## Federal Grant Application Request

# **Oregon Health Authority**

State Youth Treatment

#### Analyst: Kim To

**Request**: Approve the submission of a federal grant to the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT), in the amount of up to \$950,000 per year for four years, to collaborate with local community-based treatment providers to: (1) expand addiction treatment services for adolescents ages 12-18 and transitional aged youths ages 18-25 and their families; (2) grow the treatment workforce serving adolescents; (3) and enhance the infrastructure for addiction treatment serving adolescents by developing partnerships statewide.

### Recommendation: Approve the request.

**Analysis**: The Oregon Health Authority (OHA) is requesting approval from the Joint Committee on Ways and Means to apply for the State Youth Treatment grant from the Department of Health and Human Services. The grant is expected to be up to \$950,000 per year for four years. No state matching funds are required for the grant, nor is there a requirement for maintenance of effort.

This grant will allow OHA to implement the Adolescent Community Reinforcement Approach (A-CRA) starting with two program sites in Oregon – one in Multnomah County by partnering with Central City Concern of Portland, and the second in Douglas County by partnering with ADAPT of Roseburg. The Adolescent Community Reinforcement Approach is an evidence-based practice of behavioral intervention that focuses on positive "reinforcers" such as developing family, social, educational, and vocational incentives to support recovery from substance abuse and dependence. These project sites will use outreach strategies to engage communities experiencing health disparities. Lessons learned from these projects concerning the clinical and administrative conditions that promote the implementation of this model will be shared throughout the adolescent provider system statewide. In addition, the grant will allow OHA to grow the treatment workforce serving adolescents by developing a statewide training and certification plan, and to enhance the current infrastructure for addiction treatment serving adolescents by developing partnerships statewide.

If the grant is successful, OHA will need one Limited Duration Program Analyst 3 position to provide oversight and coordination for this program.

The grant application is due on May 22, 2013. If approved, the funding would begin October 2013 and end September 2017. If necessary, the additional expenditure limitation and position authority could be included in the OHA 201315 budget, or be added later in the biennium.

The Legislative Fiscal Office recommends approval of the request.

Motion: I move that the Joint Committee on Ways and Means approve the Oregon Health Authority's submission of a federal grant application to the Department of Health and Human Services to expand addiction treatment services for youths ages 12 through 25.



Office of the Director

John A. Kitzhaber, MD, Governor



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May 6, 2013

The Honorable Richard Devlin, Co-Chair The Honorable Peter Buckley, Co-Chair Joint Committee on Ways and Means 900 Court St, NE H-178 State Capitol Salem, OR 97301

Re: Request to Apply Letter – Cooperative Agreement –Substance Abuse and Mental Health Services Administration (SAMHSA), Adolescent and Transitional Aged Youth Treatment Enhancement and Dissemination (State Youth Treatment) (OHA-AMH-13-07)

Dear Co-Chairpersons:

# NATURE OF THE REQUEST

The Oregon Health Authority (OHA), Addictions and Mental Health Division (AMH), requests permission to apply for the Cooperative Agreements for State Adolescent and Transitional Aged Youth Treatment Enhancement and Dissemination (State Youth Treatment) federal grant funds from the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT). The department is requesting permission to apply for a \$3.8 million award (up to \$950,000 annually) beginning October 2013 and ending September 2017.

## **AGENCY ACTION**

The purpose of this grant is to improve treatment for adolescents (12-17), and transitional aged youth (18-24) and their families through the by collaborating with local community-based treatment providers and disseminating clinical information throughout the adolescent treatment system about youth-specific, evidence-based approaches to treat substance use disorders among this population. The department became aware of this opportunity on April 3, 2013, and the application is due on May 22, 2013. The grant requires no state matching funds.

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The Adolescent Community Reinforcement Approach, an evidenced based practice (EBP), will be implemented in at least two program sites in Oregon: Multnomah County through Central City Concern and Douglas County through ADAPT. The project will also help Oregon build skill capacity among the adolescent substance use disorder treatment providers. This practice is not well established among Oregon providers, but has been implemented in other parts of the country with positive results.

## Through this opportunity OHA will:

- Provide special training and technical assistance for the two providers mentioned above who serve adolescent and youth in transition to implement Adolescent Community Reinforcement Approach to fidelity. Lessons learned from these providers concerning the clinical and administrative conditions that promote implementing this model will be shared with the adolescent provider system statewide.
- Create and strengthen partnerships with state and local youth and family serving organizations to enhance the current infrastructure for treatment of adolescents and transitional aged youth and their families.
- Partner with entities providing workforce development and training for addictions and mental health professionals to create a state-wide, multi-year workforce training implementation plan that expands the quality of the workforce for serving adolescents and transitional age youth and their families.

This grant opportunity aligns with agency goals to improve the lifelong health of all Oregonians, increase the quality of care, and lower or contain costs of care. This project will measure client level outcomes of increased abstinence from alcohol and drugs; educational improvements, vocational training, and/or employment; social connectedness; and decreased juvenile justice involvement for adolescents and transition aged youth. These outcomes will be disseminated along with the information about the clinical model that will be implemented through this Adolescent and Transitional Aged Youth Treatment Enhancement and Dissemination project. One Limited Duration FTE Program Analyst 3 will be hired and funded with this grant to provide state oversight and coordinate with other OHA divisions and community partners.

A unique component associated with the model that will be used and promoted through this project is that it emphasizes the importance of engaging family members for the treatment of youth at the The Honorable Richard Devlin, Co-Chair The Honorable Peter Buckley, Co-Chair 05/06/2013 Page 3 of 3

program governance level for each of the participating providers. The project will also enhance the current service infrastructure for workforce development, training and certification. In addition, the project will focus on promoting outreach strategies to engage communities experiencing health disparities. The anticipated result of proceeding with this application will be an integrated and more efficient state-wide substance use and co-occurring treatment and recovery system for adolescents, transitional aged youth, and their families.

# **ACTION REQUESTED**

The Oregon Health Authority (OHA), Addictions and Mental Health Division requests authority to accept the Cooperative Agreement for the State Adolescent and Transitional Aged Youth Treatment Enhancement and Dissemination Grant funds from the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT) if the state's application is successful.

## **LEGISLATION AFFECTED**

None.

Sincerely,

Kelly Ballas Chief Financial Officer

CC: Linda Ames, Legislative Fiscal Office Sheila Baker, Legislative Fiscal Office

CC: Linda Ames, Legislative Fiscal Office Kate Nass, Department of Administrative Services Blake Johnson, Department of Administrative Services Dustin Ball, Department of Administrative Services