

April 22, 2013

To the **Esteemed Members of the Joint Education Ways and Means Committee, Ms. Holly Mercer**, Director of Oregon Health and Licensing Agency; **Dr. Bruce Goldberg**, Director Oregon Health Authority; **Dr. Melvin Kohn**, Director Oregon Department of Public Health and State Health Officer; **Oregon Governor John Kitzhaber**; **Representative Alissa Keny-Guyer**; the Joint Committee on Way and Means Subcommittee on Human Service: **Representative Nancy Nathanson**, **Senator Alan Bates**, **Senator Elizabeth Steiner Hayward**, **Senator Jackie Winters**, **Representative Tim Freeman**, and **Representative Joe Gallegos**; and the Oregon Senate Committee on Health Care and Human Services: **Senator Laurie Monnes Anderson**, **Senator Jeff Kruse**, **Senator Tim Knopp**, **Senator Chip Shields**, and **Senator Elizabeth Steiner Hayward**:

We acknowledge and deeply thank the Oregon Center for Health Statistics for releasing preliminary 2012 birth certificate data regarding planned place of birth and planned birth attendant. The intent of ORS 687.495, 2011, was to have data in hand during this 2013 Legislative session. The early results do reflect an alarmingly high incidence of full-term fetal/infant death within Oregon direct entry midwifery (DEM) birth management as compared to all other hospital providers (See Judith Rooks public HHCC Testimony Appendix A; See OMC website, "Legislative Update" at http://oregonmidwiferycouncil.org/wp/?page_id=12). Such a finding should not be ignored and should be remembered while crafting new legislation about Oregon home births.

We, as an interdisciplinary coalition, support mandatory licensure, and applaud movement in this direction. This bill must have critical changes for passage into law. We support these statutory language additions.

1. **Mandatory licensing without exemptions**. There should be no exclusion of licensing of any profession, whose members could cause bodily injury or loss of life as a result of inadequate training or refusal to practice safely due to a belief system or cultural preference. The term "licensed direct entry midwife" will be preserved and unchanged as well as "Board of Direct Entry Midwifery."
2. **No expansion of the Authority of Oregon State Board of Midwifery**. Current language of HB 2997 allows for the Oregon Board of Midwifery (BDEM) to assume all responsibility for investigations of complaints and rule making. These changes must be deleted, and authority remains under Oregon Health and Licensing Agency (OHLA).

RATIONALE:

Rulemaking

- a. It has been documented from 1993-2010 that the Board expanded their authority. We acknowledge they made minor changes recently after a year of meetings. These current rules are still distant to their regulations from 1993. (See Appendix B). Additional authority would allow further expansion of home birth scope of practice

Investigations

- a. Under the changes proposed by HB 2997, the Board would investigate complaints. This would remove anonymity and safety from the reporter. Board members would interview grieving families reporting a distressing loss.
 - b. Oregon mothers hurt by home birth expressed anguish about their testimony being belittled by DEM subject matter experts present during their OHLA interviews. These mothers had their losses minimized. Even with the current slow investigative process, at least reporting occurs with an outside, objective investigator not connected to the DEMs. The investigator's livelihood and collegial relationships are not threatened by their recommendations. Interviews, if conducted by the Board, will be a critical barrier to reporting. Even fewer families will submit themselves to an investigation that includes re-victimization.
3. **Exclusion of high-risk home birth**: Evidence is clear that high-risk inclusion, be it twins, prolonged rupture of membranes, post dates, and/or elevated maternal blood pressure, will result in higher rates of death and injury to Oregonians (Bastian et al., 1998; Kennare, Keirse, Tucker, & Chan, 2009; Mehl-Madrona & Madrona, 1997). Sound, tested, evidence-based standards exist internationally. The Dutch system, held as a standard by home birth supporters, has protocols that could be implemented in Oregon. They have a clear, evidence-based risk rating system. (See Appendix C). As an ideal case study, the Netherlands focused on safety and data transparency. With these missives, their multidisciplinary panel amended their birth protocols to become more conservative over time juxtaposed to Oregon where practice expanded (Amelink-Verburg, M. P. & Buitendijk, S. E., 2010).

Please act now. Mandatory licensing without exemptions. No expansion of the authority of the Oregon Board of Direct Midwifery. Evidenced-based home birth for low risk Oregon families.

Most respectfully,

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Appendix A: Judith Rooks, CNM, MPH, HHCC Public Testimony HB 2997

My name is Judith Rooks.

I'm a certified nurse-midwife, a past-president of the American College of Nurse-Midwives, and a CDC-trained epidemiologist who has published three major studies of out-of-hospital births in this country.

In 2011 the Oregon House Health Care Committee amended the direct-entry midwifery-"DEM"-law to require collection of information on planned place of birth and planned birth attendant on fetal-death and live-birth certificates starting in 2012. Oregon now has the most complete, accurate data of any US state on outcomes of births planned to occur in the mother's home or an out- of-hospital birth center.

This table summarizes that data (PTT slide):

On the 1st row, you can see that nine babies died during or soon after labor in homes or birth centers.

The total mortality rate for planned out of hospital births was 4.5 per thousand, as seen in the last column of that row.

I have included the number of neonatal deaths both with and without the death of one baby who died of congenital abnormalities. That death cannot be attributed to the care given by the OEM attendant.

The 2nd row shows data on deaths associated with planned OOH births with direct-entry midwives as the planned birth attendants.

The total mortality rate associated with those births - excluding the one involving congenital abnormalities - is 4.8 per 1000.

For comparison, data on births planned to occur in hospitals is provided in the bottom row of the table.

Note that the total mortality rate for births planned to be attended by direct-entry midwives is 6-8 times higher than the rate for births planned to be attended in hospitals. The data for hospitals does not exclude deaths caused by congenital abnormalities.

Many women have been told that OOH births are as safe or safer than births in hospitals. This is true in some places, including British Columbia. But out-of-hospital births are not as safe as births in hospitals in Oregon, where many of them are attended by birth attendants who have not completed an educational curriculum designed to provide all the knowledge, skills and judgment needed by midwives who practice in any setting.

Most women who have OOH births with direct-entry midwives are very happy, support them strongly, and many will contact their legislators to argue that DEMs do not need more education or regulation. Oregon needs more direct entry midwives. More and more women want to have out of hospital births, and they want direct entry midwives. Many are excellent, but the floor is too low. Some are not safe enough.

In 2012 six Oregon mothers lost their babies in births attended by DEMs. They may feel guilty about having chosen a home birth with a OEM and are unlikely to lobby their legislators. The more than a thousand women who had good outcomes and are happy are the ones who will call you. The legislature won't have another opportunity to make the law stronger on behalf of safety until 2015. Please keep the six women who lost their babies last year in mind as you legislate this year.

Appendix A (continued): Judith Rooks, CNM, MPH, HHCC Public Testimony HB 2997

Intrapartum (IP) Fetal and Neonatal (NN) Deaths Associated with Planned Out-of-Hospital (OOH) Births in Oregon (OR), 2012*

| Planned place of birth & birth attendant | Number births in Oregon in 2012 | Number term IP fetal deaths in 2012 | Number neonatal (NN) deaths in 2012 | Number term IP fetal+ NN deaths in 2012 | Term IP fetal + NN deaths/1000 births |
|---|---------------------------------|-------------------------------------|-------------------------------------|---|---------------------------------------|
| Planned out- of-hospital (OOH) births | 1,995 | 4 | 5 (4**) | 9 (8**) | 4.5/1000 (4.0 /1000**) |
| Planned OOH with DEM attendants | 1,235 | 3 | 4 (3**) | 7 (6**) | 5.6/1000 (4.8/1000**) |
| <u>The last row provides comparison with births planned to occur in hospitals.</u> | | | | | |
| Planned to occur in hospitals | 39,984 | *** | 25 | 25*** | NN = 0.6 /1000*** |

*Preliminary data

**Without congenital anomalies

***There are extremely few term IP fetal deaths in hospitals. Most fetuses in prolonged distress are delivered by cesarean section. Estimated rate of IP fetal deaths is 0.1- 0.3 from the authoritative medical literature, based on studies in Canada and Europe. Data on all term fetal deaths cannot be substituted for IP fetal deaths.

Appendix B: Changes to BDEM Absolute* Risk Criteria (not exhaustive)

| <u>Original 1993 Absolute* Criteria</u> | <u>2013 Criteria: Absolute* or Non-absolute†</u> |
|---|--|
| Hemoglobin under 10 | Hemoglobin under 9 |
| Labor or premature rupture of membranes before 36 weeks | Labor or premature rupture of membranes before 35 weeks |
| Multiple gestation | <i>Di-di and monochorionic/diamniotic twins moved to Non-absolute</i> |
| Malpresentation at labor | <i>Frank and complete breech moved to Non-absolute</i> |
| Rupture of membranes > 72 before onset of labor | Signs/symptoms of chorioamnionitis (signs of infection), <i>no time limit</i> |
| Person with HIV + ** | Person with HIV + status <i>with AIDs</i> |
| Current Substance abuse | Current Substance abuse <i>known to cause adverse effects</i> |
| No prenatal care or unavailable records | <i>Moved to Non-absolute</i> |
| Failure to progress in active labor with presence of strong contractions | <i>Removed completely not in Absolute or Non-absolute risk criteria</i> |
| Failure to descend within the expected time during active pushing, generally 2 hour for primip and 1 hour for multip | <i>Moved to Non-absolute risk criteria after 3 hrs for vertex or 1 hr for breech presentation</i> |
| Retained placenta with no bleeding greater than one hour (occult bleeding) | <i>Moved to Non-absolute risk criteria: Retained placenta with no unusual bleeding greater than two hours</i> |
| Infant respiration rate > 60 accompanied by any of the following lasting > one hr: nasal flaring, grunting, or retraction | Infant respiration rate > 100 w/in first two hrs postpartum, and > 80 thereafter lasting more than <i>one</i> hour without improvement |
| Infant gestational age under 36 weeks | Infant gestational age under 35 weeks |
| Consult for Non-absolute conditions with an Oregon licensed health care provider <i>with hospital privileges</i> . | Consult for Non-absolute conditions with an Oregon licensed health care provider (can consult with naturopaths or another LDMs w/o ability to transfer or admit to a hospital) |

*Absolute – cannot deliver in the home, † Non-absolute – caution exercised with home delivery, ** HIV+ status added after the original 1993 Absolute criteria but before change to AIDs in 2001

Non-absolute conditions that are reimbursed by the state of Oregon (not exhaustive): *Significant bleeding* in second or third trimester; *seizure disorder* requiring prescriptive medication; *low platelet* count of less than 75,000; *isoimmunization* to blood factors; *psychiatric disorders*; two cesarean sections without previous successful vaginal birth; three cesarean sections with a previous successful vaginal birth; *blood coagulation defect*; *APGAR < 7* at five minutes *without improvement*; *failure to void* within 24 hours or stool within 48 hours from birth; *excessive pallor*, ruddiness, or *jaundice at birth*; *birth injury* such as facial or brachial palsy, suspected *fracture or severe bruising*; *unresolved newborn hypoglycemia* with signs and symptoms unresolved in the out-of-hospital setting; *unresponsive weight decrease in excess of 10 percent* of birth weight *even with treatment*; *maternal-infant interaction problems*; *Direct Coomb's positive cord blood*; *infant born to HIV positive mother*; *estimated gestational age of < 35 weeks*; *maternal substance abuse* identified postpartum; and *infant cardiac irregularities without improvement*, heart rate less than 80 or greater than 160 (at rest), *or any other abnormal or questionable cardiac findings*.

Appendix C: 2009 Netherland's List of Obstetric Indicators

OBSTETRIC MANUAL

Final report of the Obstetric Working Group of the National Health Insurance Board of the Netherlands (abridged version)

The List of Obstetric Indications

What follows is the list of specific obstetric indications, including an explanation of the description of the obstetrical care provider and guidelines on how to deal with the consultative situation.

The obstetric indication list is divided into six main groups, within which reference is made to the various obstetric and medical disorders and diseases. Where necessary, an explanation is provided about the obstetric policy related to specific indications and upon what the referral policy is based. The right-hand column shows for each indication who is the most suitable care provider.

The main purpose of the indication list is to provide a guide for risk-selection. The primary obstetric care provider, midwife or GP is primarily responsible for this risk-selection. The Manuel is a consensus document showing the agreement reached by the professional groups on their decision-making structure.

Explanation of the codes used for the care providers

| Code | Description | Care provider |
|---|---|-------------------------|
| A Primary obstetric care | The responsibility for obstetric care in the situation described is with the primary obstetric care provider. | midwife/G.P. |
| B Consultation situation | This is a case of evaluation involving both primary and secondary care. Under the item concerned, the individual situation of the pregnant woman will be evaluated and agreements will be made about the responsibility for obstetric care (see Section 4.5). | depending on agreements |
| C Secondary obstetric care | This is a situation requiring obstetric care by an obstetrician at secondary level for as long as the disorder continues to exist. | obstetrician |
| D Transferred primary obstetric care | Obstetric responsibility remains with the primary care provider, but in this situation it is necessary that birth takes place in a hospital in order to avoid possible transport risk during birth. | midwife/G.P. |

List of specific obstetric indications

1. Pre-existing disorders – non-gynaecological

In cases of pre-existing disorders that are relevant to obstetrics, other care providers other than the midwife are regularly involved with care of the pregnant woman. In cases requiring consultation, it is necessary to involve the other care providers in the consultation.

For this reason, in disorders given code B in this section, attention should be given to collaboration with others outside the field of obstetrics. Attention should be paid to the counselling of women who are considering the possibility of becoming pregnant.

| | | |
|-----|--|------------|
| 1.1 | Epilepsy, without medication | A |
| 1.2 | Epilepsy, with medication Prenatal diagnostics are recommended in connection with the disorder and its medication. Optimal care requires consultation between all care providers concerned (midwife, G.P, obstetrician, neurologist). | B |
| 1.3 | Subarachnoid haemorrhage, aneurysms Care during puerperium can be at primary level. | C |
| 1.4 | Multiple sclerosis Depending upon the neurological condition, a complicated delivery and the possibility of urine retention should be taken into account. For optimal care, consultation between all care providers concerned is indicated. | B |
| 1.5 | Hernia nuclei pulposi This represents a C-situation in cases of a recently suffered HNP or where there are still neurogenic symptoms. It is an A-situation after treated hernia, especially if a previous pregnancy was normal. Both the medical history and the current clinical condition are relevant. | A/C |
| 1.6 | Lung function disorder The opinion of the lung specialist should be taken into account during evaluation. | B |
| 1.7 | Asthma Care during pregnancy, birth and puerperium can only take place at a primary level when the asthma involves lengthy symptom-free intervals, whether or not use is made of inhalation therapy. Consultation with the GP/specialist involved is recommended. | A/C |
| 1.8 | Tuberculosis, active Tuberculosis, non-active In cases of an active tuberculosis process and subsequent treatment, consultation should take place with the physician involved and the obstetrician regarding the clinical condition and care during pregnancy and birth. In cases of non-active tuberculosis, care during pregnancy and birth can take place at a primary level. | C A |

| | | |
|------|---|-----|
| 1.9 | HIV-infection As a result of the current possibilities of medical therapy for preventing vertical transmission, these patients should be cared for during pregnancy and birth in a hospital equipped for the treatment of HIV and AIDS. | C |
| 1.10 | Hepatitis B with positive serology (Hbs-AG+) Since 1988 it is important that a screening programme for this serology is carried out on pregnant women. | A |
| 1.11 | Hepatitis C Consultation with the obstetrician and follow-up by the pediatrician is recommended. | B |
| 1.12 | A heart condition with haemodynamic consequences Pregnancy and birth will have an effect on the pre-existing haemodynamic relationships. A cardiac evaluation is important. | C |
| 1.13 | Thrombo-embolic process Of importance are the underlying pathology and the presence of a positive family medical history. Pre-conceptual counselling is important. | B |
| 1.14 | Coagulation disorders | C |
| 1.15 | Renal function disorders When there is a disorder in renal function, with or without dialysis, referral to secondary care is recommended. | C |
| 1.16 | Hypertension Pre-existing hypertension, with or without medication therapy, will require referral to secondary care. Hypertension has been defined by the ISSHP as: A single event of diastolic blood pressure of 110 mm Hg or more (Korotkoff IV). Diastolic blood pressure of 90 mm Hg or more at two subsequent blood pressure measurements with an interval of at least 4 hours between the two measurements. A distinction should be drawn between a diastolic blood pressure under 95 mm and a pressure of 95 mm and higher. Extra attention should be paid to a pregnant woman with a diastolic pressure between 90 and 95 mm; from 95 mm, referral to secondary care should take place. | A/C |
| 1.17 | Diabetes mellitus | C |
| 1.18 | Hyperthyroidism | C |
| 1.19 | Hypothyroidism In cases of biochemical euthyroid, without antibodies and without medication, or stable on levothyroxine medication, care can take place at a primary level. Where levothyroxine medication | B |

| | | |
|------|--|---|
| | is given, specific tests are recommended due to the frequent increase in medication required during pregnancy. | |
| 1.20 | Anemia, due to a lack of iron Anemia is defined as Hb<6.0 mmol that has existed for some time. | B |
| 1.21 | Anemia, other This includes the haemoglobinopathies. | B |
| 1.22 | Inflammatory Bowel Disease This includes ulcerative colitis and Crohn's disease. | C |
| 1.23 | System diseases and rare diseases These include rare maternal disorders such as Addison's disease and Cushing's disease. Also included are systemic lupus erythematosus (SLE), anti-phospholipid syndrome (APS), scleroderma, rheumatoid arthritis, periarteritis nodosa, Marfan's syndrome, Raynaud's disease and other systemic and rare disorders. | C |
| 1.24 | Use of hard drugs (heroin, methadone, cocaine, XTC, etc.) Attention should be paid to actual use. A urine test can be useful even in cases of past use in the medical history. The involvement of the pediatrician is indicated during the follow-up postpartum. | C |
| 1.25 | Alcohol abuse The fetal alcohol syndrome is important. The involvement of the pediatrician is indicated during the follow-up postpartum. | C |
| 1.26 | Psychiatric disorders Care during pregnancy and birth will depend on the severity and extent of the psychiatric disorder. Consultation with the physician in charge is indicated. | B |

2. Pre-existing gynaecological disorders

| | | |
|-----|--|---|
| 2.1 | Pelvic floor reconstruction This refers to colpo-suspension following prolaps , fistula and previous rupture. Depending on the cause, the operation technique used and the results achieved, the obstetrician will determine policy regarding the birth. A primary caesarean section or an early primary episiotomy can be considered, to be repaired by the obstetrician. If the chosen policy requires no special measures and no specific operating skill, then care during birth can be at primary level. | C |
| 2.2 | Cervical amputation | C |

| | | |
|-----|--|-----|
| | Cervical cone biopsy | B |
| | Cryo- and laser-treatment The practical application of obstetric policy in this field can be worked out in local mutual agreements. If an uncomplicated pregnancy and birth have taken place following cone biopsy then a subsequent pregnancy and birth can take place at primary level. | A |
| 2.3 | Myomectomy (serous, mucous) Depending on the anatomical relationship, the possibility of a disturbance in the progress of the pregnancy or birth should be taken into account. | B |
| 2.4 | Abnormalities in cervix cytology (diagnostics, follow-up) There should be differentiation according to obstetric versus gynaecological policy. Gynaecological consultation can be indicated even without obstetric consequences. Participation in national cervical cancer screenings program is not provided pregnant women. The gynaecological follow-up is not an impediment to obstetric care at primary level. | B/A |
| 2.5 | DES-daughter (untreated and under supervision) There should be a differentiation according to obstetric versus gynaecological policy. Gynaecological care related to the problems surrounding DES may be necessary, while obstetric care can take place at primary level. | B |
| 2.6 | IUD in situ | B |
| | Status following removal of the IUD | A |
| 2.7 | Status following infertility treatment In practice, the wish of the patient to be cared for at secondary level plays a role here, even though the pregnancy and birth are otherwise normal. There is no question of an increased obstetric risk. | A |
| 2.8 | Pelvic deformities (trauma, symphysis rupture, rachitis) Consultation should take place at the start of the last trimester. It should be pointed out that care at secondary level has not been shown to have any added value in cases of pelvic instability and symphysis pubis dysfunction. | B |
| 2.9 | Female circumcision/Female genital mutilation Circumcision as such can require extra psychosocial care. Where there are serious anatomical deformities, consultation should take place in the third trimester. | A/B |

3. Obstetric medical history

| | | |
|-----|--|---|
| 3.1 | Active blood group incompatibility (Rh, Kell, Duffy, Kidd) | C |
|-----|--|---|

| | | |
|------|--|-----|
| | <p>ABO-incompatibility</p> <p>Pregnancy and birth can take place at primary care level in cases of ABO-antagonism, but one should be on the alert for neonatal problems. Consultation is indicated.</p> | B |
| 3.2 | <p>Pregnancy induced hypertension in the previous pregnancy</p> | A |
| | <p>Pre-eclampsia in the previous pregnancy</p> | B |
| | <p>HELLP-syndrome in the previous pregnancy</p> | C |
| 3.3 | <p>Habitual abortion (\square 3 times)</p> <p>If an abortion should occur again, the need to carry out pathological study of fetal material should be discussed. Genetic counselling prior to pregnancy is also advised.</p> | A |
| 3.4 | <p>Pre-term birth (<37 weeks) in a previous pregnancy</p> <p>If a normal pregnancy has taken place subsequent to the premature birth, then a further pregnancy can be conducted at primary care level.</p> | B |
| 3.5 | <p>Cervix insufficiency (and/or Shirodkar-procedure)</p> <p>Secondary level care during pregnancy is indicated up to 37 weeks; with a full term pregnancy, home birth is allowed. If a subsequent pregnancy was normal, then future pregnancies and deliveries can be conducted at primary care level.</p> | C/A |
| 3.6 | <p>Placental abruption</p> | C |
| 3.7 | <p>Forceps or vacuum extraction</p> <p>Evaluation of information from the obstetrical history is important. Documentation showing a case of an uncomplicated assisted birth will lead to the management of the present pregnancy and birth at primary care level. Consultation should take place when no documentation is available or when there are signs of a complicated assisted birth.</p> | A/B |
| 3.8 | <p>Caesarean section</p> | C |
| 3.9 | <p>Fetal growth retardation (Light for date)</p> <p>A birth weight of $P < 2.3$ or obvious neonatal hypoglycemia related to fetal growth retardation.</p> | C |
| 3.10 | <p>Asphyxia</p> <p>Defined as an APGAR score of < 7 at 5 minutes. It is important to know whether a pediatrician was consulted because of asphyxia at a previous birth.</p> | B |
| 3.11 | <p>Perinatal death</p> <p>Such an obstetrical history requires consultation. It is also important to know whether there was a normal pregnancy following the perinatal death. Pregnancy and birth can then be conducted at primary care level.</p> | B |

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| 3.12 | <p>Prior child with congenital and/or hereditary disorder</p> <p>It is important to know the nature of the disorder and what diagnostics were carried out at the time. If no disorders can currently be discerned, then further care can be at primary care level.</p> | B |
| 3.13 | <p>Postpartum haemorrhage as a result of episiotomy</p> | A |
| 3.14 | <p>Postpartum haemorrhage as a result of cervix rupture (clinically demonstrated)</p> <p>The assumption is that there is a chance of a recurrence; the pregnancy and birth can be conducted at primary care level. The decision can be taken to allow birth to take place in the hospital.</p> | D |
| 3.15 | <p>Postpartum haemorrhage, other causes (>1000 cc)</p> <p>In view of the chance of a recurrence, although the pregnancy and birth can be conducted at primary care level, the decision can be taken to allow birth to take place in the hospital.</p> | D |
| 3.16 | <p>Manual placenta removal in a previous pregnancy</p> <p>In view of the increased recurrence risk, the next following pregnancy and birth can be cared for at primary care level, with the birth taking place in hospital. When the birth following one in which the manual placenta removal has taken place has had a normal course, a subsequent pregnancy and birth can be cared for at primary level. When in the previous birth a placenta accreta is diagnosed, obstetrical care at secondary level is indicated.</p> | D |
| 3.17 | <p>4th degree perineal laceration (functional recovery/no functional recovery)</p> <p>If satisfactory functional recovery has been achieved following the 4th degree tear, then pregnancy and birth can be managed at primary care level. The possibility of performing a primary episiotomy during birth should be considered. If secondary repair surgery was necessary, then referral to secondary care is indicated (similarly to that which is stated for pelvic floor reconstruction). If no functional repair has been achieved following a 4th degree tear, then birth should be managed at secondary care level.</p> | A/C |
| 3.18 | <p>Symphysis pubis dysfunction</p> <p>There is no added value to managing pregnancy or birth at secondary care level in cases with a symphysis pubis dysfunction in the history or with pelvic instability.</p> | A |
| 3.19 | <p>Postpartum depression</p> <p>There is no added value to managing pregnancy or birth at secondary care level in cases with a p.p.d. in the history. Postpartum depression occurs at such a time postpartum that even the puerperium can be cared for at primary care level.</p> | A |
| 3.20 | <p>Postpartum psychosis</p> <p>It is necessary to distinguish whether there is a case of long-term medicine use. It is important to have a psychiatric evaluation of the severity of the psychosis and the risk of recurrence.</p> | A |
| 3.21 | <p>Grand multiparty</p> | A |

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| | Defined as parity >5. There is no added value to managing a pregnancy and birth at secondary care level. | |
| 3.22 | Post-term pregnancy Post-term pregnancy in the obstetrical history has no predictive value for the course of the current pregnancy and birth. | A |

4. Developed/discovered during pregnancy

In this section it is the case that supervision at secondary level care is necessary in situations given the code C, as long as the problem described still exists. If it no longer exists, then the patient can be referred back to primary level care.

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| 4.1 | Uncertain duration of pregnancy by amenorrhoea >20 weeks Consultation is required when the duration of pregnancy is uncertain after 20 weeks amenorrhoea. The primary care provider has access to sufficient additional diagnostic tools in the first 20 weeks. | B |
| 4.2 | Anemia (Hb<6.0 mmol/l) It is important that the nature and the severity of the anemia are analysed during consultation. | B |
| 4.3 | Recurrent urinary tract infections One can speak of recurrent urinary tract infection when an infection has occurred more than twice. Further analysis of the infection is required. The risk of renal function disorders and the risk of pre-term birth are important. The course of further diagnostics can take place within the local mutual agreements made between the three professional groups. | B |
| 4.4 | Pyelitis Hospital admission is required for the treatment of pyelitis, so that care will have to be at secondary level. After successful treatment of the pyelitis, further care during pregnancy and birth can be at primary level. | C |
| 4.5 | Toxoplasmosis, diagnostics and therapy Referral to secondary level is required both for diagnostics and for therapeutic policy. | C |
| 4.6 | Rubella An increased risk of fetal growth retardation, pre-term birth and visual and hearing disorders should be taken into account in a case of primary infection with rubella during pregnancy. | C |
| 4.7 | Cytomegalovirus An increased risk of perinatal death and subsequent morbidity should be taken into account. | C |
| 4.8 | Herpes genitalis (primary infection) | C |

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| | <p>Herpes genitalis (recurrent)</p> <p>During a primary infection there is a (slight) risk of transplacental fetal infection. In the first year after the primary infection, there is a higher frequency of recurrences and asymptomatic virus excretion. If a primary infection occurs shortly before or during birth, there is an increased risk of neonatal herpes. Due to the possibility of treatment with antiviral drugs, referral to secondary care is indicated for primary infections. For recurrences and where herpes genitalis is in the medical history, it is advisable to carry out a virus culture from the oropharynx of the neonate. If there are frequent recurrences (>1/month) or where there is a recurrence during birth, referral is indicated due to the increased risk of infection of the neonate. It is as yet not clear whether the presence of antibodies are sufficient protection for the child.</p> | A |
| 4.9 | <p>Parvo virus infection</p> <p>This infection can lead to fetal anemia and hydrops. Possibilities exist for treating these problems.</p> | C |
| 4.10 | <p>Varicella/Zoster virus infection</p> <p>This refers to a maternal infection. Primary infection with varicella/zoster virus (chicken pox) during the pregnancy might require treatment of the pregnant woman with VZV-immunoglobulin due to the risk of fetal varicella syndrome. If varicella occurs shortly before birth or early during the puerperium, there is a risk of neonatal infection. Treatment of the mother and child with an antiviral drug is sometimes indicated. If there is a case of manifest herpes zoster (shingles), then there is no risk of fetal varicella syndrome.</p> | B |
| 4.11 | <p>Hepatitis B (Hbs-Ag+)</p> | A |
| 4.12 | <p>Hepatitis C</p> <p>This is an indication for referral to secondary care for consultation. Attention must be given to follow-up by the pediatrician.</p> | B |
| 4.13 | <p>Tuberculosis</p> <p>This refers to an active tuberculous process.</p> | C |
| 4.14 | <p>HIV-infection</p> <p>In connection with the present possibilities of medical therapy for preventing vertical transmission, care for these patients during pregnancy and birth should take place in a hospital/center equipped to deal with HIV and AIDS.</p> | C |
| 4.15 | <p>Syphilis</p> <p>Positive serology and treated</p> | A |
| | <p>Positive serology and not yet treated</p> | B |
| | <p>Primary infection</p> <p>Attention should be paid to collaboration between the primary and secondary care providers involved during referral. It is important to ensure perfect information exchange between the</p> | C |

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| | midwife, the GP, the obstetrician and the venereologist. Structural agreements can be worked out in local collaboration. | |
| 4.16 | Hernia nuclei pulposi, (slipped disk) occurring during pregnancy Policy should be determined according to complaints and clinical symptoms. Where there are no complaints, (further) care can take place at primary level. | B |
| 4.17 | Laparotomy during pregnancy As soon as wound healing has occurred and if the nature of the operation involves no further obstetric risks, care for the pregnant woman can return to primary level. During hospitalisation the obstetrician will be involved in the care. If there are no further obstetric consequences then care for the pregnant woman can return to primary level. | C |
| 4.18 | Cervix cytology PAP III or higher What is important here is that further gynaecological policy (for the purpose of subsequent diagnostics) may be necessary, while the pregnancy and birth can be conducted at primary level. | B |
| 4.19 | Medicine use What is obviously important here is the effect of drugs on the pregnant woman and the unborn child. Attention should also be paid to the effect on lactation and the effects in the neonatal period. In cases of doubt, consultation should take place. Note: information is available from the NIAD (030-2971100) and from the teratology center of the RIVM (030-2742017). | A/B |
| 4.20 | Use of hard drugs (heroin, methadone, cocaine, XTC etc.) The severity of the addiction to hard drugs is important here and their effects during pregnancy and birth and in the puerperium, particularly for the neonate. | C |
| 4.21 | Alcohol abuse This involves the fetal alcohol syndrome. Obviously the long-term involvement of the pediatrician can be necessary during follow up. | C |
| 4.22 | Psychiatric disorders (neuroses/psychoses) The severity of the psychiatric problems and the opinion of the physician in charge of treatment are important. | A/C |
| 4.24 | Hyperemesis gravidarum Referral to secondary care is necessary for treatment of this condition. After recovery the pregnancy and birth can take place at primary care level. | C |
| 4.24 | Ectopic pregnancy | C |
| 4.25 | Antenatal diagnostics Attention should be given to the presence of a risk for congenital deformities. If no deformities | C |

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| | can be found, then further care can take place at primary level. In cases of an age-related indication, direct referral from primary care level to a genetic center can take place. | |
| 4.26 | (Suspected) fetal deformities | B |
| 4.27 | Pre-term rupture of membranes (<37 weeks amenorrhoea) | C |
| 4.28 | Diabetes Mellitus (incl. pregnancy diabetes) | C |
| 4.29 | <p>Pregnancy induced hypertension</p> <p>This refers to hypertension (according to the ISSHP definition, see 1.16) in the second half of pregnancy in a previously normotensive woman. Distinction is drawn between diastolic blood pressure up to 95 mm and blood pressure starting at 95 mm. At a diastolic pressure between 90 and 95 mm, a pregnant woman should receive extra care, from 95 mm upwards, she should be referred to secondary level care.</p> | A/C |
| 4.30 | <p>Pre-eclampsia, super-imposed pre-eclampsia, HELLP-syndrome</p> <p>Pre-eclampsia is a combination of pregnancy induced hypertension and proteinuria. The latter is defined by an albustix ++ in a urine sample or by a total protein excretion of 30 mg or more during a period of 24 hours. A super-imposed pre-eclampsia exists when there is 'de novo' proteinuria during a pregnancy in a patient with pre-existing hypertension.</p> <p>The HELLP-syndrome is characterised by the combination of haemolysis, liver function disorder and a decrease in the number of platelets.</p> | C |
| 4.31 | Blood group incompatibility | C |
| 4.32 | Thrombosis | C |
| 4.33 | Coagulation disorders | C |
| 4.34 | Recurring blood loss prior to 16 weeks | B |
| 4.35 | <p>Blood loss after 16 weeks</p> <p>After the blood loss has stopped, care can take place at primary care level if no incriminating causes were found.</p> | C |
| 4.36 | Placental abruption | C |
| 4.37 | <p>(Evaluation of) negative size-date discrepancy</p> <p>A negative size-date discrepancy exists if the growth of the uterus remains 2 to 4 weeks behind the normal size for the duration of the pregnancy.</p> | B |
| 4.38 | (Evaluation of) positive size-date discrepancy | B |
| 4.39 | <p>Post-term pregnancy</p> <p>This refers to amenorrhoea lasting longer than 294 days.</p> | C |

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| 4.40 | Threat of or actual pre-term birth As soon as there is no longer a threat of pre-term birth, care during the pregnancy and birth can be continued at primary care level. | B |
| 4.41 | Insufficient cervix Once the pregnancy has lasted 37 weeks, further care can take place at primary care level. | C |
| 4.42 | Symphysis pubis dysfunction (pelvic instability) This refers to complaints that started during the present pregnancy | A |
| 4.43 | Multiple pregnancy | C |
| 4.44 | Abnormal presentation at full term (including breech presentation) | C |
| 4.45 | Failure of head to engage at full term If at full term there is a suspected cephalo-pelvic disproportion, placenta praevia or comparable pathology, consultation is indicated. | B |
| 4.46 | No prior prenatal care (□ full term) Attention should be paid to the home situation. The lack of prenatal care can suggest psychosocial problems. This can lead to further consultation and a hospital delivery. | A |
| 4.47 | Baby up for adoption The prospective adoption often goes hand-in-hand with psychosocial problems. This can lead to further consultation and a hospital delivery. | A |
| 4.48 | Dead fetus If the mother prefers to give birth at home, the care she receives should be the same as if the birth were to take place in a hospital. Attention should be paid to postmortem examination study and evaluation according to protocol. | C |
| 4.49 | Obstetrically relevant fibroids (myoma) Depending on the anatomical proportions, the possibility of a disturbance in the progress of pregnancy or birth should be taken into account. | B |

5. Occurring during birth

For the C-category in this section, when one of the items mentioned below occurs, an attempt should still be made to achieve an optimal condition for further intrapartum care, whilst referral to secondary care level may be urgent, depending on the situation. When referring from the home situation, the risk of transporting the woman also needs to be included in the considerations.

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| 5.1 | Abnormal presentation of the child What counts here is abnormal presentation and not abnormal position. | B |
| 5.2 | Signs of fetal distress It is important that fetal distress can be expressed in various ways (fetal heart rate, meconium staining in the amniotic fluid). | C |
| 5.3 | Intrapartum fetal death Attention should be paid to post-mortem examinations | C |
| 5.4 | Pre-labour rupture of membranes Referral should take place the morning after the membranes have been broken for 24 hours. | C |
| 5.5 | Failure to progress in the first stage of labour If the contractions are good, both regarding strength and frequency, but there is no change in the cervix or progress in dilation after the latent phase for a duration of 4 hours, one can speak of a failure to progress in labour. Consultation is necessary to be able to determine further treatment based on an analysis of the possible cause. | B |
| 5.6 | Failure to progress in second stage of labour This exists where there is a lack of progress, after a maximum of one hour, in cases with full dilation, ruptured membranes, strong contractions and sufficient maternal effort. | C |
| 5.7 | Excessive bleeding during birth The degree of bleeding during birth cannot be objectively measured, but needs to be estimated. Excessive loss of blood can be a sign of a serious pathology. | C |
| 5.8 | Placental abruption | C |
| 5.9 | Umbilical cord prolaps | C |
| 5.10 | (Partial) retained placenta It is not always possible to be sure of the retention of part of the placenta. If there is reasonable cause to doubt, then referral to secondary care should take place | C |
| 5.11 | Fourth degree perineal laceration | C |
| 5.12 | Meconium stained amniotic fluid | C |
| 5.13 | Fever It is obviously important to find out the cause of the fever. In particular, the possibility of an intrauterine infection should be taken into account and the administration of antibiotics intrapartum | C |

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| | should be considered. | |
| 5.14 | <p>Analgesia</p> <p>It is important to be aware of the effects on dilatation and respiratory depression. The use of painkillers during birth is a subject that can be covered during local discussions with the aid of guidelines. One should attempt to achieve well-founded consensus.</p> | B |
| 5.15 | <p>Vulva haematoma</p> <p>Treatment policy is determined according to the complaints intrapartum and in the early puerperium.</p> | C |
| 5.16 | <p>Symphiolysis</p> <p>This refers to rupturing of the symphyseal rupture. It should be distinguished from pelvic instability. The added value of consultation in cases of pelvic instability has not been proven.</p> | B |
| 5.17 | <p>Birth with no prior prenatal care</p> <p>A lack of prenatal care can be a sign of psychosocial problems and in particular addiction. Intrapartum monitoring, serological screening and immunisation are of utmost importance.</p> | C |

6. Occurring during the puerperium

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| 6.1 | <p>Puerperal fever</p> <p>It is important to know the underlying cause. In cases of reasonable doubt, referral should be considered.</p> | A/C |
| 6.2 | (Threat of) eclampsia, (suspected) HELLP-syndrome | C |
| 6.3 | Thrombosis | C |
| 6.4 | <p>Psychosis</p> <p>It is important to involve (non-obstetrically) the GP and the psychiatrist in treating the psychiatric disorder.</p> | B |
| 6.5 | Postpartum haemorrhage | C |
| 6.6 | <p>Hospitalisation of child</p> <p>It is obviously important here to involve (non-obstetrically) the GP and the pediatrician. The bonding between mother and child are important in the period following birth.</p> | C |

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on 17 April 2009