/cares/page.cfm?pg=105>

Center for Minority Veterans <http://www1.va.gov/centerforminorityveterans/>

Center for Veterans Enterprise <http://www.vetbiz.gov/default2.htm>

Center for Women Veterans <http://www1.va.gov/womenvet/>

- Clarification on the changes in VA healthcare for Gulf War Veterans  
<http://www.gulfwarvets.com/ubb/Forum1/HTML/000016.html>  
<<http://www.gulfwarvets.com/ubb/Forum1/HTML/000016.html>>
- Classified Records - American Gulf War Veterans Assoc  
<http://www.gulfwarvets.com/ubb/Forum18/HTML/000011.html>  
<<http://www.gulfwarvets.com/ubb/Forum18/HTML/000011.html>>
- Compensation for Disabilities Associated with the Gulf War Service  
[http://www.warms.vba.va.gov/admin21/m21\\_1/part6%20ch07.doc](http://www.warms.vba.va.gov/admin21/m21_1/part6%20ch07.doc)  
<[http://www.warms.vba.va.gov/admin21/m21\\_1/part6%20ch07.doc](http://www.warms.vba.va.gov/admin21/m21_1/part6%20ch07.doc)>
- Compensation Rate Tables, 12-1-03 <http://www.vba.va.gov/bln/21/Rates/comp01.htm>  
<<http://www.vba.va.gov/bln/21/Rates/comp01.htm>>
- Department of Veterans Affairs Home Page <http://www.va.gov/> <<http://www.va.gov/>>
- Directory of Veterans Service Organizations <http://www1.va.gov/vso/index.cfm?template=view>  
<<http://www1.va.gov/vso/index.cfm?template=view>>
- Disability Examination Worksheets Index, Comp <http://www.vba.va.gov/bln/21/Benefits/exams/index.htm>  
<<http://www.vba.va.gov/bln/21/Benefits/exams/index.htm>>
- Due Process [http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch02.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch02.doc)  
<[http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch02.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch02.doc)>
- Duty to Assist [http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch01.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch01.doc)  
<[http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch01.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch01.doc)>
- Electronic Code of Federal Regulations <http://www.gpoaccess.gov/ecfr/> <<http://www.gpoaccess.gov/ecfr/>>
- Emergency, Non-emergency, and Fee Basis Care <http://www1.va.gov/opa/vadocs/fedben.pdf>  
<<http://www1.va.gov/opa/vadocs/fedben.pdf>>
- Environmental Agents <http://www1.va.gov/enviragents/> <<http://www1.va.gov/enviragents/>>
- Environmental Agents M10 [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1002](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1002)  
<[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1002](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1002)>
- Establishing Combat Veteran Eligibility [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=315](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=315)  
<[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=315](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=315)>
- EVALUATION PROTOCOL FOR GULF WAR AND IRAQI FREEDOM VETERANS WITH POTENTIAL EXPOSURE TO DEPLETED URANIUM (DU) <http://www1.va.gov/gulfwar/docs/DUHandbook1303122304.DOC>  
<<http://www1.va.gov/gulfwar/docs/DUHandbook1303122304.DOC>> and  
[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1158](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1158)  
<[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1158](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1158)>
- See also, Depleted Uranium Fact Sheet <http://www1.va.gov/gulfwar/docs/DepletedUraniumFAQSheet.doc>  
<<http://www1.va.gov/gulfwar/docs/DepletedUraniumFAQSheet.doc>>
- EVALUATION PROTOCOL FOR NON-GULF WAR VETERANS WITH POTENTIAL EXPOSURE TO DEPLETED URANIUM (DU) <http://www1.va.gov/gulfwar/docs/DUHANDBOOKNONGW130340304.DOC>  
<<http://www1.va.gov/gulfwar/docs/DUHANDBOOKNONGW130340304.DOC>>
- Fee Basis, PRIORITY FOR OUTPATIENT MEDICAL SERVICES AND INPATIENT HOSPITAL CARE  
[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=206](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=206)  
<[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=206](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=206)> Federal Benefits for Veterans and Dependents 2005 <http://www1.va.gov/opa/vadocs/fedben.pdf> <<http://www1.va.gov/opa/vadocs/fedben.pdf>>
- OR, [http://www1.va.gov/opa/vadocs/current\\_benefits.htm](http://www1.va.gov/opa/vadocs/current_benefits.htm)  
<[http://www1.va.gov/opa/vadocs/current\\_benefits.htm](http://www1.va.gov/opa/vadocs/current_benefits.htm)>
- Forms and Records Request <http://www.va.gov/vaforms/> <<http://www.va.gov/vaforms/>>
- General Compensation Provisions  
<http://www.access.gpo.gov/uscode/title38/partii chapter11 subchaptervi .html>  
<<http://www.access.gpo.gov/uscode/title38/partii chapter11 subchaptervi .html>>
- Geriatrics and Extended Care <http://www1.va.gov/geriatricsshg/> <<http://www1.va.gov/geriatricsshg/>>
- Guideline for Chronic Pain and Fatigue MUS-CPG [http://www.oqp.med.va.gov/cpg/cpgn/mus/mus\\_base.htm](http://www.oqp.med.va.gov/cpg/cpgn/mus/mus_base.htm)  
<[http://www.oqp.med.va.gov/cpg/cpgn/mus/mus\\_base.htm](http://www.oqp.med.va.gov/cpg/cpgn/mus/mus_base.htm)>
- Guide to Gulf War Veteran's Health <http://www1.va.gov/gulfwar/docs/VHIGulfwar.pdf>  
<<http://www1.va.gov/gulfwar/docs/VHIGulfwar.pdf>>
- Gulf War Subject Index <http://www1.va.gov/GulfWar/page.cfm?pg=7&template=main&letter=A>  
<<http://www1.va.gov/GulfWar/page.cfm?pg=7&template=main&letter=A>>
- Gulf War Veteran's Illnesses Q&As <http://www1.va.gov/gulfwar/docs/GWIllnessesQandAsIB1041.pdf>



<http://www1.va.gov/gulfwar/docs/GWIllnessesQandAsIB1041.pdf>  
 Hearings  
[http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch04.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch04.doc)  
[http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch04.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch04.doc)  
 Homeless Veterans <http://www1.va.gov/homeless/> <<http://www1.va.gov/homeless/>>  
 HSR&D Home <http://www.hsr.d.research.va.gov/> <<http://www.hsr.d.research.va.gov/>>  
 Index to Disability Examination Worksheets C&P exams  
<http://www.vba.va.gov/bln/21/benefits/exams/index.htm>  
<http://www.vba.va.gov/bln/21/benefits/exams/index.htm>  
 Ionizing Radiation <http://www1.va.gov/irad/> <<http://www1.va.gov/irad/>>  
 Iraqi Freedom/Enduring Freedom Veterans VBA <http://www.vba.va.gov/EFIF/>  
<http://www.vba.va.gov/EFIF/>  
 M 10 for spouses and children < [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1007](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1007)  
[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1007](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1007)  
 M10 Part III Change 1 [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1008](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1008)  
[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1008](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1008)  
 M21-1 Table of Contents [http://www.warms.vba.va.gov/M21\\_1.html](http://www.warms.vba.va.gov/M21_1.html)  
[http://www.warms.vba.va.gov/M21\\_1.html](http://www.warms.vba.va.gov/M21_1.html)  
 Mental Disorders, Schedule of Ratings  
[http://www.warms.vba.va.gov/regs/38CFR/BOOKC/PART4/S4\\_130.DOC](http://www.warms.vba.va.gov/regs/38CFR/BOOKC/PART4/S4_130.DOC)  
[http://www.warms.vba.va.gov/regs/38CFR/BOOKC/PART4/S4\\_130.DOC](http://www.warms.vba.va.gov/regs/38CFR/BOOKC/PART4/S4_130.DOC)  
 Mental Health Program Guidelines [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1094](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1094)  
[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1094](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1094)  
 Mental Illness Research, Education and Clinical Centers <http://www.mirecc.med.va.gov/>  
<http://www.mirecc.med.va.gov/>  
 MS (Multiple Sclerosis) Centers of Excellence <http://www.va.gov/ms/about.asp>  
<http://www.va.gov/ms/about.asp>  
 My Health e Vet <http://www.myhealth.va.gov/> <<http://www.myhealth.va.gov/>>  
 NASDVA.COM <<http://nasdva.com/>> <http://nasdva.com/> <<http://nasdva.com/>>  
 National Association of State Directors <http://www.nasdva.com/> <<http://www.nasdva.com/>>  
 National Center for Health Promotion and Disease Prevention  
<http://www.nchpdp.med.va.gov/postdeploymentlinks.asp>  
<http://www.nchpdp.med.va.gov/postdeploymentlinks.asp>  
 Neurological Conditions and Convulsive Disorders, Schedule of Ratings  
<http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4%5F124a.doc>  
[http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4\\_124a.doc](http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4_124a.doc)  
 OMI (Office of Medical Inspector) <http://www.omi.cio.med.va.gov/> <<http://www.omi.cio.med.va.gov/>>  
 Online VA Form 10-10EZ <https://www.1010ez.med.va.gov/sec/vha/1010ez/>  
<https://www.1010ez.med.va.gov/sec/vha/1010ez/>  
 Parkinson's Disease and Related Neurodegenerative Disorders  
<http://www1.va.gov/resdev/funding/solicitations/docs/parkinsons.pdf>  
<http://www1.va.gov/resdev/funding/solicitations/docs/parkinsons.pdf>  
 and, <http://www1.va.gov/padrecc/> <<http://www1.va.gov/padrecc/>>  
 Peacetime Disability Compensation [http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse\\_usc&docid=Cite:+38USC1131](http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1131) <[http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse\\_usc&docid=Cite:+38USC1131](http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1131)>  
[http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse\\_usc&docid=Cite:+38USC1131](http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1131)  
 Pension for Non-Service-Connected Disability or Death  
<http://www.access.gpo.gov/uscode/title38/partii chapter15 subchapteri .html>  
<http://www.access.gpo.gov/uscode/title38/partii chapter15 subchapteri .html> and,  
<http://www.access.gpo.gov/uscode/title38/partii chapter15 subchapterii .html>  
<http://www.access.gpo.gov/uscode/title38/partii chapter15 subchapterii .html>  
 and, <http://www.access.gpo.gov/uscode/title38/partii chapter15 subchapteriii .html>  
<http://www.access.gpo.gov/uscode/title38/partii chapter15 subchapteriii .html>  
 Persian Gulf Registry [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1003](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1003)  
[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1003](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1003)  
 This program is now referred to as Gulf War Registry Program (to include Operation Iraqi Freedom) as of

March 7, 2005: [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1232](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1232)  
 <[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1232](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1232)>  
 Persian Gulf Registry Referral Centers [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1006](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1006) <[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1006](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1006)>  
 Persian Gulf Veterans' Illnesses Research 1999, Annual Report To Congress  
[http://www1.va.gov/resdev/1999 Gulf War Veterans' Illnesses Appendices.doc](http://www1.va.gov/resdev/1999_Gulf_War_Veterans'_Illnesses_Appendices.doc)  
 <[http://www1.va.gov/resdev/1999 Gulf War Veterans' Illnesses Appendices.doc](http://www1.va.gov/resdev/1999_Gulf_War_Veterans'_Illnesses_Appendices.doc)> Persian Gulf Veterans' Illnesses Research 2002, Annual Report To Congress  
[http://www1.va.gov/resdev/prt/gulf\\_war\\_2002/GulfWarRpt02.pdf](http://www1.va.gov/resdev/prt/gulf_war_2002/GulfWarRpt02.pdf)  
 <[http://www1.va.gov/resdev/prt/gulf\\_war\\_2002/GulfWarRpt02.pdf](http://www1.va.gov/resdev/prt/gulf_war_2002/GulfWarRpt02.pdf)>  
 Phase I PGR [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1004](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1004)  
 <[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1004](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1004)>  
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 <[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=1005](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1005)>  
 Policy Manual Index <http://www.va.gov/publ/direc/eds/edsmps.htm>  
 <<http://www.va.gov/publ/direc/eds/edsmps.htm>>  
 Power of Attorney [http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch03.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch03.doc)  
 <[http://www.warms.vba.va.gov/admin21/m21\\_1/mr/part1/ch03.doc](http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch03.doc)> Project 112 (Including Project SHAD) <http://www1.va.gov/shad/> <<http://www1.va.gov/shad/>>  
 Prosthetics Eligibility [http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=337](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=337)  
 <[http://www1.va.gov/vhapublications/ViewPublication.asp?pub\\_ID=337](http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=337)>  
 Public Health and Environmental Hazards Home Page <http://www.vethealth.cio.med.va.gov/>  
 <<http://www.vethealth.cio.med.va.gov/>>  
 Public Health/SARS <http://www..publichealth.va.gov/SARS/> <<http://www..publichealth.va.gov/SARS/>>  
 Publications Manuals <http://www1.va.gov/vhapublications/publications.cfm?Pub=4>  
 <<http://www1.va.gov/vhapublications/publications.cfm?Pub=4>>  
 Publications and Reports [http://www1.va.gov/resdev/prt/pubs\\_individual.cfm?webpage=gulf\\_war.htm](http://www1.va.gov/resdev/prt/pubs_individual.cfm?webpage=gulf_war.htm)  
 <[http://www1.va.gov/resdev/prt/pubs\\_individual.cfm?webpage=gulf\\_war.htm](http://www1.va.gov/resdev/prt/pubs_individual.cfm?webpage=gulf_war.htm)>  
 Records Center and Vault Homepage <http://www.aac.va.gov/vault/default.html>  
 <<http://www.aac.va.gov/vault/default.html>>  
 Records Center and Vault Site Map <http://www.aac.va.gov/vault/sitemap.html>  
 <<http://www.aac.va.gov/vault/sitemap.html>>  
 REQUEST FOR AND CONSENT TO RELEASE OF INFORMATION FROM CLAIMANT'S RECORDS  
<http://www.forms.va.gov/va/Internet/VARF/getformharness.asp?formName=3288-form.xft>  
 <<http://www.forms.va.gov/va/Internet/VARF/getformharness.asp?formName=3288-form.xft>>  
 Research Advisory Committee on Gulf War Veterans Illnesses April 11, 2002 [http://www1.va.gov/rac-gwvi/docs/Minutes\\_April112002.doc](http://www1.va.gov/rac-gwvi/docs/Minutes_April112002.doc) <[http://www1.va.gov/rac-gwvi/docs/Minutes\\_April112002.doc](http://www1.va.gov/rac-gwvi/docs/Minutes_April112002.doc)>  
 Research Advisory Committee on Gulf War Veterans Illnesses  
[http://www1.va.gov/rac-gwvi/docs/ReportandRecommendations\\_2004.pdf](http://www1.va.gov/rac-gwvi/docs/ReportandRecommendations_2004.pdf) <[http://www1.va.gov/rac-gwvi/docs/ReportandRecommendations\\_2004.pdf](http://www1.va.gov/rac-gwvi/docs/ReportandRecommendations_2004.pdf)>  
 Research and Development [http://www.appc1.va.gov/resdev/programs/all\\_programs.cfm](http://www.appc1.va.gov/resdev/programs/all_programs.cfm)  
 <[http://www.appc1.va.gov/resdev/programs/all\\_programs.cfm](http://www.appc1.va.gov/resdev/programs/all_programs.cfm)>  
 Survivor's and Dependents' Educational Assistance  
[http://www.access.gpo.gov/uscode/title38/partiii\\_chapter35.html](http://www.access.gpo.gov/uscode/title38/partiii_chapter35.html)  
 <[http://www.access.gpo.gov/uscode/title38/partiii\\_chapter35.html](http://www.access.gpo.gov/uscode/title38/partiii_chapter35.html)>  
 Title 38 Index Parts 0-17  
[http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1\\_02.tpl](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1_02.tpl)  
 <[http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1\\_02.tpl](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1_02.tpl)>  
 Part 18  
[http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv2\\_02.tpl](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv2_02.tpl)  
 <[http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv2\\_02.tpl](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv2_02.tpl)>  
 Title 38 Part 3 Adjudication Subpart A "Pension, Compensation, and Dependency and Indemnity

Compensation [http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl)

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<[http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl)

[c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3\\_main\\_02.tpl](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl)

Title 38 Pensions, Bonuses & Veterans Relief (also 3.317 Compensation for certain disabilities due to undiagnosed illnesses found here) [http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl)

[c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3\\_main\\_02.tpl](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl)

<[http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.tpl)

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Title 38

PART 4--SCHEDULE FOR RATING DISABILITIES Subpart B--DISABILITY RATINGS

[http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rgn=div6&view=text&node=38:1.0.1.1.5.2&idno=38)

[c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rgn=div6&view=text&node=38:1.0.1.1.5.2&idno=38](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rgn=div6&view=text&node=38:1.0.1.1.5.2&idno=38)

<[http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rgn=div6&view=text&node=38:1.0.1.1.5.2&idno=38)

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Title 38 4.16 Total disability ratings for compensation based on unemployability of the individual. PART A "SCHEDULE FOR RATING DISABILITIES Subpart A "General Policy in Rating

[http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&rgn=div8&view=text&node=38:1.0.1.1.5.1..96.11&idno=38)

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U.S. Court of Appeals for Veterans Claims <http://www.vetapp.gov/> <<http://www.vetapp.gov/>>

VA Best Practice Manual for Posttraumatic Stress Disorder (PTSD) <http://www.avapl.org/pub/PTSD%20Manual%20final%20206.pdf> <<http://www.avapl.org/pub/PTSD%20Manual%20final%20206.pdf>>

VA Fact Sheet <http://www1.va.gov/opa/fact/gwfs.html> <<http://www1.va.gov/opa/fact/gwfs.html>>

VA Health Care Eligibility <http://www.va.gov/healtheligibility/home/hecmain.asp>

<<http://www.va.gov/healtheligibility/home/hecmain.asp>>

VA INSTITUTING GLOBAL ASSESSMENT OF FUNCTION (GAF) <http://www.avapl.org/gaf/gaf.html>

<<http://www.avapl.org/gaf/gaf.html>>

VA Life Insurance Handbook 310 Chapter 3

<http://www.insurance.va.gov/inForceGliSite/GLIhandbook/glibookletch3.htm#310>

<<http://www.insurance.va.gov/inForceGliSite/GLIhandbook/glibookletch3.htm#310>>

VA Loan Lending Limits and Jumbo Loans [http://valoans.com/va\\_facts\\_limits.cfm](http://valoans.com/va_facts_limits.cfm)

<[http://valoans.com/va\\_facts\\_limits.cfm](http://valoans.com/va_facts_limits.cfm)>

VA MS Research <http://www.va.gov/ms/about.asp> <<http://www.va.gov/ms/about.asp>>

VA National Hepatitis C Program <http://www.hepatitis.va.gov/> <<http://www.hepatitis.va.gov/>>

VA Office of Research and Development <http://www1.va.gov/resdev/> <<http://www1.va.gov/resdev/>>

VA Trainee Pocket Card on Gulf War <http://www.va.gov/OAA/pocketcard/gulfwar.asp>

<<http://www.va.gov/OAA/pocketcard/gulfwar.asp>>

VA WMD EMSHG <http://www1.va.gov/emshg/> <<http://www1.va.gov/emshg/>>

VA WRIISC-DC <http://www.va.gov/WRIISC-DC/> <<http://www.va.gov/WRIISC-DC/>>

VAOIG Hotline Telephone Number and Address <http://www.va.gov/oig/hotline/hotline3.htm>

<<http://www.va.gov/oig/hotline/hotline3.htm>>

Vet Center Eligibility - Readjustment Counseling Service <http://www.va.gov/rcs/Eligibility.htm>

<<http://www.va.gov/rcs/Eligibility.htm>>

Veterans Benefits Administration Main Web Page <http://www.vba.va.gov/> <<http://www.vba.va.gov/>>

Veterans Legal and Benefits Information <http://valaw.org/> <<http://valaw.org/>>

VHA Forms, Publications, Manuals <http://www1.va.gov/vhapublications/>

<<http://www1.va.gov/vhapublications/>>

VHA Programs - Clinical Programs & Initiatives [http://www1.va.gov/health\\_benefits/page.cfm?pg=13](http://www1.va.gov/health_benefits/page.cfm?pg=13)

<[http://www1.va.gov/health\\_benefits/page.cfm?pg=13](http://www1.va.gov/health_benefits/page.cfm?pg=13)>

<http://webmaila.juno.com/webmail/new/UriBlockedError.aspx>

<<http://webmaila.juno.com/webmail/new/UriBlockedError.aspx>>

VHA Public Health Strategic Health Care Group Home Page <http://www.publichealth.va.gov/>

<<http://www.publichealth.va.gov/>>

VHI Guide to Gulf War Veterans Health Study [http://www1.va.gov/vhi\\_ind\\_study/gulfwar/istudy/index.asp](http://www1.va.gov/vhi_ind_study/gulfwar/istudy/index.asp)

<[http://www1.va.gov/vhi\\_ind\\_study/gulfwar/istudy/index.asp](http://www1.va.gov/vhi_ind_study/gulfwar/istudy/index.asp)>

Vocational Rehabilitation <http://www.vba.va.gov/bln/vre/> <<http://www.vba.va.gov/bln/vre/>>  
Vocational Rehabilitation Subsistence <http://www.vba.va.gov/bln/vre/InterSubsistencefy04.doc>  
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VONAPP online <http://vabenefits.vba.va.gov/vonapp/main.asp>  
<<http://vabenefits.vba.va.gov/vonapp/main.asp>>  
WARMS - 38 CFR Book C <http://www.warms.vba.va.gov/bookc.html>  
<<http://www.warms.vba.va.gov/bookc.html>>  
Wartime Disability Compensation [http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse\\_usc&docid=Cite:+38USC1110](http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1110) <[http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse\\_usc&docid=Cite:+38USC1110](http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1110)>  
War-Related Illness and Injury Study Center - New Jersey <http://www.wri.med.va.gov/>  
<<http://www.wri.med.va.gov/>>  
Welcome to the GI Bill Web Site <http://www.gibill.va.gov/> <<http://www.gibill.va.gov/>>  
What VA Social Workers Do <http://www1.va.gov/socialwork/page.cfm?pg=3>  
<<http://www1.va.gov/socialwork/page.cfm?pg=3>>  
WRIISC Patient Eligibility <http://www.illegion.org/va1.html> <<http://www.illegion.org/va1.html>>

Classification: UNCLASSIFIED  
Caveats: FOUO

AGENCIES THAT HAVE ATTENDED DPSST REGIONAL TRAINING ACTIVE  
SHOOTER TRAINING

LANE COSO  
STAYTON PD  
TURNER PD  
YAMHILL COSO  
INDEPENDENCE PD  
GRANT COSO  
JOHN DAY PD  
PRAIRIE CITY PD  
OSP JOHN DAY  
BAKER COSO  
WALLOWA COSO  
ENTERPRISE PD  
OSP ENTERPRISE  
ATHENA PD  
WESTON PD  
ORE NATIONAL GUARD LAGRANDE  
OSP LAGRANDE  
MALHEUR COSO  
OSP ONTARIO  
NYSSA PD  
ONTARIO PD  
BLM ONTARIO  
GRANDE RONDE PD  
POLK COSO  
OSP BEND  
OSP THE DALLES  
DALLAS PD  
OSP OSU  
OSP CAPITOL  
OSP TRAINING  
OSP GOLD BEACH  
OSP MCMINNVILLE  
WASCO COSO  
THE DALLES PD  
HOOD RIVER PD  
GILLIAM COSO  
HOOD RIVER SO  
COLUMBIA RIVER INTER TRIBE  
OSP PORTLAND  
HERMISTON PD  
STANFIELD PD  
UMATILLA PD  
UMATILLA COSO

MORROW COSO  
BOARDMAN PD  
HARNEY COSO  
HINES PD  
PAIUTE TRIBAL PD  
TALENT PD  
JOSEPHINE COSO  
ASHLAND PD  
MEDFORD PD  
KLAMATH FALLS PD  
KLAMATH COSO  
OSP ROSEBURG  
DESCHUTES COSO  
BEND PD



# ACTIVE SHOOTER HOW TO RESPOND

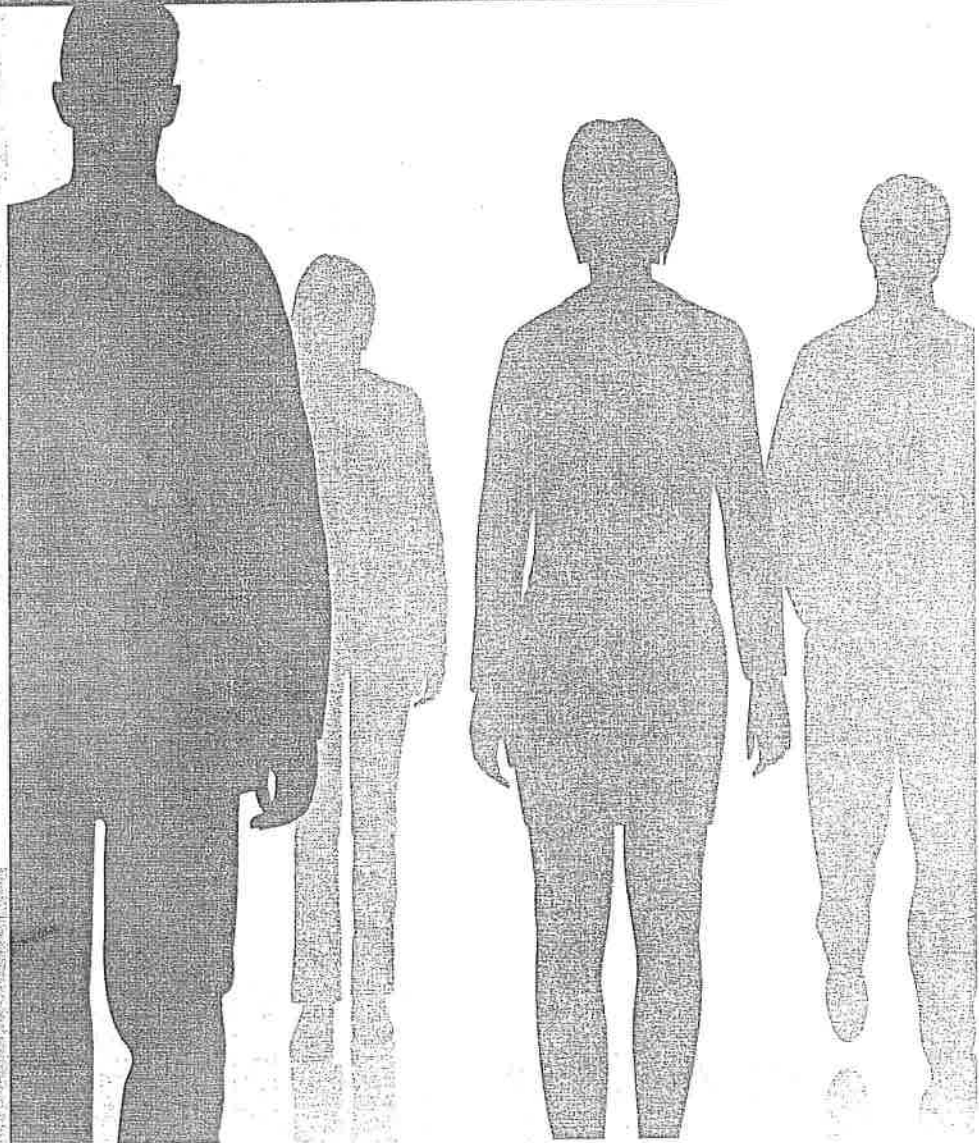


National Retail Federation®  
*The Voice of Retail Worldwide*



RETAIL INDUSTRY LEADERS ASSOCIATION  
*Retail's Future... Educate, Innovate, Advocate*

October 2008







**WITH AN ACTIVE SHOOTER SITUATION**

- Be aware of your environment and any possible dangers
- Take note of the two nearest exits in any facility you visit
- If you are in an office, stay there and secure the door
- Attempt to take the active shooter down as a last resort

**OF AN ACTIVE SHOOTER**

An active shooter is an individual actively engaged in killing or attempting to kill people in a confined and populated area, typically through the use of firearms.

**CHARACTERISTICS****OF AN ACTIVE SHOOTER SITUATION**

- Victims are selected at random
- The event is unpredictable and evolves quickly
- Law enforcement is usually required to end an active shooter situation

*Contact your building management or human resources department for more information and training on active shooter response in your workplace.*



**CALL 911 WHEN IT  
IS SAFE TO DO SO**



## HOW TO RESPOND

WHEN AN ACTIVE SHOOTER IS IN YOUR VICINITY

### 1. EVACUATE

- Have an escape route and plan in mind
- Leave your belongings behind
- Keep your hands visible

### 2. HIDE OUT

- Hide in an area out of the shooter's view
- Block entry to your hiding place and lock the doors
- Silence your cell phone and/or pager

### 3. TAKE ACTION

- As a last resort and only when your life is in imminent danger
- Attempt to incapacitate the shooter
- Act with physical aggression and throw items at the active shooter

**CALL 911 WHEN IT IS SAFE TO DO SO**

## HOW TO RESPOND

WHEN LAW ENFORCEMENT ARRIVES

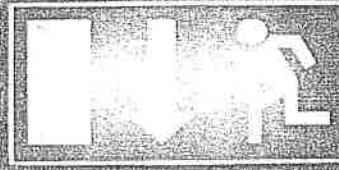
- Remain calm and follow instructions
- Put down any items in your hands (i.e., bags, jackets)
- Raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements toward officers such as holding on to them for safety
- Avoid pointing, screaming or yelling
- Do not stop to ask officers for help or direction when evacuating

## INFORMATION

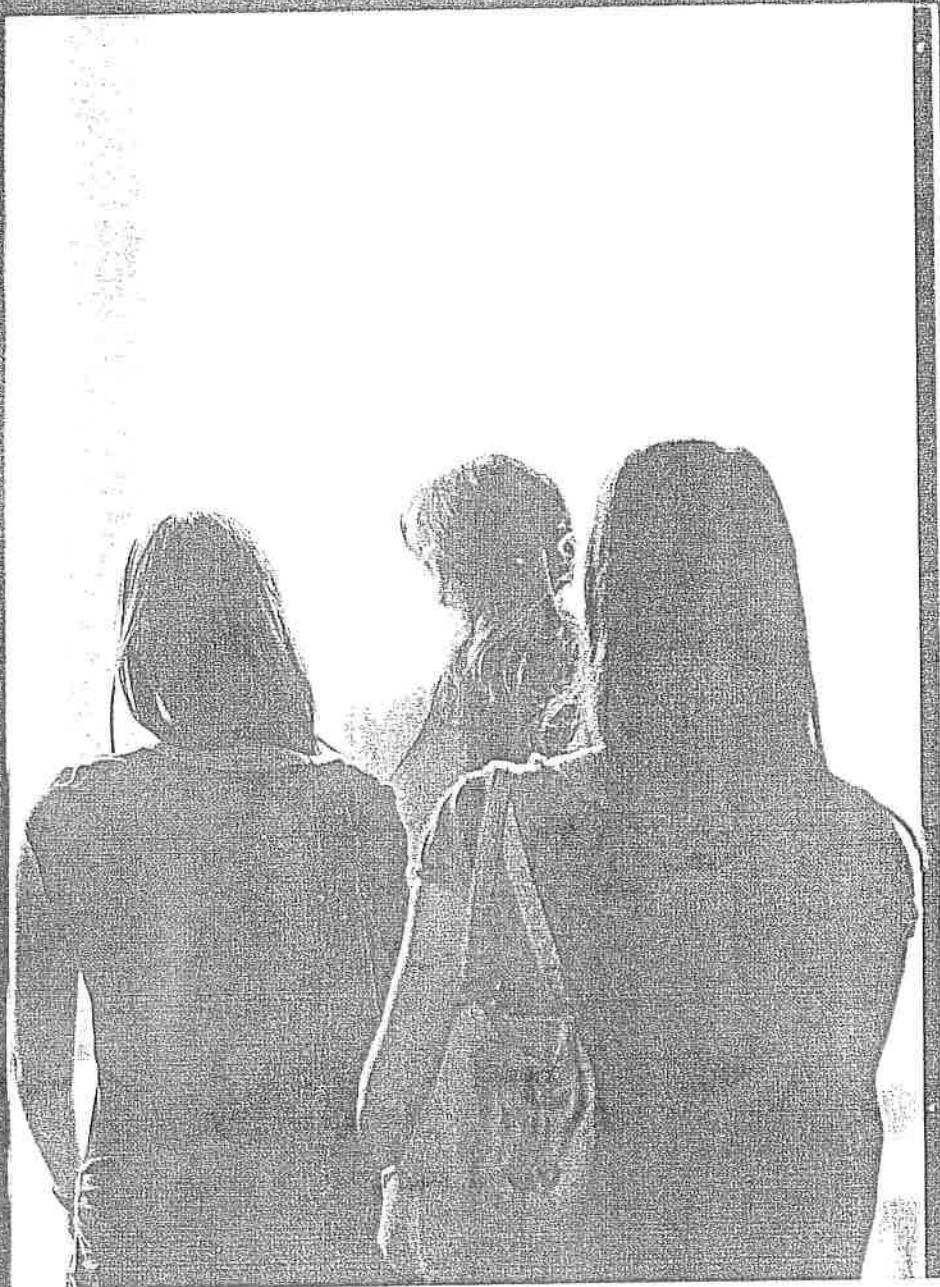
YOU SHOULD PROVIDE TO LAW ENFORCEMENT OR 911 OPERATOR

- Location of the active shooter
- Number of shooters
- Physical description of shooters
- Number and type of weapons held by shooters
- Number of potential victims at the location





20x21x1.5





# Emergency Numbers

EMERGENCY SERVICES: 9 - 1 - 1

LOCAL EMERGENCY INFORMATION LINE: \_\_\_\_\_

LOCAL POLICE DEPARTMENT: \_\_\_\_\_

LOCAL FIRE DEPARTMENT: \_\_\_\_\_

LOCAL HOSPITAL: \_\_\_\_\_

LOCAL FBI FIELD OFFICE: \_\_\_\_\_

FACILITY SECURITY: \_\_\_\_\_

FACILITY ADDRESS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

FLOOR: \_\_\_\_\_ SUITE/ROOM: \_\_\_\_\_

OFFICE #: \_\_\_\_\_ EXT. \_\_\_\_\_



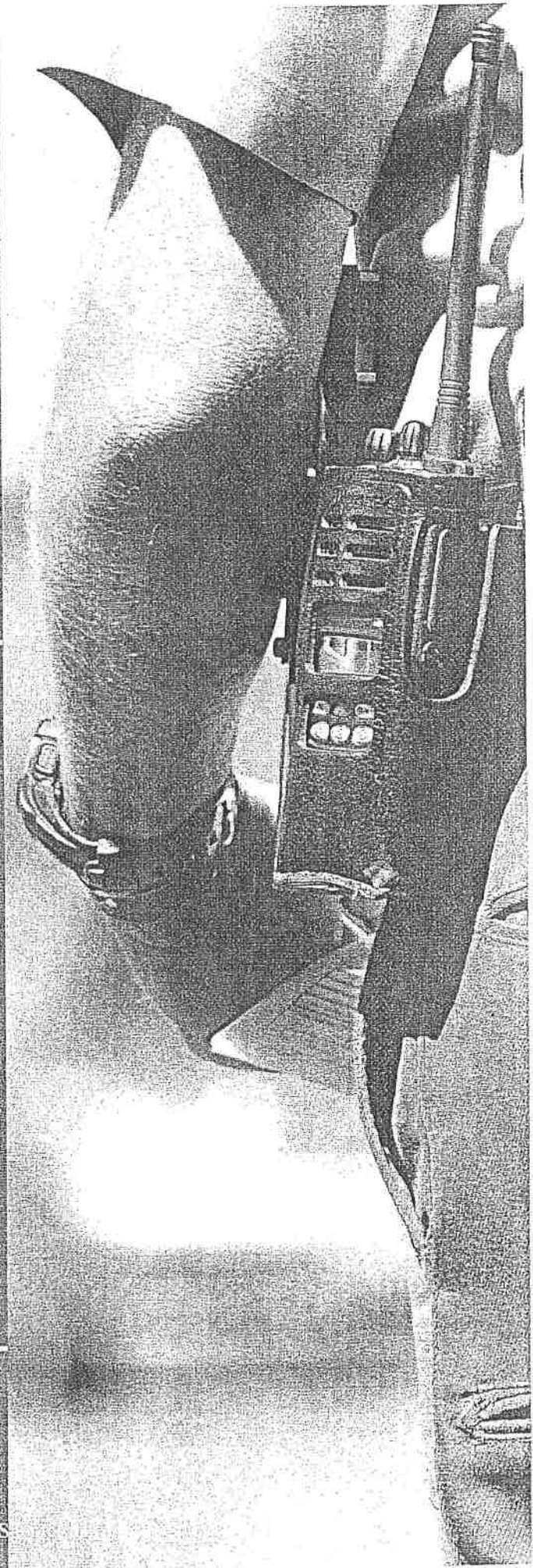
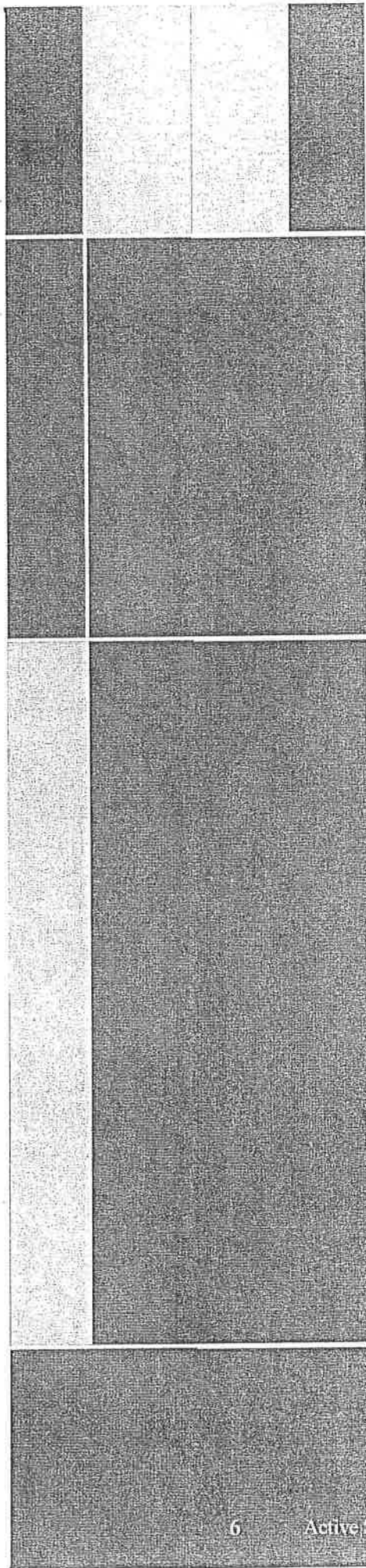


# Table of Contents

This pamphlet provides guidance to individuals, including managers and employees, who may be caught in an active shooter situation and discusses how to react when law enforcement responds.

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## PROFILE OF AN ACTIVE SHOOTER

An Active Shooter is an individual actively engaged in killing or attempting to kill people in a confined and populated area; in most cases, active shooters use firearms(s) and there is no pattern or method to their selection of victims.

Active shooter situations are unpredictable and evolve quickly. Typically, the immediate deployment of law enforcement is required to stop the shooting and mitigate harm to victims.

Because active shooter situations are often over within 10 to 15 minutes, before law enforcement arrives on the scene, individuals must be prepared both mentally and physically to deal with an active shooter situation.

### Good practices for coping with an active shooter situation

- Be aware of your environment and any possible dangers
- Take note of the two nearest exits in any facility you visit
- If you are in an office, stay there and secure the door
- If you are in a hallway, get into a room and secure the door
- As a last resort, attempt to take the active shooter down. When the shooter is at close range and you cannot flee, your chance of survival is much greater if you try to incapacitate him/her.

CALL 911  
WHEN IT IS SAFE TO DO SO!

• PROFILE OF AN ACTIVE SHOOTER  
• GOOD PRACTICES FOR COPING WITH AN ACTIVE SHOOTER



The first officers to arrive to the scene will not stop to help injured persons. Expect rescue teams comprised of additional officers and emergency medical personnel to follow the initial officers. These rescue teams will treat and remove any injured persons. They may also call upon able-bodied individuals to assist in removing the wounded from the premises.

Once you have reached a safe location or an assembly point, you will likely be held in that area by law enforcement until the situation is under control, and all witnesses have been identified and questioned. Do not leave the safe location or assembly point until law enforcement authorities have instructed you to do so.







## TRAINING YOUR STAFF FOR AN ACTIVE SHOOTER SITUATION

To best prepare your staff for an active shooter situation, create an Emergency Action Plan (EAP) and conduct training exercises. Together, the EAP and training exercises will prepare your staff to effectively respond and help minimize loss of life.

### Components of an Emergency Action Plan (EAP)

Create the EAP with input from several stakeholders including your human resources department, your training department (if one exists), facility owners / operators, your property manager, and local law enforcement and/or emergency responders. An effective EAP includes:

- A preferred method for reporting fires and other emergencies
- An evacuation policy and procedure
- Emergency escape procedures and route assignments (i.e., floor plans, safe areas)
- Contact information for, and responsibilities of, individuals to be contacted under the EAP
- Information concerning local area hospitals (i.e., name, telephone number, and distance from your location)
- An emergency notification system to alert various parties of an emergency including:
  - Individuals at remote locations within premises
  - Local law enforcement
  - Local area hospitals

### Components of Training Exercises

The most effective way to train your staff to respond to an active shooter situation is to conduct mock active shooter training exercises. Local law enforcement is an excellent resource in designing training exercises.

- Recognizing the sound of gunshots
- Reacting quickly when gunshots are heard and/or when a shooting is witnessed:
  - Evacuating the area
  - Hiding out
  - Acting against the shooter as a last resort
- Calling 911
- Reacting when law enforcement arrives
- Adopting the survival mind set during times of crisis



## Additional Ways to Prepare For and Prevent an Active-Shooter Situation

- Preparedness
  - Ensure that your facility has at least two evacuation routes
  - Post evacuation routes in conspicuous locations throughout your facility
  - Include local law enforcement and first responders during training exercises
  - Encourage law enforcement, emergency responders, SWAT teams, K-9 teams, and bomb squads to train for an active shooter scenario at your location
- Prevention
  - Foster a respectful workplace
  - Be aware of indications of workplace violence and take remedial actions accordingly

For more information on creating an EAP, contact the U.S. Department of Labor, Occupational Health and Safety Administration, [www.osha.gov](http://www.osha.gov).





## PREPARING FOR AND MANAGING AN ACTIVE SHOOTER SITUATION

Your human resources department and facility managers should engage in planning for emergency situations, including an active shooter scenario. Planning for emergency situations will help to mitigate the likelihood of an incident by establishing the mechanisms described below.

### Human Resources' Responsibilities

- Conduct effective employee screening and background checks
- Create a system for reporting signs of potentially violent behavior
- Make counseling services available to employees
- Develop an EAP which includes policies and procedures for dealing with an active shooter situation, as well as after action planning

### Facility Manager Responsibilities

- Institute access controls (i.e., keys, security system pass codes)
- Distribute critical items to appropriate managers / employees, including
  - Floor plans
  - Keys
  - Facility personnel lists and telephone numbers
- Coordinate with the facility's security department to ensure the physical security of the location
- Assemble crisis kits containing:
  - radios
  - floor plans
  - staff roster, and staff emergency contact numbers
  - first aid kits
  - flashlights
- Place removable floor plans near entrances and exits for emergency responders
- Activate the emergency notification system when an emergency situation occurs



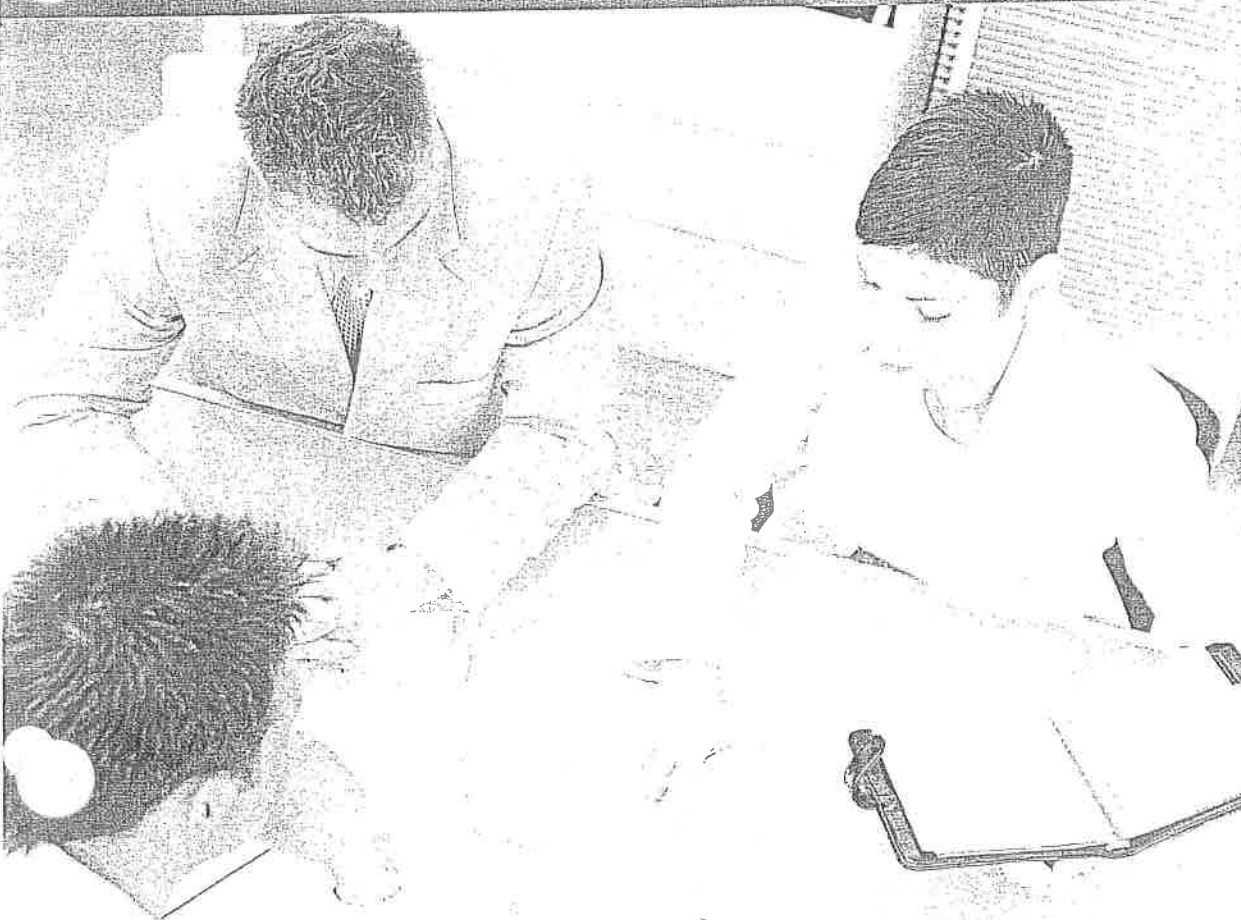
## Reactions of Managers During an Active Shooter Situation

Employees and customers are likely to follow the lead of managers during an emergency situation. During an emergency, managers should be familiar with their EAP, and be prepared to:

- Take immediate action
- Remain calm
- Lock and barricade doors
- Evacuate staff and customers via a preplanned evacuation route to a safe area

## Assisting Individuals with Special Needs and/or Disabilities

- Ensure that EAPs, evacuation instructions and any other relevant information address to individuals with special needs and/or disabilities
- Your building should be handicap-accessible, in compliance with ADA requirements

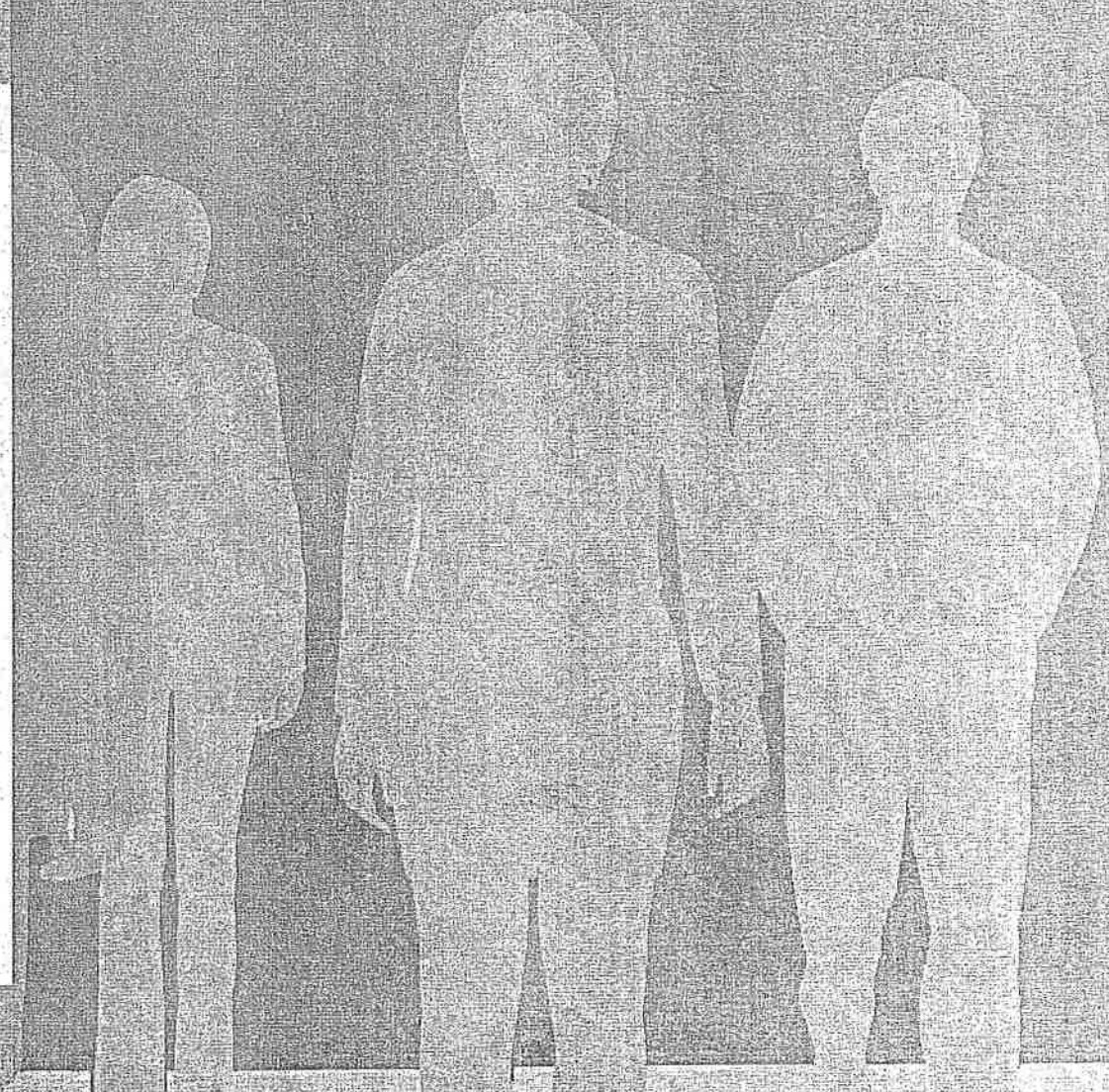






## RECOGNIZING POTENTIAL WORKPLACE VIOLENCE

An active shooter in your workplace may be a current or former employee, or an acquaintance of a current or former employee. Intuitive managers and coworkers may notice characteristics of potentially violent behavior in an employee. Alert your Human Resources Department if you believe an employee or coworker exhibits potentially violent behavior.





## Indicators of Potential Violence by an Employee

Employees typically do not just "snap," but display indicators of potentially violent behavior over time. If these behaviors are recognized, they can often be managed and treated. Potentially violent behaviors by an employee may include one or more of the following (this list of behaviors is not comprehensive, nor is it intended as a mechanism for diagnosing violent tendencies):

- Increased use of alcohol and/or illegal drugs
- Unexplained increase in absenteeism, vague physical complaints
- Noticeable decrease in attention to appearance and hygiene
- Depression / withdrawal
- Resistance and overreaction to changes in policy and procedures
- Repeated violations of company policies
- Increased severe mood swings
- Noticeably unstable, emotional responses
- Explosive outbursts of anger or rage without provocation
- Suicidal comments about "putting things in order"
- Behavior which is suspect of paranoia ("everybody is against me")
- Increasingly talks of problems at home
- Escalation of domestic problems into the workplace; talk of severe financial problems
- Talk of previous incidents of violence
- Empathy with individuals committing violence
- Increase in unsolicited comments about firearms, other dangerous weapons and violent crimes





## MANAGING THE CONSEQUENCES OF AN ACTIVE SHOOTER SITUATION

After the active shooter has been incapacitated and is no longer a threat, human resources and/or management should engage in post-event assessments and activities including:

- An accounting of all individuals at a designated assembly point to determine who, if anyone, is missing and potentially injured
- Determining a method for notifying families of individuals affected by the active shooter, including notification of any casualties
- Assessing the psychological state of individuals at the scene, and referring them to health care specialists accordingly
- Identifying and filling any critical personnel or operational gaps left in the organization as a result of the active shooter

## LESSONS LEARNED

To facilitate effective planning for future emergencies, it is important to analyze the recent active shooter situation and create an after action report. The analysis and reporting contained in this report is useful for:

- Serving as documentation for response activities
- Identifying successes and failures that occurred during the event
- Providing an analysis of the effectiveness of the existing EAP
- Describing and defining a plan for making improvements to the EAP



## References

Safety Guidelines for Armed Subjects, Active Shooter Situations, Indiana University Police Department, April 2007.

Safety Tips & Guidelines Regarding Potential "Active Shooter" Incidents Occurring on Campus, University of California Police

Shots Fired, When Lightning Strikes (DVD), Center for Personal Protection and Safety, 2007.

Workplace Violence Desk Reference, Security Management Group International, [www.SMGICorp.com](http://www.SMGICorp.com)

How to Plan for Workplace Emergencies and Evacuations, U.S. Department of Labor, Occupational Health and Safety Administration, OSHA 3088, 2001.





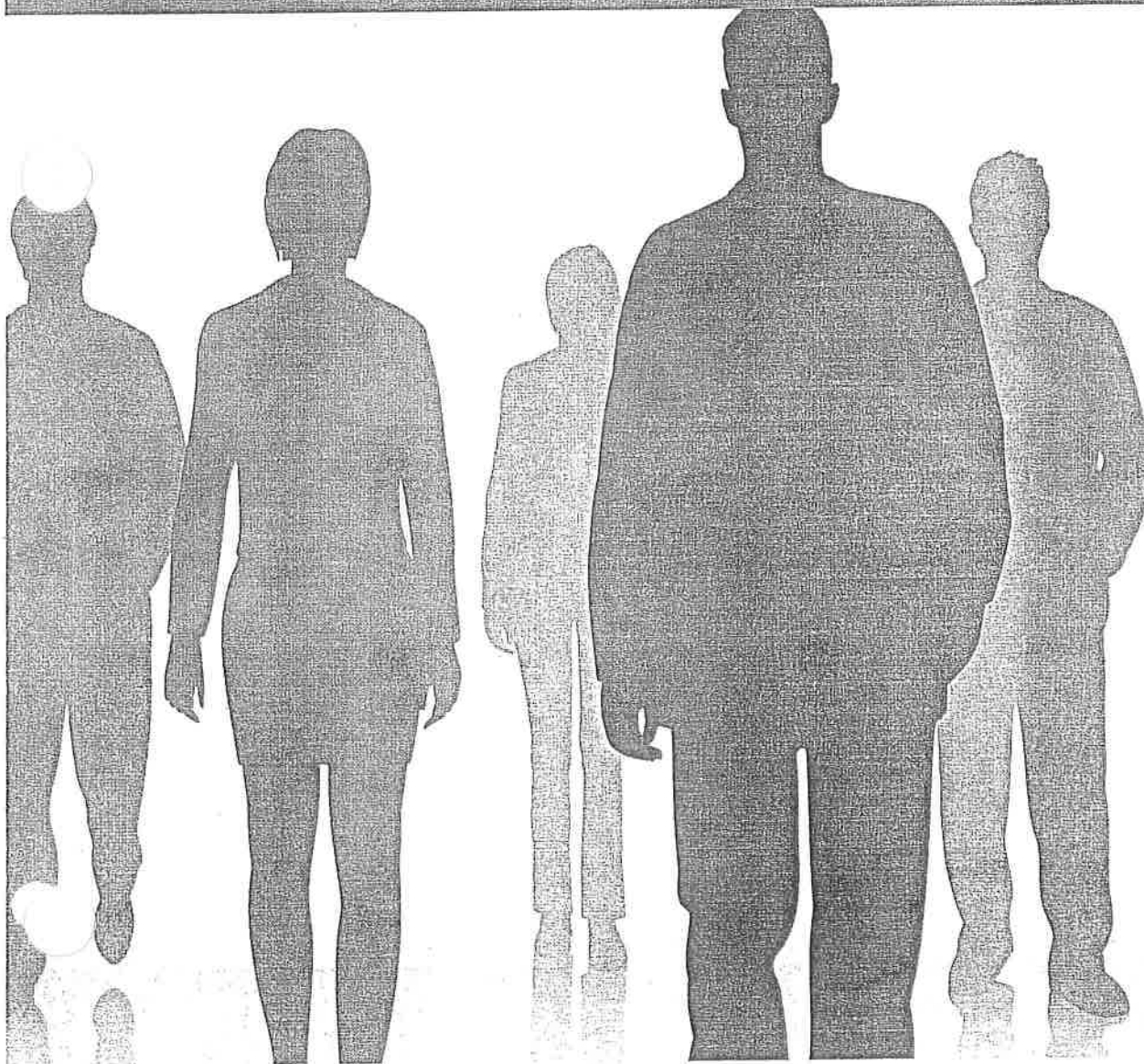


U.S. Department of Homeland Security

Washington, DC 20528

[cfssteam@hq.dhs.gov](mailto:cfssteam@hq.dhs.gov)

[www.dhs.gov](http://www.dhs.gov)







# SSRI Stories

## Antidepressant Nightmares

**"We Speak for the Dead to  
Protect the Living"**

[Click For  
Sortable  
Database of  
4,800+ Media  
Articles Naming  
Antidepressants](#)

### **WARNING!**

**Withdrawal can often be more dangerous than continuing on a medication. It is important to withdraw extremely slowly from these drugs, usually over a period of a year or more, under the supervision of a qualified specialist. Withdrawal is sometimes more severe than the original symptoms or problems.**

This website is a collection of 4,800+ news stories with the full media article available, mainly criminal in nature, that have appeared in the media (newspapers, TV, scientific journals) or that were part of FDA testimony in either 1991, 2004 or 2006, in which antidepressants are mentioned.

This web site focuses on the Selective Serotonin Reuptake Inhibitors (SSRIs), of which Prozac (fluoxetine) was the first. Other SSRIs are Zoloft (sertraline), Paxil (paroxetine) (known in the UK as Seroxat), Celexa (citalopam), Lexapro (escitalopram), and Luvox (fluvoxamine). Other newer antidepressants included in this list are Remeron (mirtazapine), Anafranil (clomipramine) and the SNRIs Effexor (venlafaxine), Cymbalta (duloxetine) and Pristiq (desvenlafaxine) as well as the dopamine reuptake inhibitor antidepressant Wellbutrin (bupropion) (also marketed as Zyban).

Although SSRI Stories only features cases which have appeared in the media, starting March 2012 there will be a Website: <http://www.rxisk.org/> which will allow personal stories to appear in a different Website from SSRI Stories. This is the work of Dr. David Healy <http://davidhealy.org/welcome-to-data-based-medicine>

As Dr. David Healy notes in his article "Welcome to Data Based Medicine", 'Third: This site will in due course have a category of posts for people who have been through the system, people who have had partners, parents, children or friends injured by treatments and who have found themselves trapped in a Kafkaesque world when they have sought help from doctors, regulators or others who seem to be there to help us. These stories are aimed at highlighting the lunacy of the current system but also showing how someone who is determined can change everything. These stories will likely migrate to: <http://www.rxisk.org/> when it is up

and running.' Sign up now and be prepared to tell your story.

On December 15, 2010, PLoS Medicine released a study which showed that, in regard to prescription medications and violence, the FDA had received the most reports of violence from the SSRI & SNRI antidepressants (except for Chantix, the smoking cessation drug.) The study listed Prozac as the number 2 drug for violence, and Paxil as number 3. <http://www.ssristories.com/show.php?item=4701><sup>4</sup>

**User Friendly: This massive index of over 4,800 cases [which contains over 100 categories] is now capable of showing singly the 13 most important categories by clicking on the following links:**

[Soldier Cases](#)

[School Shootings / Incidents](#)

[Journal Articles](#)

[Workplace Violence](#)

[Celebrity Cases](#)

[Highly Publicized Cases](#)

[Won SSRI Criminal Cases](#)

[Women Teacher Molestations](#)

[Postpartum Cases](#)

[Murder-Suicides](#)

[Murders / Murder Attempts](#)

[Suicides / Suicide Attempts](#)

[Road Rage Cases](#)

[Click For Sortable Database of all 4,800+ Media Articles Naming Antidepressants](#)

Antidepressants have been recognized as potential inducers of mania and psychosis since their introduction in the 1950s. Klein and Fink<sup>1</sup> described psychosis as an adverse effect of the older tricyclic antidepressant imipramine. Since the introduction of Prozac in December, 1987, there has been a massive increase in the number of people taking antidepressants. Preda and Bowers<sup>2</sup> reported that over 200,000 people a year in the U.S. enter a hospital with antidepressant-associated mania and/or psychosis. The subsequent harm from this prescribing can be seen in these 4,800+ stories.

Before the introduction of Prozac in Dec. 1987, less than one percent of the population in the U.S. was diagnosed with bipolar disorder  $\diamond$  also known as manic depression. Now, with the widespread prescribing of antidepressants, the percent of the population in the United States that is diagnosed with bipolar disorder (swing from depression to mania or vice versa) has risen to 4.4%<sup>3</sup>. This is almost one out of every 23 people in the U.S.

### *The Physicians' Desk Reference*

The *Physicians' Desk Reference* lists the following adverse reactions (side effects) to antidepressants among a host of other physical and neuropsychiatric

effects. None of these adverse reactions (side effects) is listed as *Rare*. They are all listed as either *Frequent* or as *Infrequent*:

<ul style="list-style-type: none"><li>• Manic Reaction (Mania, e.g., Kleptomania, Pyromania, Dipsomania, Nymphomania)</li><li>• Hypomania (e.g., poor judgment, over spending, impulsivity, etc.)</li><li>• Abnormal Thinking</li><li>• Hallucinations</li><li>• Personality Disorder</li><li>• Amnesia</li><li>• Agitation</li><li>• Psychosis</li><li>• Abnormal Dreams</li></ul>	<ul style="list-style-type: none"><li>• Emotional Lability (Or Instability)</li><li>• Alcohol Abuse and/or Craving</li><li>• Hostility</li><li>• Paranoid Reactions</li><li>• Confusion</li><li>• Delusions</li><li>• Sleep Disorders</li><li>• Akathisia (Severe Inner Restlessness)</li><li>• Discontinuation (Withdrawal) Syndrome</li><li>• Impulsivity</li></ul>
---	---

Adverse reactions are most likely to occur when starting or discontinuing the drug, increasing or lowering the dose or when switching from one SSRI to another. Adverse reactions are often diagnosed as bipolar disorder when the symptoms may be entirely iatrogenic (treatment induced). Withdrawal, especially abrupt withdrawal, from any of these medications can cause severe neuropsychiatric and physical symptoms. It is important to withdraw extremely slowly from these drugs, often over a period of a year or more, under the supervision of a qualified and experienced specialist, if available. Withdrawal is sometimes more severe than the original symptoms or problems.

### 66 School Shootings/Incidents Involving SSRIs

Most of the stories on this site describe events that occurred after the year 2000. The increase in online news material and the efficiency of search engines has greatly increased the ability to track stories. Even these 4,800+ documented stories only represent the tip of an iceberg since most stories do not make it into the media. There are 115 cases of bizarre behavior, 66 school shootings/incidents, 68 road rage tragedies, 19 air rage incidents, 101 arson cases, 70 postpartum depression cases, over 1,000 murders (homicides) or murder attempts, over 300 murder-suicides (30% committed by women) and other acts of violence including workplace violence on this site. There are also over 100 Journal Articles and FDA reports listed in the Index. They are at the top of the Index immediately below the 66 school shootings/incidents and the 29 "won" criminal cases.

### FDA Public Health Advisory

- On March 22, 2004 the FDA published a Public Health Advisory that reiterates several of these side effects and states (in part) "Anxiety, agitation, panic attacks, insomnia, irritability, hostility, impulsivity, akathisia (severe restlessness), hypomania, and mania have been reported in adult and pediatric patients being treated with antidepressants for major depressive disorder as well as for other indications, both psychiatric and non-psychiatric." (Click *Links* button at bottom of this page for a direct link to this FDA Warning.)
- On September 14, 2004 the FDA added a Black Box Warning in regard to antidepressants & suicidality in those under age 18.
- On September 14, 2004 the FDA mandated that pharmacies provide to all parents or guardians for those younger than 18 an *Antidepressant Patient Medication Guide*. This guide reads (in part) "Call healthcare provider right away if you or your family member has any of the following symptoms: Acting aggressive, being angry, or violent & acting on dangerous impulses." This *Antidepressant Patient Medication Guide* also states "Never stop an antidepressant medicine without first talking to a healthcare provider. Stopping an antidepressant medicine suddenly can cause other symptoms." (Click *Links* button at bottom of this page for a direct link to this FDA Antidepressant Guide.)
- On December 13, 2006, the Black Box Warning for suicidality was updated to include those under age 25. The Black Box Warning is included in the insert to the drugs and in the Physicians' Desk reference.

### An Absence of Controlled Scientific Evidence

In the Journal of American Physicians and Surgeons, Volume 14, Number 1, Spring 2009, there is a journal article by Joel M. Kauffman, Ph.D., which is titled: *Selective Serotonin Reuptake Inhibitor (SSRI) Drugs: More Risk Than Benefits?* In reference to SSRISTories.com, Dr. Kaufmann made the following statement: "Since no clinical trial involving multiple homicides is ever likely to be run, no firmer evidence is likely to be found. Healy noted that much of the evidence for suicide and murder came from the efforts of journalists and lawyers".

To read the full article go to the Links page on this site (click the button at the bottom of this page).

### Japanese Warning on Violence

The Ministry of Health, Labor and Welfare in Japan has investigated reports where people on antidepressants have committed sudden acts of violence against others. The agency has decided to revise the warnings on the medication guide to read, "There are cases where we cannot rule out a causal relationship with the medication."

### A Public Health Problem of Epidemic Proportions

There is a grave concern among advocates that adverse reactions are *greatly* underestimated by the public, the medical profession, and the regulatory authorities. Each of these stories in our list *can* be interpreted as an adverse reaction and in most cases we have highlighted the portion of the article that refers to evidence of bizarre behavioral change consistent with drug reaction. In some stories causation is acknowledged and the juxtaposition of these stories with those where it goes unrecognized as well as the repetition of themes and circumstances is chilling. If indeed medications played a

significant role in all these tragedies, then this is a public health problem of epidemic proportions on a *global* scale.

### How to Use This Web Site

to enter the site, click on the button below. This will bring up the site index. The index contains 5 columns, each with its own column header *displayed in red*. Clicking on the column header will re-sort the index according to that heading. A link to the complete media article or testimony, often with a summary heading, is available by clicking on the "What" column entry *displayed in blue*.

There are 2 flags set in the index which have special meaning as follows:

1. If the first character of the "Additional" column is a special character sequence (\*,\*\*,+,++), then the moderators of SSRISTories consider that story to be of special interest.
  - o \*\* Indicates a school shooting or school incident.
  - o \* Indicates a legal case won using SSRI defense.
  - o ++ Indicates an important journal article.
  - o + Indicates a highly publicized case.
2. If the last character of the "Drug" column is an asterisk, it indicates some expert has indicated the drug contributed to the events documented in the story.

---

<sup>1</sup> Klein DF, Fink M. *Psychiatric Reaction Patterns to Imipramine*. Am Journal Psychiatry 1962; 119: 432-438

<sup>2</sup> Preda and Bowers. *Antidepressant-Associated Mania and Psychosis Resulting in Psychiatric Admissions*. Journal of Clinical Psychiatry 2001; 62: 30-33

<sup>3</sup> National Institute of Mental Health: Health Magazine 2010

<sup>4</sup> Thomas J. Moore, Joseph Glenmullen, Curt D. Furberg. *Prescription Drugs Associated With Reports of Violence Toward Others*. PLoS Medicine: December 15, 2010

[Click to Enter SSRI Stories Index](#)

[Contact Us](#)

[Links](#)

You may use Google to search SSRI Stories web site. Use the 'Back' button on your browser to get back here.

Google™

Google Search

SSRISTories Site

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social justice issues, etc. It is believed that this constitutes a 'fair use' of any such copyrighted material as provided for in Title 17 U.S.C. section 107 of the US Copyright Law. This material is distributed without profit.



Click for Side Effects that Caused/Exacerbated These Incidents

General Information on Antidepressant Induced Suicide & Violence

Contact Us

Tell Your Story

Home

Please wait. Page takes a few seconds to open.

Click on the *blue 'What'* to access a story. Click on a *red column heading* to sort the index by that column.

<u>What</u>	<u>Drug</u>	<u>Date</u>	<u>Where</u>	<u>Additional</u>
<a href="#">School Shooting</a>	Prozac WITHDRAWAL	2008-02-15	Illinois	** 6 Dead: 15 Wounded: Perpetrator Was in Withdrawal from Med & Acting Erratically
<a href="#">School Shooting</a>	Prozac Antidepressant	2005-03-24	Minnesota	**10 Dead: 7 Wounded: Dosage Increased One Week before Rampage
<a href="#">School Shooting</a>	Paxil [Seroxat] Antidepressant	2001-03-10	Pennsylvania	**14 Year Old GIRL Shoots & Wounds Classmate at Catholic School
<a href="#">School Shooting</a>	Zolof Antidepressant & ADHD Med	2011-07-11	Alabama	**14 Year Old Kills Fellow Middle School Student
<a href="#">School Shooting</a>	Zolof Antidepressant	1995-10-12	South Carolina	**15 Year Old Shoots Two Teachers, Killing One: Then Kills Himself
<a href="#">School Shooting</a>	Med For Depression	2009-03-13	Germany	**16 Dead Including Shooter: Antidepressant Use: Shooter in Treatme For Depression
<a href="#">School Hostage Situation</a>	Med For Depression	2010-12-15	France	**17 Year Old with Sword Holds 20 Children & Teacher Hostage
<a href="#">School Shooting Plot</a>	Med For Depression WITHDRAWAL	2008-08-28	Texas	**18 Year Old Plots a Columbine School Attack
<a href="#">School Shooting</a>	Anafranil	1988-05-20	Illinois	**29 Year Old WOMAN Kills One Child: Wounds Five: Kills Self
<a href="#">School Shooting</a>	Luvov/Zolof Antidepressants	1999-04-20	Colorado	**COLUMBINE: 15 Dead: 24 Wounded
<a href="#">School Stabbings</a>	Antidepressants	2001-06-09	Japan	**Eight Dead: 15 Wounded: Assailant Had Taken 10 Times his Normal Dose of Depression Med
<a href="#">School Shooting</a>	Prozac Antidepressant WITHDRAWAL	1998-05-21	Oregon	**Four Dead: Twenty Injured
<a href="#">School Stabbing</a>	Med For Depression	2011-10-25	Washington	**Girl, 15, Stabs Two Girls in School Restroom: 1 Is In Critical Conditio
<a href="#">School Shooting</a>	Antidepressant	2006-09-30	Colorado	**Man Assaults Girls: Kills One & Self
<a href="#">School Machete Attack</a>	Med for Depression	2001-09-26	Pennsylvania	**Man Attacks 11 Children & 3 Teachers at Elementary School
<a href="#">School Shooting Related</a>	Luvov	1993-07-23	Florida	**Man Commits Murder During Clinical Trial for Luvov: Same Drug as i COLUMBINE: Never Reported
<a href="#">School Hostage Situation</a>	Cymbalta Antidepressant WITHDRAWAL	2009-11-09	New York	**Man With Gun Inside School Holds Principal Hostage
<a href="#">School Shooting</a>	Antidepressants	1992-09-20	Texas	**Man, Angry Over Daughter's Report Card, Shoots 14 Rounds inside Elementary School
<a href="#">School Shooting</a>	SSRI	2010-02-19	Finland	**On Sept. 23, 2008 a Finnish Student Shot & Killed 9 Students Before Killing Himself
<a href="#">School Shooting Threat</a>	Med for Depression*	2004-10-19	New Jersey	**Over-Medicated Teen Brings Loaded Handguns to School
<a href="#">School Shooting</a>	Antidepressant?	2007-04-18	Virginia	**Possible SSRI Use: 33 Dead at Virginia Tech
<a href="#">School Shooting</a>	Antidepressant?	2002-01-17	Virginia	**Possible SSRI Withdrawal Mania: 3 Dead at Law School
<a href="#">School Incident/Bizarre</a>	Zolof*	2010-08-22	Australia	**School Counselor Exhibits Bizarre Behavior: Became Manic On Zolc
<a href="#">School/Assault</a>	Antidepressant	2009-11-04	California	**School Custodian Assaults Student & Principal: Had Manic Reactior From Depression Med
<a href="#">School Shooting</a>	Prozac Antidepressant	1992-01-30	Michigan	**School Teacher Shoots & Kills His Superintendent at School
<a href="#">School Shooting Threats</a>	Celexa Antidepressant	2010-01-25	Virginia	**Senior in High School Threatens to Kill 4 Classmates: Facebook Involved: Bail Denied
<a href="#">School Violence/Murder</a>	Antidepressants*	1998-05-04	New York	**Sheriff's Deputy Shoots his Wife in an Elementary School
<a href="#">School Knifing/Murder</a>	Meds For Depression & ADHD	2010-04-28	Massachusetts	**Sixteen Year Old Kills 15 Year Old in High School Bathroom in Sept. 2009
<a href="#">School Stabbing</a>	Wellbutrin	2006-12-04	Indiana	**Stabbing by 17 Year Old At High School: Charged with Attempted Murder
<a href="#">School Threat</a>	Antidepressants	2007-04-23	Mississippi	**Student Arrested for Making School Threat Over Internet
<a href="#">School Suspension</a>	Lexapro Antidepressant	2007-07-28	Arkansas	**Student Has 11 Incidents with Police During his 16 Months on Lexap
<a href="#">School Shooting</a>	Antidepressant Withdrawal	2007-11-07	Finland	**Student Kills 8: Wounds 10: Kills Self: High School in Finland
<a href="#">School Shooting</a>	Paxil [Seroxat] Antidepressant	2004-02-09	New York	**Student Shoots Teacher in Leg at School
<a href="#">School Threat</a>	Prozac Antidepressant	2008-01-25	Washington	**Student Takes Loaded Shotgun & 3 Rifles to School Parking Lot: Plans Suicide
<a href="#">School Shooting Plot</a>	Med For Depression	1998-12-01	Wisconsin	**Teen Accused of Plotting to Gun Down Students at School
<a href="#">School/Assault</a>	Zolof Antidepressant	2006-02-15	Tennessee	**Teen Attacks Teacher at School
<a href="#">School Shooting Threat</a>	Antidepressant	1999-04-16	Idaho	**Teen Fires Gun in School
<a href="#">School Hostage Situation</a>	Paxil & Effexor Antidepressants	2001-04-15	Washington	**Teen Holds Classmates Hostage with a Gun

<a href="#">School Hostage Situation</a>	Antidepressant Withdrawal	2006-11-28	North Carolina	**Teen Holds Teacher & Student Hostage with Gun
<a href="#">School Knife Attack</a>	Med for Depression	2006-12-06	Indiana	**Teen Knife Attacks Fellow Student
<a href="#">School Massacre Plot</a>	Prozac Withdrawal	2011-02-23	Virginia	**Teen Sentenced to 12 Years in Prison For Columbine Style Plot
<a href="#">School Shooting</a>	Celexa & Effexor Antidepressants	2001-04-19	California	**Teen Shoots at Classmates in School
<a href="#">School Shooting</a>	Celexa Antidepressant	2006-08-30	North Carolina	**Teen Shoots at Two Students: Kills his Father: Celexa Found Among his Personal Effects
<a href="#">School Shooting</a>	Meds For Depression & ADHD	2011-03-18	South Carolina	**Teen Shoots School Official: Pipe Bombs Found in Backpack
<a href="#">School Shooting Threat</a>	Antidepressant	2003-05-31	Michigan	**Teen Threatens School Shooting: Charge is Terrorism
<a href="#">School Stand-Off</a>	Zoloft Antidepressant	1998-04-13	Idaho	**Teen [14 Years Old] in School Holds Police At Bay: Fires Shots
<a href="#">School Shooting</a>	Antidepressant Withdrawal	2007-10-12	Ohio	**Teen [14 Years Old] School Shooter Possibly on Antidepressants or Withdrawal
<a href="#">School Threat</a>	Antidepressants	2008-03-20	Indiana	**Teen [16 Years Old] Brings Gun to School: There Is a Lockdown
<a href="#">School Suicide/Lockdown</a>	Med For Depression	2008-02-20	Idaho	**Teen [16 Years Old] Kills Self at High School: Lockdown by Police
<a href="#">School Threats</a>	Prozac Antidepressant	1999-10-19	Florida	**Teen [16 Years Old] Threatens Classmates With Knife & Fake Explosives
<a href="#">School Stabbing</a>	Med For Depression	2008-02-29	Texas	**Teen [17 Year Old GIRL] Stabs Friend & Principal at High School
<a href="#">School Hostage Situation</a>	Prozac/ Paxil Antidepressants	2001-01-18	California	**Teen [17 Years Old] Takes Girl Hostage at School: He is Killed by Police
<a href="#">School Knife Attack</a>	Treatment For Depression & Strattera	2009-03-10	Belgium	**Three Dead in School Day Care: Two Children & a Caregiver: Happened Jan 23, 2009
<a href="#">School Shooting Plot</a>	Antidepressants	2009-09-22	England	**Two English School Boys Plot to Blow Up High School
<a href="#">School Arson Incidents</a>	Paxil	2002-04-12	Michigan	**Unusual Personality Change on Paxil Caused 15 Year Old to Set Fire inside High School
<a href="#">School Bomb Threat</a>	Med For Depression	2009-06-29	Australia	**Vexed Father Makes Bomb Threat Against Elementary School
<a href="#">School Violence</a>	Antidepressant	2005-11-19	Arizona	**Violent 8 Year Old GIRL Handcuffed by Police at School
<a href="#">School Violence</a>	Celexa Antidepressant	2002-01-23	Florida	**Violent 8 Year-Old Boy Arrested At School
<a href="#">School Threat/Lockdown</a>	Lexapro*	2008-04-18	California	**Violent High School Student Shot to Death on Campus by Police
<a href="#">School / Child Endangerment</a>	Antidepressants	2008-02-27	Canada	**Wacky School Bus Driver Goes Berserk: Also Involved Painkillers
<a href="#">School Violence</a>	Paxil	2004-10-23	Washington DC	**Young Boy, 10 Year Old, Has Violent Incidents at School
<a href="#">School Threat</a>	Wellbutrin Antidepressant	2007-04-24	Tennessee	**Young Boy, 12, Threatens to Shoot Others at School
<a href="#">School Hostage Situation</a>	Med for Depression	2006-03-09	France	**Young Ex-Teacher Holds 21 Students Hostage
<a href="#">School Shooting/Suicide</a>	Celexa	2002-10-07	Texas	**Young Girl [13 Years Old] Kills Self at School With a Gun
<a href="#">School Hostage Situation</a>	Paxil	2001-10-12	North Carolina	**Young Man Holds Three People Hostage in Duke University President's Office
<a href="#">School Murder Attempt</a>	Med For Depression	1995-03-04	California	**Young Woman Deliberately Hits 3 Kids with Her Car at Elementary School: Laughed During Attack

- \*\* Indicates a school shooting or school incident.
- \* Indicates a legal case won using SSRI defense.
- ++ Indicates an important journal article.
- + Indicates a highly publicized case.
- num An age < 25 covered by FDA black box for suicide.

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<u>What</u>	<u>Drug</u>	<u>Date</u>	<u>Where</u>	<u>Additional</u>
<a href="#">Violence/Homicides</a>	SSRIs, SNRIs Antidepressants & Chantix	2010-12-15	Global	++ SSRIs & SNRIs, & Chantix, Have Highest Rate of Homicides/Violence of All Medications: PLoS
<a href="#">Disinhibition/Can Lead to Violence</a>	SSRIs/Effexor & Alcohol	2009-06-15	Global	++ Violence As a Side Effect of Antidepressants: Provocation by Alcohol: Study
<a href="#">Mania/Worsening Depression</a>	Antidepressants	2010-06-02	Global	++1 In 3 People Given A/D's May Become Worse: Then Diagnosed With So-Called Bipolar Disorder: Web MD
<a href="#">Adverse Reaction</a>	SSRIs	2006-12-20	Global	++1 Preliminary Study: LSD & SSRIs Share Same Mechanism in Some Ways: U. of Arizona
<a href="#">Worsening Depression &amp; Suicidality</a>	SSRI Antidepressants	2010-04-09	Global	++13.5% on SSRIs Had Worsening Depression & Suicidality: Sharp Drop in Brain Activity Within 48 Hours
<a href="#">Suicides/ Suicides Attempts/Addiction/Birth Defects</a>	Paxil	2010-03-08	U.S.A.	++150 Suicide Cases & 300 Suicide Attempts Settled: 3,200 Paxi Addictions Settled
<a href="#">Heart Attacks</a>	Antidepressants	2010-06-14	Global	++18 Year Olds Diagnosed With Depression & Given A/D's More Likely To Die of Heart Attack at 55
<a href="#">Mania &amp; Psychosis</a>	Antidepressants	2004-02-02	U.S.A.	++200,000 a Year Enter Hospital Due to Antidepressant-Induced Mania/ Psychosis: FDA Testimony
<a href="#">Mental Illness</a>	SSRIs & Other Psychiatric Meds	2010-04-14	U.S.A.	++35 Times as Many Children On Govt. Disability for Mental Illness Since Prozac Was Launched
<a href="#">Mania</a>	Antidepressants	2006-11-28	U.S.A.	++4.8 Million Person Increase in Bipolar Disorder in Last 11 Years: Majority Due to SSRI Use
<a href="#">Self-Prescribing</a>	Med For Depression	2009-11-08	U.S.A.	++43% of Psychiatrists Might Prescribe Antidepressant for Themselves: May Be Apropos to Fort Hood
<a href="#">Alcohol Craving</a>	Zoloft	2004-07-14	Global	++45 Out of 100 Alcoholics Increased Their Drinking on Zoloft
<a href="#">Deaths</a>	Wellbutrin*	2006-08-02	Washington DC	++468 Deaths Reported to FDA Thru 2003 : Freedom of Information
<a href="#">Diagnosis</a>	Med For Depression	2008-03-25	Global	++60% of Bipolars Were First Diagnosed With Depression
<a href="#">Recommended For Youth</a>	SSRIs	2008-11-12	U.S.A.	++74% of Youth Will Not Respond to SSRIs: CNS Response Dat
<a href="#">Suicidal Thoughts</a>	Antidepressants	2007-06-07	Global	++8.8% of Non-Suicidal People Had Suicidal Thoughts on Antidepressants
<a href="#">Mania</a>	Med For Depression	2009-11-08	U.S.A.	++860,000 People Suffered Mania From Antidepressants in 2009 Most Not Hospitalized: Book Stats
<a href="#">Mania/Bipolar</a>	SSRIs & All Antidepressants	2010-09-23	Global	++9 Out of 10 Bipolars Became This Way Through Antidepressant Induced Mania: Doctor Speaks
<a href="#">Homicides</a>	Antidepressants	2011-08-02	Global	++A/D Induced Akathisia-Related Homicides & Genes of the CYP450 Family: Journal
<a href="#">Worsening Condition</a>	Antidepressants	2010-10-25	Global	++A/D's Can Worsen Overall Condition of a Depressive Episode: Cause Mania: Research in Italy
<a href="#">Ineffective</a>	Zoloft & All Antidepressants	2011-07-18	Global	++A/D's Ineffective for Depression In Alzheimer's Patients: Meta-Analysis From Australia
<a href="#">Self-Mutilation</a>	Prozac	2000-05-07	Global	++According To Patent, Prozac, launched in Dec.1987, Causes Self-Mutilation
<a href="#">Adverse Reactions &amp; Cardiovascular Problems</a>	Meds For Depression	2011-09-12	Global	++Adding Another A/D to Existing A/D Produces Serious Problems & No Benefit
<a href="#">Permanent Loss of Libido</a>	SSRI Antidepressants	2010-03-27	Global	++After Discontinuation, Many Patients Still Experience Low Libido: Journal Article: Peoples Pharmacy
<a href="#">Alcohol Abuse</a>	Effexor	2007-05-01	Global	++Alcohol Abuse & "Feeling Drunk" Listed as Side Effects in PDR
<a href="#">Alcohol Abuse</a>	Paxil	2007-05-01	Global	++Alcohol Abuse is Listed as an Adverse Reaction to Paxil in the Insert
<a href="#">Clinical Trial Manipulation</a>	Antidepressants	2010-04-02	Global	++All But 1 of 38 Positive Studies Published But Only 3 of 36 Negative Studies: AJP
<a href="#">Violence &amp; Murder</a>	SSRI Antidepressants	2011-07-04	Global	++Almost 11 Times More likely to Commit Violence/Murder while on SSRIs than on Other Drugs: Study
<a href="#">Suicide/Impulsivity</a>	Antidepressants	2008-07-06	Global	++Almost One-Third of Suicides are Impulsive: Antidepressants Can Cause Impulsivity
<a href="#">Worsening Depression</a>	Meds For Depression	2011-03-08	Global	++Antidepressant Treatment May Contribute to Chronic Depressive Syndrome: Journal of Psychosomatics

<a href="#">Appear To Look Older</a>	Antidepressants	2009-02-04	Global	++Antidepressant Use Can Make People Look Older Than They Are; Also Causes Face Sagging: ASPS
<a href="#">Bipolar Disorder</a>	Antidepressants	2010-04-28	U.S.A.	++Antidepressants & ADHD Meds Causing over 1 Million Young People to Be Diagnosed as Bipolar
<a href="#">Ineffectiveness</a>	Antidepressants	2008-02-25	Global	++Antidepressants Are Ineffective: PLoS Medicine
<a href="#">Cancer Acceleration</a>	Antidepressants	2008-09-13	Global	++Antidepressants Can Both Accelerate and/or Shut Down Cancer Growth
<a href="#">Mood Destabilization</a>	Antidepressants	2008-03-04	Global	++Antidepressants Cause Rapid Cycling & Mood Destabilization in Bipolar Disorder: Am J Psychiatry
<a href="#">Infertility</a>	Antidepressants	2008-09-24	Global	++Antidepressants Could Harm Sperm & Lead to Infertility
<a href="#">Ineffective</a>	Antidepressants	2007-03-29	Global	++Antidepressants Don't Help Bipolar Patients: New England Journal of Medicine
<a href="#">Stroke Risk</a>	SSRIs & Tricyclic Antidepressants	2009-12-15	Global	++Antidepressants Increase Stroke Risk Among Postmenopausal Women: Archives of Internal Medicine
<a href="#">REM Sleep Inhibition</a>	Antidepressants	2008-08-01	Global	++Antidepressants Inhibit REM Sleep: Loss of Dreaming Can Lead to Serious Illness
<a href="#">Parasomnia</a>	Antidepressants	2007-11-28	Global	++Antidepressants May Cause Violence in Sleep: Journal Article
<a href="#">Misprescribing</a>	Antidepressants	2009-06-07	Global	++Antidepressants Not Recommended in Mania but Frequently Prescribed: Research Study
<a href="#">Reduction in Anxiety</a>	Exercise	2010-04-05	Global	++Anxiety Greatly Reduced by Exercise: Anxiety Disorder Assn. of America
<a href="#">Anxiety</a>	SSRI & SNRI Antidepressants	2010-03-09	Global	++Anxiety Increased by SSRIs & SNRIs: Could Lead to Suicide: ISR Veterans's Study
<a href="#">Deaths</a>	SSRIs/Antidepressants	2009-02-23	England & Wales	++Between 1993 & 2002 there were 4,767 Deaths On SSRIs/Antidepressants
<a href="#">Death</a>	Effexor	2005-05-28	England	++Between 1993 & 2002, 118 People in England & Wales Died While on Effexor
<a href="#">Plane Crashes</a>	SSRI Antidepressants	2010-07-04	U.S.A.	++Between 1993 & 2003 One Hundred Pilots in Fatal Crashes Were On SSRIs
<a href="#">Flawed Data</a>	Meds For Depression	2011-10-26	U.S.A.	++Black Box Warning for Adolescents & Suicide Showed a Decline in Suicides After 2004
<a href="#">False Positive for PCP</a>	Effexor	2007-02-15	Global	++Blood Samples Show Tests were False/Positive for PCP: Effexor Acts Like PCP!
<a href="#">Danger To Children</a>	Antidepressants, Antipsychotics & ADHD Meds	2010-06-23	Denmark	++BMC Research: Danish Children At Risk From Psychotropic Medicines
<a href="#">REM Sleep Disorder</a>	SSRIs	2009-02-20	Global	++Body Does Not Become Paralyzed During REM Sleep: Allows People on SSRIs To Act Out Their Dreams
<a href="#">Restless Leg Syndrome</a>	SSRIs	2011-09-21	Global	++Both Children & Adults Have Huge Increase in RLS While on SSRIs: Journal Article
<a href="#">Ineffective For Minor Depression</a>	Celexa & St. John's Wort	2011-07-30	Global	++Celexa & St. John's Wort Are Both Ineffective Against Mild Depression: NIMH
<a href="#">Ineffective</a>	Celexa	2009-06-01	Global	++Celexa Has No Effect on Repetitive Behaviors in Autism: Causes Many Adverse Effects
<a href="#">Vivid Dreams/Nightmares</a>	Cymbalta	2009-01-07	Global	++Certain Antidepressants Such As Cymbalta Have Been Associated with Nightmares
<a href="#">Suicide</a>	Chantix & Zoloft	2008-07-15	Global	++Chantix & Zoloft Share Similar Mechanism: Lawsuit Over Suicide on Chantix
<a href="#">Anxiety/Depression</a>	SSRI Antidepressants	2010-05-03	U.S.A.	++Children Exposed in Womb to SSRIs Suffer More Anxiety/Depression at Age 3
<a href="#">Hypomania</a>	SSRIs/SNRIs & BuSpar	2010-03-20	Global	++Combination of Antidepressants & BuSpar Can Cause Hypomania in Some Patients
<a href="#">Unintentional Poisoning Deaths</a>	Antidepressants +Painkillers	2009-06-18	Global	++Combination of Antidepressants & Painkillers Can Be Fatal: National Safety Council
<a href="#">Serotonin Syndrome</a>	SSRIs & Dextromethorphan	2010-07-10	Global	++Combing SSRIs with Dextromethorphan Can Cause Serotonin Syndrome: Peoples Pharmacy
<a href="#">Diabetes</a>	Paxil & Statin Drug	2011-07-25	Global	++Combo of Paxil & Statin Drug Could Cause Diabetes: Almost Million People Could Be Effected
<a href="#">Suicides</a>	Antidepressant & Other Psychotropic Drugs	2010-11-18	Global	++Countries that Introduce Mental Health Initiatives For Suicide Prevention Increase Their Suicides
<a href="#">Conflict of Interest</a>	Psychotropic Medications	2009-06-03	Global	++Creators of Psychiatric Bible, the DSM-V, Have Economic Tie with Pharma
<a href="#">Suicide</a>	SSRIs	2008-07-17	Global	++David Healy, M.D. Responds to WSJ Article: Doubling of Suicidal Acts on SSRIs Over Placebo
<a href="#">Heart Disease</a>	Med For Depression	2011-11-09	Global	++Depression Meds Are More Likely to Cause Heart Disease

<u>Ineffective</u>	Meds For Depression	2010-12-06	Global	++Depression With Psychotic Like Symptoms Not Helped by Antidepressants: Journal Article
<u>Osteoporosis</u>	SSRIs	2008-02-06	Global	++Double The Risk for Osteoporosis for Those on SSRIs
<u>Mania/Violence/Suicide</u>	Prozac	1990-08-16	Global	++Dr. Martin Teicher: Between 1.9 to 7.7% of Prozac Users at Risk for Mania, Violence/Suicide
<u>me Against Humanity</u>	SSRIs	2009-01-04	Global	++Drug Companies Kept Information Secret About SSRIs
<u>Unethical</u>	Lexapro	2009-09-02	Global	++Drug Maker Puts Money Into Doctor's Pockets to Prescribe Lexapro
<u>Mortality</u>	SSRIs & Tricyclic Antidepressants	2011-08-18	Global	++Elderly on Antidepressants Have 54% Higher Mortality Than Depressed Unmedicated Elderly: BMJ
<u>Drug Interaction</u>	Prozac, Paxil & Zoloft	2009-06-01	Global	++Evidence Shows Antidepressants Cut Effectiveness of Tamoxifen in Breast Cancer: Medco Health
<u>Helps Depression</u>	Exercise	2000-09-21	Global	++Exercise Better Than Antidepressants for Depression: Duke University Study
<u>Worsening of Depression</u>	Med For Depression	2010-12-10	Global	++Failure of GPs to Screen for Bipolar is Deadly: A/D's Make Bipolar Worse: J of Affective Disorders
<u>Suicides &amp; Homicides</u>	SSRIs	2009-05-11	U.S.A.	++FDA Adverse Reaction Reports from 2004 to 2006
<u>Serotonin Syndrome</u>	Antidepressants	2006-08-03	Global	++FDA Issues Public Health Advisory on Mixing Meds with Antidepressants
<u>Behavioral Changes, Hostility, Depressed, Mood &amp; Suicidal Thoughts</u>	Wellbutrin & Chantix	2009-07-01	U.S.A.	++FDA Places Black Box Warning on Wellbutrin & Chantix
<u>Panic Attacks, Hostility, Mania, Etc.</u>	SSRIs/Antidepressants	2004-03-22	Global	++FDA Public Health Advisory: Warning About Antidepressants: Also Withdrawal
<u>Serotonin Syndrome</u>	SSRIs & SNRIs	2009-03-27	Global	++FDA Upgrades Warning on Serotonin Syndrome
<u>Heart Attack Risk</u>	Celexa Antidepressant	2011-08-24	Global	++FDA Warns of Heart Risks for Those Taking More Than 40 mg day of Celexa
<u>Suicide</u>	Cymbalta	2005-07-01	Global	++FDA Warns of Higher Suicide Risk: Studies in Women Using Cymbalta for Incontinence
<u>Neuroleptic Malignant Syndrome</u>	SSRIs/SNRIs	2009-02-05	Global	++FDA Warns of Life Threatening Disease: Neuroleptic Malignant Syndrome With Antidepressants
<u>tonin Syndrome</u>	Antidepressants & Zyxox Antibiotic Combo	2011-07-28	Global	++FDA Warns of Serotonin Syndrome With Combo of All A/D's & the Antibiotic Zyxox
<u>Unethical</u>	Zoloft & Cymbalta	2008-09-15	U.S.A.	++FDA Web Site on Drug Ads Developed by Drug Industry PR Firm
<u>FDA Warning</u>	Antidepressants	2004-03-22	U.S.A.	++FDA: Depression Meds Can Cause Mania, Hypomania, Hostility, Panic Attacks, Worse Depression, Etc.
<u>Suicides &amp; Homicides</u>	Chantix	2007-11-28	Global	++Fifty-five Suicides Reported in One Week to FDA: Freedom of Information Act
<u>Abnormal Behavior</u>	Prozac	2008-08-07	Global	++Fish Exposed to Prozac Exhibit Abnormal Behavior
<u>Suicides</u>	Cymbalta	2009-08-22	U.S.A.	++Five Patients Committed Suicide During Clinical Trials for Cymbalta: Warning on Side-Effects
<u>Suicides</u>	Antidepressants	2009-09-08	Indiana	++Forty-One Percent of Suicides in a County in Indiana Were on Antidepressant: First 6 Months of 2009
<u>Preterm Birth</u>	SSRIs	2010-01-21	Global	++Fourteen Percent of Woman Had a Preterm Delivery on SSRIs Most After First Trimester
<u>Ineffective</u>	Bipolar Disorder Medications	2010-06-11	Global	++Global Industry Analysts' Bipolar Market Report
<u>Suicide</u>	Prozac	2008-10-14	U.S.A.	++Govt. Study: 9% More Children On Prozac Alone Were Suicid: Compared to Those on Therapy Alone
<u>FDA Medication Guide</u>	Antidepressants	2007-08-15	U.S.A.	++Guide to Be Given by Pharmacies to All Parents/Guardians of Those Under 18
<u>Adverse Reactions</u>	Prozac	2001-04-29	Global	++Head of World Health Organization Warns of Side Effects
<u>Violence</u>	Antidepressants	2009-05-22	Japan	++Health Ministries Revise Warnings On Med Guides: Causal Relationship Between SSRIs & Violence
<u>Suicides</u>	Antidepressants	2010-07-16	Global	++High Suicide Rate Among Those With Fibromyalgia Might Be Due to Their Antidepressant Use for Fibro
<u>Cataracts</u>	Effexor & Luvox Antidepressants	2010-03-08	Global	++Higher Chance of Cataracts with Effexor and Luvox
<u>onin Syndrome</u>	SSRIs & SNRIs	2008-11-09	U.S.A.	++In 2004, 103 Deaths Recorded from Serotonin Syndrome & 8,187 People Had Toxic Effects
<u>erotonin Levels Lowered</u>	SSRIs & All Antidepressants	2010-01-14	Global	++In Half of All Patients, Their Serotonin Levels are Lowered by SSRIs, Not Raised: Columbia U.
<u>Suicides</u>	Antidepressants	2009-07-30	Sweden	++In Sweden, 52% of Woman Who Committed Suicide in 2006 Were Taking Antidepressants: APA Letter

<u>Suicide Increase</u>	Antidepressants	2008-10-21	U.S.A.	++Increase in Both Suicide Rate & Antidepressant Use Among Middle Aged White Adults
<u>Blackouts</u>	Antidepressants & Alcohol	2011-10-10	U.S.A.	++Increased Chance of Blackouts Combining A/D's With Alcohol
<u>Falls</u>	Med for Depression	2008-06-19	Global	++Increased Risk of Falls in Older People Taking Meds for Depression: Public Library of Science
<u>Cerebrovascular Stroke</u>	Antidepressant	2011-05-02	Global	++Increased Risk of Stroke for Users of Depression Medications: American Psychiatric Assn
<u>Suicidal Thoughts &amp; Behaviors</u>	Antidepressants & Anticonvulsants	2010-12-04	Global	++Increased Risk of Suicidal Behaviors: ASHP: Medical News Today
<u>Bleeding</u>	SSRIs	2009-06-01	Global	++Increases Risk of Fatal Bleeding For Those on Low Dose Continuous Aspirin
<u>Ineffective</u>	Wellbutrin/Zyban	2011-10-27	Global	++Ineffective in Smokers with Post Acute Myocardial Infarction: Journal Article
<u>Depression &amp; Abnormal Thoughts</u>	Prozac	2008-11-02	Global	++Lilly Removed Data on Depression & Abnormal Thoughts as Frequent Adverse Reactions: Clinical Trials
<u>Violence/Aggression</u>	Chantix	2010-07-23	Global	++Link Between Violence/Aggression & Chantex Confirmed in New Study
<u>Adverse Reaction</u>	Prozac	1999-05-10	Global	++Little Difference Between the Street Drug Ecstasy & Prozac: Noted Mental Health Journalist
<u>Ineffective</u>	Psychiatric Medications	2011-04-30	Global	++Little Evidence That Psychiatric Medications Can Help PTSD: Stanford University Study
<u>Diabetes</u>	SSRIs/Antidepressants	2009-04-17	Global	++Long-Term Use of Moderate to High Daily Doses of SSRIs Doubles the Risk For Diabetes: NIH
<u>Dangerous Combination</u>	Lexapro & Effexor Antidepressants	2010-03-19	Global	++Manufacturer of Lexapro Recommends Not Combining it With Effexor
<u>Unethical Conduct</u>	Paxil	2010-01-27	Global	++Manufacturer of Paxil Is Unethical During Clinical Trials for Paxil in Regard to Placebo Washout
<u>Weight Gain</u>	SSRI Antidepressants	2011-07-06	Global	++Many People Gain Considerable Weight on Depression Meds
<u>Decrease in Suicides</u>	None	2007-10-19	Maryland	++Maryland Has Seen a Decrease in Youth Suicide Since the Black Box Warning
<u>Bone Loss</u>	Effexor	2010-06-16	Global	++Massive Bone Loss in Periodontal Disease For Those on Effexor: Study
<u>Worsens Depression</u>	Antidepressants*	2009-05-08	Global	++Mayo Clinic Physician Believes Antidepressants Can Worsen Depression & Also Cause Mania
<u>Weight Gain</u>	Antidepressants	2010-03-01	Global	++Meds For Depression Can Cause Weight Gain & Obesity as a Side Effect: Study: AGP
<u>Ineffective</u>	SSRIs/Antidepressants	2010-08-24	Global	++Medscape: Meta-Analyses Suggest Antidepressants Are Only Marginally Better Than Placebo
<u>Suicides</u>	Antidepressants	2010-11-18	Global	++MedWatch Has Received Reports of About 63,000 Suicides or Antidepressants
<u>Infertility</u>	SSRIs	2009-06-12	Global	++Men on SSRI Antidepressants Have Reduced Fertility
<u>Mental Illness Disability Rate</u>	Prozac/SSRIs/SNRIs	2010-05-04	U.S.A.	++Mental Illness Disability Rate Has More Than Doubled Since Introduction of Prozac in 1987
<u>Adverse Reactions</u>	Antidepressants & Polypharmacy	2010-09-07	Global	++Monotherapy Controls More Episodes Than Polypharmacy: Causes Less Cardiovascular Problems
<u>Suicides</u>	Antidepressants	2009-02-05	Iraq/Afghanistan	++More Soldiers Committed Suicide in Jan. 2009 Than Died In Combat: Excessive Antidepressants Cited
<u>Mania &amp; Anxiety</u>	Meds For Depression	2011-09-12	Global	++More Women Taking A/D's: Cause Side Effects Like Mania & Anxiety: Journal Article
<u>Ineffective</u>	Prozac & Zoloft, etc.	2009-05-19	Global	++Most Studies of Prozac & Zoloft Were Negative But Still Approved by FDA: Book: Beyond Prozac
<u>Powerful Antidepressant</u>	Music	2011-08-08	Global	++Music Can Help More Than Medication For Depression: Live Science
<u>Crime Against Humanity</u>	SSRIs/SNRIs/Antidepressants	2010-02-01	Global	++New Book by Lilly Executive Claims Drugmakers Knew of Potential for Homicides, Mass Shootings, etc
<u>Increased Depression</u>	SSRIs & All Antidepressants	2010-07-22	Global	++New Scientist: Too Much Serotonin in Some Brain Regions Causes Depression
<u>Depression In Older Adults</u>	Therapy, Yoga & Meditation	2010-08-18	Global	++Older Adults Recover Better From Depression With Therapy, Yoga & Meditation Than With A/D's
<u>Turbulent Emotions/Compelling Thoughts</u>	SSRIs	2009-02-07	Global	++One in 20 People Without Depression Had Side Effects Such As Turbulent Emotions & Thoughts: Study
<u>Homicidal Ideation</u>	Zoloft	2008-11-03	Global	++One in Sixty-six Children Aged 17 & Under Had Homicidal Ideation in this Study from the NEJM
<u>Serotonin Toxicity</u>	Antidepressants	2008-09-01	Australia	++One in Twelve Older Men at Risk for Serotonin Toxicity by Dru

				Combinations
<u>Apathy</u>	Antidepressants	2009-06-01	Global	++One of the Side-Effects of Antidepressants is Apathy: Research for DSM-V
<u>Violence</u>	Paxil	2004-11-07	Global	++One Out of Five Paxil Users Surveyed by MIND Reported Violent Behavior
<u>Insights</u>	Med For Depression	2011-10-24	U.S.A.	++One-Fourth of Women in Their Forties & Fifties Take Depression Meds
<u>Overprescribing</u>	Antidepressants	2008-12-02	Australia	++Over 4000 Children Under 10 Years of Age,, including 48 Babies, were Prescribed SSRIs Last Year
<u>Suicidal Ideation, Falls, Etc.</u>	Antidepressants	2011-08-03	Global	++Over 65's More Prone to Suicidal Ideation, Falls, Fractures, Etc Than Non-Medicated Seniors
<u>Adverse Reactions</u>	Chantix/Champix	2009-02-05	Canada	++Over 800 Complaints to Health Canada: 520 Involved Psychiatric Problems
<u>Dangerous Misdiagnosis</u>	SSRIs & ADHD Meds	2009-07-31	Global	++Over 81% of youths Took An SSRI or ADHD Med Before Being Diagnosed as Bipolar
<u>Homicidal Ideation</u>	Effexor	2007-05-01	Global	++Package Insert Lists Homicidal Ideation as Adverse Reaction
<u>Adverse Effects</u>	Paxil	2004-10-03	England	++Panorama TV Investigates Paxil's Effects of Aggression, Suicide & Withdrawal Syndrome
<u>Homicidal Thoughts</u>	Zoloft	2004-12-19	U.S.A.	++Patient in Clinical Trials for Zoloft Had Thoughts of Killing Self & Others
<u>Insomnia, Sadness, Decreased Concentration</u>	SSRIs & SNRIs	2011-04-23	Global	++Patients on A/D's Continue To Have Symptoms of Depression: Study at Southwestern Med Center
<u>Side Effects Reports</u>	Meds For Depression	2010-04-20	Global	++Patients Report 20 Times More Side Effects Than Physicians Report: Journal of Clinical Psychiatry
<u>Hyponatremia</u>	SSRIs	2009-03-28	Global	++Patients Taking SSRIs More Likely to Have Hyponatremia & Fracture Limbs During Falls
<u>Mania</u>	Prozac	2010-05-17	Global	++Patients Who Feel Better Than Well on Prozac Are Soft Bipolars Who Might Become Manic
<u>Relapse of Depression</u>	Antidepressants	2011-07-20	Global	++Patients Who Took A/D's More Likely to Relapse Than Those Unmedicated Depressed Patients: Journal
<u>Crime Against Humanity</u>	Paxil	2010-05-21	Japan	++Paxil Is Being Tested on 7 Year Olds Despite FDA Black Box Warning for Suicidality
<u>Not Prescribe</u>	Zoloft	2008-11-03	Australia	++Pfizer, Zoloft's Manufacturer, Recommends Zoloft Not Be Prescribed To Those Under 24 in Australia
<u>False Information</u>	Antidepressant	2011-10-24	Global	++Pharmaceutical Co. Listed Emotional Liability For The Suicide Attempts During Clinical Trials
<u>Ineffectiveness</u>	SSRIs	2008-01-17	Global	++Pharmaceutical Companies Witheld Negative Results in Trials of SSRIs; You Tube
<u>Extreme Aggression, Hallucinations &amp; Increased Anxiety</u>	Zoloft	2011-01-11	Global	++Physician Discusses Zoloft Side-Effects
<u>Ineffective</u>	Prozac/SSRIs	2009-09-02	Global	++Placebo Response Getting Stronger: Prozac Now Not Much More Effective Than Placebo
<u>Chronic Treatment Resistant Depression</u>	SSRI & SNRI Antidepressants	2011-07-01	Global	++Possibility SSRIs Cause Chronic Treatment Resistant Depression
<u>Postpartum Depression</u>	Antidepressants	2010-04-02	Global	++Postpartum: Antidepressants Can Exacerbate Depression Symptoms: American Journal of Psychiatry
<u>Delayed Infant Development</u>	Antidepressants	2010-02-22	Global	++Pregnant Woman On Depression Meds: Developmental Delay in Infants: Pediatric Health: Denmark
<u>Hypertension &amp; Preeclampsia</u>	SSRIs	2009-03-02	Global	++Pregnant Woman Who Use SSRIs Have 4 X the Rate of Hypertension & 2 X the Rate of Preeclampsia
<u>Sleep Problems</u>	SSRIs	2009-02-16	Global	++Prepubescent Children Who Take Antidepressants Are Susceptible to Sleep Problems Throughout Life:
<u>Ineffective</u>	Pristiq Antidepressant	2008-10-16	Europe	++Pristiq Is Not Approved in Europe Due to Concerns About Effectiveness
<u>Behavior Destabilized</u>	Prozac	2011-03-16	Global	++Prozac At Higher Doses May Cause Destabilized Behavior: Molecular Brain Journal
<u>Ineffective For Autism</u>	Prozac	2009-02-24	Global	++Prozac Is Ineffective For Autism: Clinical Trials
<u>Uncontrolled Actions</u>	Antidepressants	1995-04-05	Global	++Psychopharmacologist at McLean: Antidepressants Involving Mania Can Cause Uncontrollable Actions
<u>Clinical</u>	Zoloft	2008-05-23	Global	++PTSD Alliance Group Is the Creation of a Public Relations Firm Working for Pfizer
<u>Ineffective</u>	Psychiatric Meds for PTSD	2011-05-09	Global	++PTSD Patients Just As Likely to Commit Suicide While on Meds As With No Treatment At All
				++Reduces Symptoms in the Short-Term But Worsens

<u>Worsening Depression</u>	Meds For Depression	2010-05-17	Global	Symptoms in the Long Term: Book: R. Whitaker
<u>Obesity</u>	Meds For Depression	2011-05-14	Global	++Research Shows Widespread Use of Antidepressants May Explain Why Obesity Rates Have Climbed
<u>Anxiety/Panic Attacks</u>	SSRIs	2000-05-14	Global	++Research: Serotonin Levels 8 Times Higher Than Normal in Unmedicated Anxious People
<u>Heat Stroke</u>	Antidepressants	2010-05-26	Global	++Risk of Death: Heat Wave: Greater For Those Over 70 On Antidepressants
<u>Suicides Among Military</u>	Antidepressants	2009-09-21	Global	++Senate Adopts Amendment to Study Suicides/Military: 40% of Military Were On Anti's During Suicide
<u>Serotonin Theory</u>	SSRI & SNRI Antidepressants	2011-07-22	Global	++Serotonin Imbalance In Depressed People Does Not Exist: Journal Articles
<u>Ecological Disaster</u>	Prozac	2010-07-06	Global	++Shrimp's Behavior Changed by Prozac in Ocean: Causing Ecological Disaster
<u>Increase in Social Security Disability</u>	SSRIs & All Antidepressants	2010-10-07	U.S.A.	++Six Hundred % Increase in SSD Since SSRIs Introduced: Causes Mania/Psychosis: R.Whitaker's Book
<u>Suicide</u>	SSRIs	2008-05-05	Iraq/U.S.A.	++Soldiers Have More Post War Suicides Than Combat Deaths in Iraq & Afghanistan
<u>Crime Against Humanity</u>	Chantix	2008-06-17	U.S.A.	++Soldiers with Post Traumatic Stress Disorder Recruited to Test Drug the FDA Says Causes Suicide
<u>Suicides</u>	Not Mentioned	2010-04-04	Iraq/Afghan/U.S.A.	++Soldiers: Suicides Among 20 to 24 Year Olds: 4 Times the Average: FDA Black Box For Suicidality
<u>Ineffective</u>	SSRIs & Atypical Antipsychotic As Add-On	2011-08-30	Global	++Soldiers: 89% of Soldiers with PTSD are Taking SSRIs: Add-On of Atypical A/P Ineffective
<u>Mania, Suicide &amp; Violence</u>	SSRIs & SNRIs	2010-02-25	Iraq/Afghan/U.S.A.	++Soldiers: Veteran's Govt. Meeting: More Soldiers Kill Themselves Than Killed in Combat
<u>Emotional Blunting</u>	SSRIs	2009-09-01	Global	++Some People Who Take Prozac Report Their Experience of Emotions is Blunted: BJP
<u>Homicides</u>	SSRIs	2007-11-20	Global	++SSRIs & Homicide: The New York Review of Books
<u>Lactation Difficulties</u>	Antidepressants	2010-01-26	Global	++SSRIs Are Linked to Lactation Delays After Giving Birth: Journal of Clinical Endocrinology
<u>Blunting of Emotional Love</u>	SSRIs	2011-08-05	Global	++SSRIs Can Blunt Emotional Love
<u>Divorce/Emotional Blunting</u>	SSRI Antidepressants	2010-09-23	Global	++SSRIs Can Cause Emotional Blunting & Divorce: Article by Physician
<u>Mania &amp; Depression</u>	SSRIs & All Antidepressants	2010-05-18	Global	++SSRIs Can Cause Rapid Cycling from Mania To Depression And Back in So-Called Bipolar Patients
<u>Suicide</u>	SSRIs*	2006-10-16	Global	++SSRIs Can Increase the Number of Serotonin Receptors Linked to Suicide
<u>Ovarian &amp; Breast Cancer</u>	SSRIs	2011-04-06	Global	++SSRIs Cause Increased Risk of Ovarian & Breast Cancer: Meta-analysis: Bloomberg Reporting
<u>Weight Gain</u>	SSRIs/Antidepressants	2009-02-18	Global	++SSRIs Cause Weight Lose At the Beginning of Use But Weigh Gain After Continuous use
<u>Personality Change</u>	SSRIs	2009-09-03	Global	++SSRIs Caused Less Empathy & Sympathy: Personality Change: Detachment from Others: BJP
<u>Birth Defects [Heart]</u>	SSRIs	2009-09-25	Global	++SSRIs During Early Pregnancy Double to Triple the Risk of Heart Defects Among Babies
<u>Ineffective</u>	SSRI Antidepressants	2010-01-05	Global	++SSRIs Ineffective For Mild to Moderate Depression: JAMA
<u>Ineffective</u>	SSRIs	2009-01-26	Global	++SSRIs Ineffective For Treatment of Borderline Personality Disorder: Meta-analyses
<u>Effectiveness Questioned</u>	SSRIs & SNRIs	2007-11-25	Global	++SSRIs Only Have a 10% Effective Rate Over Placebo and the 10% Is Suspect
<u>Mania</u>	St. Johns Wort	2009-02-18	Global	++St. Johns Wort Can Cause Mania In People With So Called Bipolar Disorder
<u>Ineffective</u>	SSRIs & All Antidepressants	2010-05-20	U.S.A.	++Star*D Outcome: Only 3% of Those Taking Antidepressants Had a Sustained Remission After 1 Year
<u>Adverse Reactions</u>	Prozac	1991-11-05	Colorado	++State Dept. of Health Reports Prozac Had More Adverse Reactions Reported Than Any Other Drug
<u>Crime Against Humanity</u>	Antidepressants	2007-09-17	U.S.A.	++Statistics on Suicides Among the Young Have Been "Manipulated": 1st Article
<u>Crime Against Humanity</u>	Antidepressants	2007-09-17	U.S.A.	++Statistics on Suicides Among the Young Have Been "Manipulated": 2nd article
<u>Crime Against Humanity</u>	Antidepressants	2007-09-17	U.S.A.	++Statistics on Suicides Among the Young Have Been "Manipulated": 3rd Article
<u>Crime Against Humanity</u>	Antidepressants	2007-09-17	U.S.A.	++Statistics on Suicides Among the Young Have Been



<a href="#">Suicide Rates Decline</a>	SSRIs	2007-12-04	U.S.A.	"Manipulated": 4th Article ++Statistics: As SSRI Use Declined Among Youth Between 2004 & 2005, Suicide Rates Declined: AJP
<a href="#">Worse Than Ineffective</a>	SSRIs/SNRIs/Antidepressants	2010-01-29	Global	++Studies Suggest Antidepressants May be Worse Than Ineffective: Newsweek Magazine
<a href="#">Diabetes</a>	Antidepressants	2008-03-13	Global	++Study Shows Increased Risk of Diabetes with Antidepressant Use
<a href="#">Ineffective</a>	Med For Depression	2010-02-18	Canada	++Study: Depression Meds Not Very Effective & Raise Cardiovascular Deaths If Taken with Beta-Blocker
<a href="#">Violence</a>	SSRIs	2001-05-11	Global	++Study: Excess of Serotonin in Brain Causes Violence
<a href="#">Emotional Blunting/Personality Changes</a>	SSRIs	2010-02-18	Global	++Study: SSRIs Cause Emotional Detachment/Personality Change/Reduction in Positive Emotion: BJP
<a href="#">Suicide Rates</a>	Medications for Depression	2011-08-21	U.S.A.	++Suicide Data From CDC for 2007: Increase in All Ages Except 24 & Under: Black Box Warning Working
<a href="#">Suicide Rate</a>	Antidepressants	2008-09-06	U.S.A.	++Suicide Rate Among Teens Declines as Antidepressant Use Among Teens Slows
<a href="#">Suicide Rates</a>	Antidepressants	2008-04-14	Denmark	++Suicide Rates Were Five to Six Times Higher Among those Taking SSRIs Than Those Who Were Not
<a href="#">Suicides</a>	Antidepressants	2009-01-12	Global	++Suicide Risk Higher for First 12 Weeks Following Antidepressant Start: J of Affective Disorders
<a href="#">Taking Two Antidepressants is Counterproductive</a>	Meds For Depression	2011-05-02	Global	++Taking Two A/D's Does Not Benefit Patients But Increases Side-Effects: Star*D Study
<a href="#">Treatment-Emergent Mania</a>	Antidepressants	2009-02-12	Global	++TEM Caused by SSRIs Can Lead to Damaging Behaviors, Arrest & Incarceration
<a href="#">Sexual Dysfunction</a>	SSRIs	2008-12-15	Global	++Thirty-Fifty % of Those on SSRIs Have Sexual Dysfunction: Some May Not Recover After Withdrawing
<a href="#">Shortening of Life Span</a>	Antidepressants & Antipsychotics	2009-10-01	Global	++Those on Antidepressants & Antipsychotics Have Shorter Life Span: Diabetes & CV: Endocrine Today
<a href="#">Shoplifting</a>	Med For Depression	2009-05-04	Global	++Three-Fourths of Kleptomaniacs Were on Depression Meds at Time of Thefts: U. Of Minnesota Study
<a href="#">Stock Market Crash</a>	Prozac	2003-05-28	U.S.A./Global	++Trader Becomes Hypomaniac on Medication
<a href="#">Stock Market Crash</a>	Antidepressants	2008-10-08	U.S.A./Global	++Traders on Antidepressants May Have Contributed to the Financial Crisis: Journalist Adam Hanft
<a href="#">Stock Market Crash</a>	SSRIs	2008-03-26	U.S.A./Global	++Traders on Wall Street Admit to Antidepressant Use
<a href="#">Ineffective</a>	Meds For Depression	2011-10-14	Global	++True Drug Effects Were Negligible for Patients With Mild, Moderate and Even Severe Depression
<a href="#">Adverse Reactions</a>	Meds For Depression	2009-09-01	Global	++Twenty-Three % on Depression Meds Say Med Did Not Agree With Them Mentally: Irish Medical Times
<a href="#">Increasing Bipolar Rate</a>	Conjectured	2011-03-07	U.S.A.	++U.S. Has the Highest Bipolar Rate of 11 Nation Study: U.S. Has the Highest A/D Use: Connection?
<a href="#">Stock Market Crash</a>	Med For Depression	2009-06-29	U.S.A.	++U.S.A. Being Medicated with Antidepressants Could Have Contributed to Stock Market Crash
<a href="#">Autism</a>	SSRI Antidepressants	2011-07-04	Global	++Up to 3.8 Times the Risk of Autism in Babies if Mothers Took SSRIs During Pregnancy: Study
<a href="#">Suicide Risk</a>	Antidepressants	2008-09-01	Europe	++Update From European & Irish Agencies on Suicide Risk in Young Adults
<a href="#">Violence/Sleep</a>	Antidepressants	2009-02-11	Global	++Violence In Sleep & Link to Antidepressants: Assn. Professional Sleep Societies
<a href="#">Violent Behavior</a>	Prozac	1990-05-15	Global	++Violent Behavior Added to Insert On Prozac Post-Introductory Reports
<a href="#">Violent Dreams</a>	Paxil & SSRIs & SNRIs	2007-08-15	Global	++Violent Dreams Mainly Caused by Antidepressants: J Clin Sleep Med
<a href="#">Side-Effects List</a>	Paxil, Effexor & Imipramine	2009-04-09	Global	++Warning on Side-Effects of Antidepressants: British Medical Journal Publishing
<a href="#">Seizures</a>	Wellbutrin	2008-08-19	Global	++Wellbutrin Alone Produced Seizures in Mice: Larger Effect When Alcohol Was Added
<a href="#">Withdrawal</a>	SSRIs/Antidepressants	2009-12-03	Global	++Withdrawal is Sometimes More Severe Than the Original Symptoms or Problem: Peoples Pharmacy
<a href="#">Road Rage</a>	Prozac	2008-03-15	New Zealand	++Woman Develops Road Rage On Prozac: New Zealand Journal of Psychology: March 2008
<a href="#">Pre-Term Delivery</a>	SSRIs	2009-10-06	Global	++Women Who Take SSRIs During Pregnancy Have Twice the Risk of Pre-Term Delivery: Study
<a href="#">Birth Defects</a>	Prozac & Paxil	2008-11-24	U.S.A.	++Women Who Took Prozac & Paxil During Pregnancy Had 3 to

<u>Maladaptive Behaviors</u>	SSRIs	2007-07-07	Global	Times As Many Babies With Birth Defects ++Young Mice Given SSRIs Have Maladaptive Behaviors in Adulthood
<u>Mania/Agitation</u>	Zoloft/SSRIs	2010-11-29	Global	++Zoloft & SSRI A/D's Can Induce Mania & Agitation: Dr. Charles Raison
<u>Ineffective</u>	Zoloft	2011-09-06	Global	++Zoloft Not Effective for Mild to Moderate Postpartum Depression: Medscape

- \*\* Indicates a school shooting or school incident.
- \* Indicates a legal case won using SSRI defense.
- ++ Indicates an important journal article.
- + Indicates a highly publicized case.
- num An age < 25 covered by FDA black box for suicide.

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David Healy [david.healy54@googlemail.com]

Sent: Tuesday, March 19, 2013 12:39 PM

To: HERBES Mike

Mike

You have permission - please keep me posted on how the debate develops

David

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