



## **Newborn Heart Screenings: Fact Sheet (HB 2693)**

The American Heart Association, March of Dimes and Mended Little Hearts are proud to support HB 2693, which would require all newborns in Oregon be screened for critical congenital heart disease (CCHD).

### **This bill will save lives**

- An estimated 300-350 babies are born in Oregon each year with a congenital heart disease. Of these, roughly 80 are critical.<sup>i</sup>
- “Critical” in CCHD means that the heart defect causes severe, life threatening symptoms and requires intervention within the first hours, days or months of life.
- Pulse oximetry screening will identify babies with CCHD earlier in their lives so they can get the treatment they need as soon as possible.
- CCHD is the most common cause of death in the first year of life.<sup>ii</sup>



### **CCHD screening is cost effective**

- Recent cost estimates for pulse oximetry screening range from less than \$5 to \$10 per infant, depending on the protocol.<sup>iii</sup>
- Many hospitals in Oregon are already implementing this screening because they recognize the life-saving and cost-effective benefits.
- The follow up care and echocardiograms that are needed for these babies will be needed whether this screening is done or not, but the life and medical costs will be higher if the babies are not identified early.
- Medical costs for one family for their ERs visit and NICU stay to get their baby stable enough for surgery can easily total more than \$250,000, the vast majority of which could be avoided had the baby been diagnosed in the hospital.

### **For more information contact:**

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<sup>i</sup> Oregon Public Health Division, Oregon Health Authority: Screening for Critical Congenital Heart Disease. January 2, 2013. Vol 62, No. 1.

<sup>ii</sup> Knapp, AA, Metterville, DR, Kemper, AR, Prosser, L, Perrin, JM. Evidence review: Critical congenital cyanotic heart disease, Final Draft, September 3, 2010. Prepared for the Maternal and Child Health Bureau, Health Resources and Services Administration. See: [www.hrsa.gov/advisorycommittees/mchbadvisory/heritabledisorders/nominatecondition/reviews/cyanoticheart.pdf](http://www.hrsa.gov/advisorycommittees/mchbadvisory/heritabledisorders/nominatecondition/reviews/cyanoticheart.pdf).

<sup>iii</sup> Ibid.

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February 8, 2013

Testimony  
House Health Care Committee  
**Support for House Bill 2693**

Submitted By: Joanne Rogovoy, State Director of Program Services

This year March of Dimes is celebrating our 75<sup>th</sup> Anniversary. The Mission of March of Dimes is to improve the health of newborns by preventing birth defects, preterm birth and infant mortality. 2013 is also the 50<sup>th</sup> anniversary of newborn screening. One of our organizations proudest accomplishments is our contribution to newborn screening through research, education and advocacy. March of Dimes grantees developed the first screening tests for phenylketonuria (PKU), biotinidase deficiency, and congenital adrenal hyperplasia and contributed to the development of screening for hypothyroidism. In the 1960's Oregon was a pioneer in leading the nation in newborn screening.

As part of our mission, we support screening for congenital conditions and disorders for which there is a:

- 1) Documented medical benefit to the affected infant from early detection and treatment
- 2) There is a reliable screening test for the disorder
- 3) Early detection can be made from a specific means

**As such, the March of Dimes supports the addition of Critical Congenital Heart Disease (CCHD) to Oregon's newborn screening panel and supports HB 2693 which would allow for screening of newborns for CCHD via pulse oximetry.**

#### **Why Screen for Critical Congenital Heart Disease (CCHD):**

Congenital heart disease (CHD) is a problem with the heart's structure and/or function which is present at birth. Critical congenital heart disease (CCHD) is a subset of CHD and is the most severe forms of CHD. The heart disease causes severe, life threatening symptoms and requires intervention (e.g., medical treatment or surgery) within the first few hours, days or months of life. Of the congenital heart disease that is labeled CCHD seven of these conditions can usually be detected by pulse oximetry screening in the newborn period.

- Babies with CCHD are at significant risk for death or disability if their condition is not diagnosed soon after birth
- In the United States, about 40,000 infants are born with CHD and 4,800 babies are born each year with CCHD according to the CDC
- In the United States, an estimated 280 infants are discharged from nurseries with undetected CCHD

#### **How to Screen for Critical Congenital Heart Disease (CCHD):**

CCHD can be identified using a non-invasive and painless method called pulse oximetry in the newborn period before the baby is discharged from the hospital or birthing center. Pulse oximetry is a bedside test that determines the percent of oxygen saturation in a baby's blood through a sensor that is usually attached to the baby's hand and foot. If low levels of oxygen

saturation in the blood are detected, then further testing can be performed to diagnose any abnormalities in the heart structure or blood flow through the heart. Studies have shown screening for CCHD by pulse oximetry for babies in the newborn period to have a low false positive rate 0.17% - 0.14% (BMJ Granelli, 2008) (Lancet, Thangaratinam 2012).

The Secretary's Advisory Committee on Heritable Disorders in Newborns and Children (SACHDNC) is charged with advising the Secretary of the US Department of Health & Human Services in areas relevant to heritable conditions in children, particularly newborn screening. In September 2010 SACHDNC voted to recommend adding Critical Congenital Heart Disease to the Recommended Uniform Screening Panel and the Secretary adopted the addition of CCHD to the panel in September 2011. It is now up to states to adopt the recommendation to their state screening panel.

Eight states screen or have enacted legislation to screen for CCHD: CT, IN, NH, NJ, MD, TN, WV, CA and at least 9 states have legislation pending that would add CCHD to their newborn screening panel. **March of Dimes urges Oregon to do the same.** All types of CCHD have medical and surgical interventions that can improve outcomes. Early detection via newborn screening will allow affected infants to receive such life-saving interventions promptly.

Please feel free to contact me for more information, questions or concerns,  
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## **FAQ: Newborn Screening for Critical Congenital Heart Disease (CCHD)**

The Secretary's Advisory Committee on Heritable Disorders in Newborns and Children (SACHDNC) is charged with advising the Secretary of the U.S. Department of Health and Human Services (DHHS) in areas relevant to heritable conditions in children, particularly newborn screening. In September 2010, SACHDNC voted to recommend adding critical congenital heart disease (CCHD) to the Recommended Uniform Screening Panel, and the Secretary adopted the addition of CCHD to the panel in September 2011.

### Q. What is critical congenital heart disease (CCHD)?

Critical congenital heart disease (CCHD) is a subgroup of all of the congenital heart diseases evident at birth. Congenital heart disease is a problem with the heart's structure and/or function which is present at birth. "Critical" means that the heart defect causes severe, life threatening symptoms and requires intervention (e.g., medical treatment or surgery) within the first few hours, days or months of life. These conditions are sometimes difficult to detect by physical exam and observation in the first few days of life, but there is significant enough hypoxemia (low blood oxygen) to allow detection by a simple non-invasive test called pulse oximetry, in the newborn nursery.

The specific heart diseases that are included in the group called **CCHD** include:<sup>1</sup>

- **Hypoplastic left heart syndrome**
- **Pulmonary atresia, intact septum**
- **Tetralogy of Fallot**
- **Total anomalous pulmonary venous return**
- **Transposition of the great arteries [vessels]**
- **Tricuspid atresia**
- **Truncus arteriosus**

Explanatory note: Every fetus receives its oxygen supply from the mother's blood through the umbilical cord attached to the placenta rather than from its lungs. During fetal life, a blood vessel called the ductus arteriosus directs blood to flow away from the fetal lungs to the body. Once the baby is born and the umbilical cord is cut, the lungs expand, the ductus arteriosus closes and the blood normally flows into the now functioning lungs to be oxygenated before being sent to the heart and then on to the rest of the body. However, when there are structural abnormalities such as the disorders designated as CCHD, the closure of the ductus arteriosus causes progressive problems with oxygenation that can result in very serious symptoms and even death for the neonate. The low oxygen level in the baby can be detected by measuring oxygen levels in the skin using a simple test called pulse oximetry. Pulse oximetry is used in every hospital to monitor oxygen levels of patients in operating rooms, intensive care units, and emergency departments. Routine pulse oximetry screening in nurseries is currently being performed in some hospitals<sup>2</sup> and regional programs in the U.S. and Europe, and has been shown to successfully identify asymptomatic neonates with CCHD.<sup>3</sup>



Q. How common is CCHD?

Congenital heart disease (CHD) is the most common cause of infant mortality (death in the first year of life), accounting for 24% of infant deaths due to birth defects.<sup>4</sup> CHD affects about 7 to 9 of every 1,000 live births in the U.S. and Europe, or approximately 40,000 babies born each year in the U.S. The seven CCHDs listed above account for approximately 17-31% of all congenital heart disease.<sup>1</sup> The prevalence of CCHD varies according to different studies, but it is estimated that about 4,800 (or 11.6 per 10,000) babies are born each year with CCHD.<sup>4</sup>

Q. How will newborns be screened for CCHD?

CCHD can be identified using a non-invasive and painless method called pulse oximetry in the newborn period before the baby is discharged from the hospital/birthing center. Pulse oximetry measures the percent oxygen saturation of hemoglobin in the arterial blood through a sensor that is usually attached to the baby's finger or foot. If low levels are detected and confirmed on repeat testing, then further testing [e.g., an echocardiogram (ultrasound of the heart)] can be performed to diagnose any abnormalities in heart structure or blood flow through the heart.

Pulse oximetry is a completely separate test from newborn screening that uses blood spots. It is a non-metabolic, functional, point of care test similar to newborn hearing screening that is done in addition to blood spot screening.

Q. What is the treatment for CCHD?

All types of CCHD have medical and surgical interventions that can improve outcomes.<sup>1</sup> There are varying short- and long-term morbidities and success rates among the different approaches to treatment. In the seven CCHDs, the five-year survival rates after intervention ranges from 65% to 97% with five of the seven conditions having five-year survival rates above 85%.

Q. What are some challenges for states in adding CCHD to their standard newborn screening panel?

CCHD screening with pulse oximetry is different from metabolic newborn screening using blood spots. It will require adoption of standardized screening methods related to best timing for screening, probe placement, optimal threshold value of a positive test, and quality control measures. In addition, each state will have to determine how best to implement this screening program, track data, educate families about this new test, and ensure the availability of proper and timely follow-up.

Q. Why does March of Dimes support the inclusion of CCHD in the mandatory core panel for newborn screening?

Evidence from CCHD research reviewed by the SACHDNC<sup>1</sup> meets the March of Dimes criteria as outlined in our Newborn Screening Field Advisory to support its inclusion in the mandatory core panel for newborn screening. The three criteria are: 1) There is documented medical benefit to the affected infant from early detection and treatment; 2) There is a reliable screening test for the disorder; and 3) Early detection can be made from newborn blood spots, or other specific means.



## REFERENCES

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- <sup>1</sup> SACHDNC. Evidence Review: Critical Cyanotic Congenital Heart Disease. Available at: <http://www.hrsa.gov/advisorycommittees/mchbadvisory/heritabledisorders/nominatecondition/index.html>
- <sup>2</sup> Chang RK, Rodriguez S, Klitzner TS. Screening newborns for congenital heart disease with pulse oximetry: survey of pediatric cardiologists. *Pediatr Cardiol.* 2009;30(1):20-5.
- <sup>3</sup> Ewer AK, Middleton LJ, Furnston AT, Bhojar A, Daniels JP, Thangaratinam S, Deeks JJ, Khan KS; on behalf of the PulseOx Study Group. Pulse oximetry screening for congenital heart defects in newborn infants (PulseOx): a test accuracy study. *Lancet.* 2011 Aug 4. [Epub ahead of print]
- <sup>4</sup> Centers for Disease Control and Prevention. Pulse Oximetry Screening for Critical Congenital Heart Defects. Available at: <http://www.cdc.gov/ncbddd/pediatricgenetics/CCHDscreening.html>

September 2011