Health Equity Overview



Oregon Senate Health Committee May 7, 2013





What is health?

The absence of disease or infirmity?

Or

A state of complete physical, mental and social well-being?

Health equity is attainment of the highest level of health for all people.

Achieving health equity requires valuing everyone equally with focused and ongoing societal efforts to address avoidable inequalities, historical and contemporary socially patterned injustices, and the elimination of health disparities.



The Department of Health and Human Services

What are health inequities?

Causes of Health Inequities

Barriers to health care access

- Health insurance
- Transportation
- Language, culture

Differences in quality of health care

- Different treatments
- Discrimination
- Doctor-patient communication

Social determinants of health

- Income, wealth, education, occupation
- Neighborhood conditions: proximity to grocery stores, liquor stores
- Environment : lead paint, air quality

Health inequities are systemic, avoidable, unfair and unjust difference in health status and mortality rates and in the distribution of disease and illness across population groups.

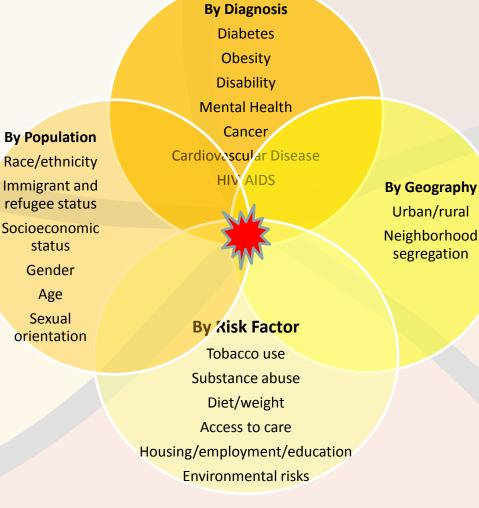
They are sustained over time and generations and beyond the control of individuals.

Social Determinants of Health Equity in Oregon



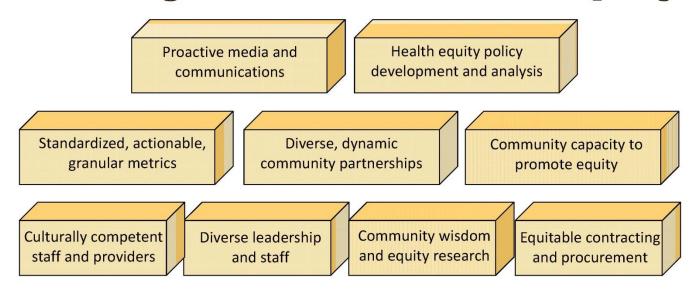


Overlapping Lenses for Viewing Health Disparities



Translating Research Evidence Into Practice to Reduce Health Disparities: A Social Determinants Approach. Koh, et al, AJPH, Sep 2010.

Building blocks for health equity



Policy foundation includes: Equal Employment Opportunity, Affirmative Action, Civil Rights Law, Americans with Disabilities Act, Culturally and Linguistically Appropriate Service (CLAS)

What are the causes of health inequity?

Causes of Health Inequities

Diagnoses

Differences in access to health care

Barriers to high quality health care

Social, economic, and environmental factors

Racism, discrimination, lack of political and economic power

Institute of Medicine Report, 2003

- A consistent body of research demonstrates significant variation in the rates of medical procedures by race, even when insurance status, income, age, and severity of conditions are comparable.
- U.S. racial and ethnic minorities are less likely to receive even routine medical procedures and experience a lower quality of health services.
- Minorities are less likely to be given appropriate cardiac medications or to undergo bypass surgery, and are less likely to receive kidney dialysis or transplants
- Minorities are more likely to receive certain less-desirable procedures, such as lower limb amputations for diabetes and other conditions.

UNEQUAL TREATMENT





Why is health equity a priority?

Why should we care about health inequities?

\$1.24 trillion (2003 – 2006)

Joint Center for Political and Economic Studies, September 2009

40% of Oregon Health Plan Enrollees are People of Color

DISTRIBUTION OF AGE, RACE/ETHNICITY AND GENDER AMONG CLIENTS ON THE OREGON HEALTH PLAN 1/15/2011 Totals

AGE by RAC	E/ETHNICIT	Y							AGE by G	ENDER		
		American	Asian,									
	Black or	Indian or	Native									
	African-	Alaska	Hawaiian		Hispanic	Other/				%		
AGE	American	Native	or Other	White	or Latino	Unknown ¹	TOTAL	% of OHP	Female	Female	Male	% Male
<1	785	293	726	12,778	7,130	2,934	24,646	4.0%	12,009	48.7%	12,637	51.3%
1-5	4,021	1,540	2,823	54,114	35,163	11,444	109,105	17.9%	53,135	48.7%	55,970	51.3%
6-12	5,043	2,342	3,504	63,605	38,175	9,873	122,542	20.1%	59,770	48.8%	62,772	51.2%
13-18	3,966	1,986	2,714	49,294	22,109	5,910	85,979	14.1%	42,612	49.6%	43,367	50.4%
19-21	994	416	552	13,255	3,447	1,725	20,389	3.3%	13,715	67.3%	6,674	32.7%
22-35	3,515	1,517	2,165	55,388	15,254	7,255	85,094	14.0%	59,352	69.7%	25,742	30.3%
36-50	2,849	1,354	2,192	51,155	8,222	3,220	68,992	11.3%	40,569	58.8%	28,423	41.2%
51-64	2,252	1,161	1,695	43,072	2,565	879	51,624	8.5%	29,491	57.1%	22,133	42.9%
65+	1,022	452	4,285	32,062	3,126	<u>671</u>	<u>41,618</u>	6.8%	28,204	67.8%	13,414	32.2%
TOTAL	24,447	11,061	20,656	374,723	135,191	43,911	609,989		338,857		271,132	
% of OHP	4.0%	1.8%	3.4%	61.4%	22.2%	7.2%			55.6%		44.4%	
GENDER by	RACE/ETHN	NICITY										
Female	13,297	6,214	11,705	210,775	72,328	24,538	338,857					
% Female	54.4%	56.2%	56.7%	56.2%	53.5%	55.9%	55.6%					
Male	11,150	4,847	8,951	163,948	62,863	19,373	271,132					
% Male	45.6%	43.8%	43.3%	43.8%	46.5%	44.1%	44.4%					

Includes all Medicaid recipients: OHP Plus, Standard benefits and recipients eligible under the classes: QB, QS, NP, CW, and BC. ¹This count contains a substantial number of clients of Hispanic ethnicity. The database no longer uniquely captures Hispanic ethnicity. #2131; Version 1

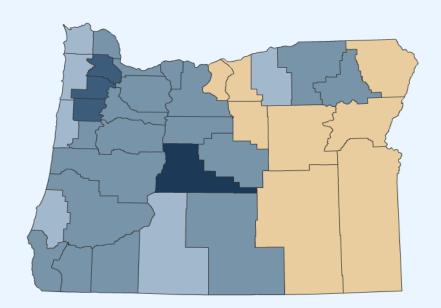
State of Oregon, Division of Medical Assistance Programs, 500 Summer Street NE, Salem, OR 97301-1016 Source: DMAP DSSURS data warehouse: DateLoad = 2/9/2011

2010 CENSUS RESULTS

Oregon STATE POPULATION: 3,831,074

POPULATION CHANGE BY COUNTY: 2000-2010

LOSS 0-5%	5-15%	15-25%	25% +
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STATE POPULATION BY RACE OREGON: 2010

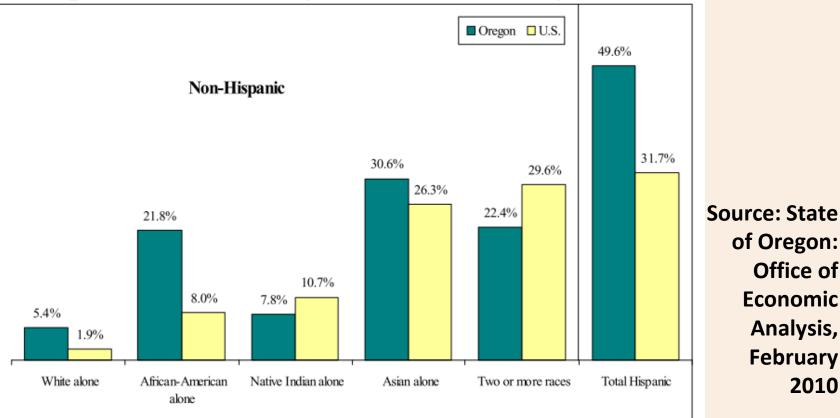
PE	RCENT OF POPULATION	CHANGE 2000-2010
ņ	White alone 83.	8.2% 🕇
	03.	070
Ť	Black or African American alone 1.8%	24.3% 🕇
Ť	American Indian and Alaska Native alone 1.4%	17.7% 🕇
Ť	Asian alone 3.7%	39.4% 🕇
Ť	Native Hawaiian and Other Pacific Islander alor 0.3%	ne 68.1% 🕇
Ť	Some Other Race alone 5.3%	41.3% 🕇
Ť	Two or More Races	38.2% 🕇

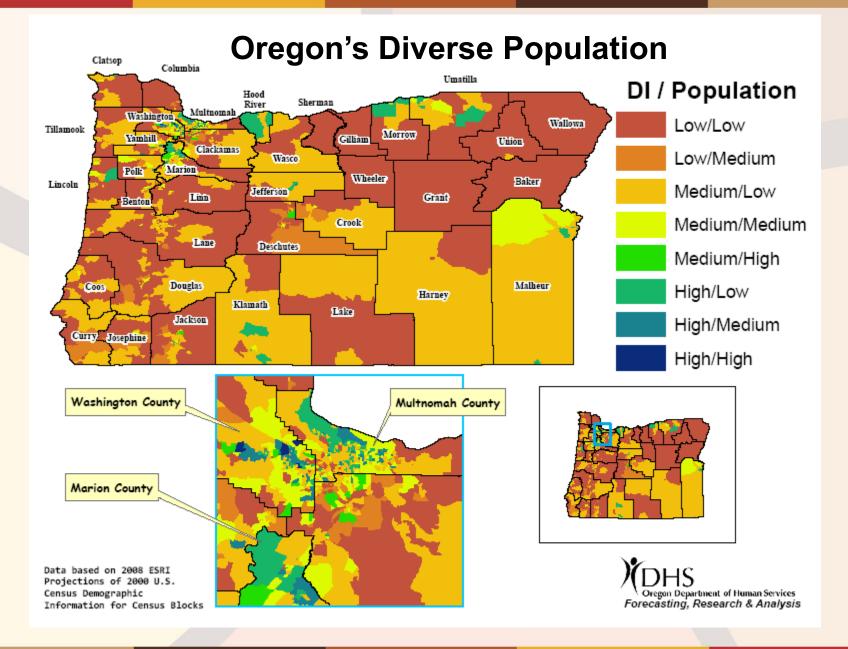
STATE POPULATION BY HISPANIC OR LATINO ORIGIN OREGON: 2010

PERCENT OF POPULATION	CHANGE 2000-2010
Hispanic or Latino	63.5% 🕇
Not Hispanic or Latino	7.5% 🕇
1	88.3%

Growth in Diversity in Oregon Outpaces National Trend

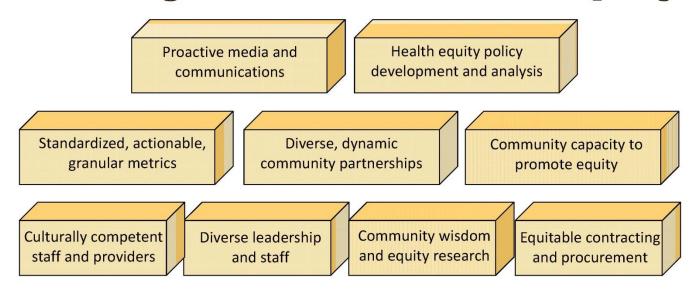
Population Growth by Race and Ethnicity, 2008





How can health systems promote health equity?

Building blocks for health equity



Policy foundation includes: Equal Employment Opportunity, Affirmative Action, Civil Rights Law, Americans with Disabilities Act, Culturally and Linguistically Appropriate Service (CLAS)

Social Determinants of Health and Equity

Social Determinants of Equity

 Social and political decision making power Social **Determinants** of Health •Healthy environment Equitable distribution of income/wealth Quality education Transportation Adequate access to healthy food and exercise Marketing of health products Healthy housing

Land use

Risk Behaviors •Nutrition •Physical activity •Tobacco use

Alcohol use

•Violence

Disease, Injury, Mortality

Infectious

disease

- Chronic disease
- Injury
- Infant mortality
- Life expectancy

Individual/Medical Model

Population-based Public Health Model

Adapted from: Prevention Institute. The Imperative of Reducing Health Disparities through Prevention: Challenges, Implications, and Opportunities, October, 2006.

Joint Commission

The Joint Commission views effective communication, cultural competence, and patient- and family-centered care as important components of safe, quality care.

> The Joint Commission, Advancing Effective Communication, Cultural Competence, and Patient- and Family-Centered Care: A Roadmap for Hospitals, 2010.

Assuring Healthcare Equity: A Healthcare Equity Blueprint

Quality improvement strategies in 5 categories:

- Create partnerships with the community, patients, and families
- Exercise governance and executive leadership for providing quality and equitable care
- Provide evidence-based care to all patients in a culturally and linguistically appropriate Manner
- Establish measures for equitable care
- Communicate in the patient's language understand and be responsive to cultural needs/expectations

National Public Health and Hospital Institute and National Association of Public Hospitals and Health Systems in collaboration with the Institute for Health Care Improvement, 2008.

NCQA Distinction in Multicultural Health Care

- Race Ethnicity and Language Data Collection
- Access and Availability of Language Services
- Practitioner Network Cultural Responsiveness
- Culturally and Linguistically Appropriate Services Program
- Reducing Health Care Disparities

National Committee for Quality Assurance, 2008.