Federal Grant Application Request

Oregon Health Authority

State and Tribal Youth Suicide Prevention

Analyst: Kim To

Request: Approve the submission of a federal grant to the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), in the amount of up to \$440,000 per year for four years, to collaborate with local mental health programs to develop and implement statewide youth suicide prevention and early intervention strategies.

Recommendation: Approve the request.

Analysis: The Oregon Health Authority (OHA) Public Health Division is requesting approval from the Joint Committee on Ways and Means to apply for the Cooperative Agreements for State-Sponsored Youth Suicide Prevention and Early Intervention grant from the Department of Health and Human Services. The grant is expected to be up to \$440,000 per year for four years (up to \$1,760,000 in total). No state matching funds are required for the grant, nor is there a requirement for maintenance of effort.

This funding opportunity would be the third grant on a four year cycle. This grant cycle would allow OHA to build on the work accomplished with the previous two grants to strengthen local capacity to prevent youth suicide. Grant funded activities will include (1) providing grants to 19 local mental health programs to train youth-serving primary care and behavioral healthcare workforce in a suicide intervention model known as ASIST; (2) providing 6 grants per year to local mental health programs to collect data and implement training in assessing and managing suicide risk; (3) enhancing strategies to reach under-served youths who are at risk for suicide because of health disparities; (4) participating in coalitions, networks, alliances, and councils to promote training, public education, and the National Suicide Prevention Lifeline; and (5) collecting evaluation data to monitor the progress and impact of grant activities.

No new staff will be needed to implement the activities of the grant. Grant funding would support two existing positions, a state project director at 0.10 FTE, and a project coordinator at 0.20 FTE.

The grant application is due on June 13, 2013. If approved, the funding would begin September 30, 2013 and end September 29, 2017. If necessary, the additional expenditure limitation could be included in the OHA 2013-15 budget, or be added later in the biennium.

The Legislative Fiscal Office recommends approval of the request.

Motion: I move that the Joint Committee on Ways and Means approve the Oregon Health Authority's submission of a federal grant application to the Department of Health and Human Services to collaborate with local mental health programs to strengthen statewide youth suicide prevention and early intervention efforts.

John A. Kitzhaber, MD, Governor

Health Authority

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May 20, 2013

The Honorable Richard Devlin, Co-Chair The Honorable Peter Buckley, Co-Chair Joint Committee on Ways and Means 900 Court Street NE H-178 State Capitol Salem, OR 97301-4048

Re: Request to Apply Letter – Competitive Grant – Cooperative Agreements for State-Sponsored Youth Suicide Prevention and Early Intervention (OHA-PH-13-10)

Dear Co-Chairpersons:

Nature of the Request

The Oregon Health Authority Public Health Division requests permission to apply for the Cooperative Agreement for State-Sponsored Youth Suicide Prevention and Early Intervention grant for federal funds up to \$440,000 per year for four years, beginning September 30, 2013 and ending September 29, 2017, for a total of up to \$1,760,000.

The intent of the grant is to:

- 1) Increase the number of persons serving youth trained to identify and refer youth at risk for suicide,
- 2) Increase the number of health, mental health, and substance abuse providers trained to assess, manage and treat youth at risk for suicide,
- 3) Increase the number of youth identified at risk for suicide,
- 4) Increase the number of youth at risk for suicide referred for behavioral healthcare,
- 5) Increase the number of youth at risk for suicide who receive behavioral healthcare services, and
- 6) Increase the promotion of the National Suicide Prevention Lifeline.

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The funding is available through the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration. The request for proposals was received on May 15, 2013, and the application is due on June 13, 2013. This grant funding requires no state matching funds. There is no federal requirement for maintenance of effort.

Agency Action

Preventing suicide is a strategic priority at the Oregon Health Authority and the Office of Addictions and Mental Health Services. The division staff have worked collaboratively for six years with local nongovernmental organizations, hospitals, schools, the Oregon National Guard, family support networks, behavioral healthcare providers, and primary care providers implementing two three year Garrett Lee Smith Memorial Act Youth Suicide Prevention and Early Intervention Grants. In the last three years this program has strengthened local capacity in 19 counties to address youth suicide by: training 64 trainers in the Question, Persuade Respond model of intervention and these trainers trained almost 3,000 residents in their communities; 39 people became trainers in the Applied Suicide Intervention Skills model of intervention, these trainers in turn trained over 1,300 residents in their communities; 93 high schools implemented the comprehensive RESPONSE program; and nearly one million people were reached in public education campaigns.

This grant funding will provide \$440,000 per year that will be used to:

- 1) Train the youth serving primary care and behavioral healthcare workforce in suicide intervention skills model known as ASIST,
- 2) Train youth serving mental health clinicians using a model known as Assessing and Managing Suicide Risk to improve patient management,
- 3) Convene a cross divisional grant management team that includes consumers and service providers to monitor project implementation,
- 4) Develop and implement a health disparities impact to mitigate the impact of health disparities among minority and marginalized youth at highest risk for suicide because of health disparities,
- 5) Participate in coalitions, networks, alliances, and councils to promote training, public education, and the National Suicide Prevention Lifeline,
- 6) Collect evaluation data from local youth serving behavioral health agencies and use it to monitor project progress and impact; and

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7) Participate in the national cross site evaluation and annual meeting as required by the funding agency.

No new staff will be needed to implement the activities planned in the proposed grant opportunity. Funds will be used to:

- 1) Provide 19 grants to local mental health programs to train their workforce in the model suicide intervention skills training known as ASIST and collect data for the project;
- 2) Provide six grants per year to local mental health to implement the model training in assessing and managing suicide risk and collect data for the project;
- 3) Provide funds to support contracted evaluation services (required by the grant guidance);
- 4) Provide funds to support an existing project director (required by the grant guidance) on the state level at 0.10 FTE and an existing project coordinator at 0.20 FTE, and
- 5) Provide funds for state required standard cost allocation at 11.9% of direct funds.

The OHA mission is to help people and communities achieve optimum physical, mental and social well-being through partnerships, prevention and access to quality, affordable health care. The state youth suicide prevention program collaborates with healthcare providers, behavioral healthcare providers, researchers, prevention specialists, youth, schools, family members, and other youth serving organizations to reduce suicide in Oregon. This grant will enhance the state's ability to reduce youth suicide by providing resources to deliver training targeting the different disciplines engaged in caring for youth at risk for suicide.

Action Requested

The Oregon Health Authority Public Health Division requests permission to apply for a Cooperative Agreement for State-Sponsored Youth Suicide Prevention and Early Intervention from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.

Legislation Affected

None.

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For additional information, please call Jae Douglas at 971-673-0982.

Sincerely,

Kelly Ballas

Chief Financial Officer

Kelle Ballon

CC: Linda Ames, Legislative Fiscal Office Kate Nass, Department of Administrative Services Blake Johnson, Department of Administrative Services

Dustin Ball, Department of Administrative Services