State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health

Centers for Disease Control and Prevention
Funding Opportunity Announcement <u>DP13-1305</u>

Dr. Mel Kohn, M.D., M.P.H. State Public Health Director Tuesday, April 9, 2013



PUBLIC HEALTH DIVISION

Builds from Existing Capacity



- Continues existing grants for heart disease and stroke, diabetes and school health
- Expands efforts around physical activity, nutrition and obesity
- Long-term outcomes
 - Improved prevention and control
 - Hypertension
 - Diabetes
 - Overweight and obesity



Outcomes & Reporting Requirements

- Complements healthcare and education transformation
 - Triple Aim
 - 1. Improving the health of populations
 - 2. Reducing the per capita cost of health care
 - 3. Improving the patient experience of care
- Annual Performance Report to CDC
 - Progress on work plan objectives, activities and performance measures
 - Performance measures, evaluation results, successes, challenges
 - Budget and work plans for next grant year



This grant supports healthy communities throughout Oregon by

- Collecting, analyzing and evaluating data
- Providing trainings and technical assistance to Coordinated Care Organizations, local public health departments, communities, and partners
- Educating people about the importance of healthy eating, physical activity and taking care of chronic conditions



Community Example: Deschutes County

- Efforts to support county employees and community members in eating better, moving more and living tobacco free
 - Healthy Vending
 - Farm to Worksite Program
 - Tobacco Free County Campuses
- Partnership with St. Charles Health System
 - Living Well (chronic disease self management program)
 - Covered benefit for employees
 - Increasing Colorectal Cancer Screening
 - Promoting early detection of chronic disease



Community Example: Jackson and Josephine Counties

- Wellness@Work Consortium
 - Public/Private partnerships, including CCOs, to strengthen worksite supports and health engagement
 - Baseline survey of businesses
 - Chambers of Commerce and OHSU
 - Viewings of national Wellness@Work webinars
- "Walking the Talk"
 - Josephine County
 - HHS recently adopted tobacco-free campus policy
 - Jackson County
 - Tobacco-free campus policy
 - Healthy meetings policy



Community Example: Douglas County

- Successful Community Coalition
 - Living Well (classes for people with chronic disease)
 - Program delivered through local health system and senior meals program
 - Collaborating with Oregon Food Bank
 - Assess availability of healthy food for people with limited resources
 - Promotion of screening for colorectal and breast cancer
 - One partner promotes screening at a popular hardware store







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