

Centers for Disease Control and Prevention Funding Opportunity Announcement DP13-1305

State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health

Funding eligibility for Oregon

Basic: \$516,775

Enhanced: \$1,000,000 to \$1,450,000

The long-term outcomes of this program are:

1. Improved prevention and control of hypertension.
2. Improved prevention and control of diabetes.
3. Improved prevention and control of overweight and obesity.

Across the state, Oregonians are re-shaping the places they live, learn, work, and play to put healthy options within reach for everyone. The Oregon Public Health Division funds counties and tribes to support these efforts through Healthy Communities grants. Following are some Healthy Communities activities taking place right now around the state to help Oregonians live healthier lives and do the things they love.

Deschutes County is working on a variety of efforts to support county employees and community members in eating better, moving more and living tobacco-free so they can live healthier lives. County worksite initiatives include replacing vending machines to provide healthier options for employees and visitors, coordinating an innovative Farm to Work program that makes fresh produce available at county worksites, and implementing a new policy designating all county campuses as tobacco-free. In addition, Deschutes County is actively promoting options to help people with chronic conditions take care of themselves and live better through self-management of disease. St. Charles Health System has recently agreed to include one of those programs – Living Well with Chronic Conditions – as a covered benefit for their employees. The Healthy Communities program is also promoting early detection of chronic disease with a specific focus on increasing colorectal cancer screening rates through a partnership with St Charles Health System.

Jackson and Josephine Counties have joined together to strengthen communities in their region with the help of the Healthy Communities grant. These communities have built a coalition of private businesses, non-profit organizations, and health systems including Coordinated Care Organizations and government entities, to strengthen worksite supports and employee engagement in health. A baseline survey of businesses was conducted with the help of local Chambers of Commerce. The results were analyzed by Oregon Health & Science University nursing student interns then provided to the business communities. County consortium members hosted viewings and discussions of national Wellness@Work webinars. This opportunity for information and practical tools was publicized through local newspapers and business community newsletters. Both counties are setting an example of wellness at work through their own sites. Josephine County Health and Human Services just adopted a tobacco-free campus policy while Jackson County is building on their Health and Human Services

tobacco-free campus policy, adopting a healthy meetings policy, and exploring additional ways to improve the nutrition and physical activity of their employees.

In **Douglas County**, the Healthy Communities program regularly meets with community members to discuss the best ways to ensure they have the information and techniques needed to take care of their chronic diseases at home. This coalition of community members and Douglas County Healthy Communities (DCHC) staff found a health system and a senior meals program willing to host classes for people with chronic diseases. The classes, called Living Well, were developed at Stanford and were tested and found to work well for people with a wide range of chronic diseases ranging from diabetes to asthma. DCHC is also working with the local branch of the Oregon Food Bank to find out whether healthy food is available for people in the community with limited resources. In addition, DCHC staff work with businesses and other partners to promote screening for colorectal and breast cancer. One such partner promotes screening at a popular local hardware store.

Reporting requirements:

This grant requires an annual performance report on progress on work plan objectives, activities and performance measures. The annual report must include performance measures, evaluation results, successes, challenges, and an updated budget and work plan for the next grant year.