

RE: HB 3135

April 06, 2013

Dear Legislators in Oregon, **[Please read]**

Mr. Dwon Guvenir is sponsoring HB 3135 directing all those applying for a teaching credential in Oregon to show evidence of CPR/defibrillator training. I am a retired teacher who is still alive because one of my students in 2005 knew CPR and came to my aid at a moment's notice. Another of my students ran to get a defibrillator. Both CPR and the defibrillator were required to bring me back to life since I had experienced CARDIAC ARREST in my classroom December 8, 2005 at Jesuit High School in Portland, Oregon. Several people who came to my rescue knew CPR. Without the CPR, I likely would have suffered brain damage; without the defibrillator, my heart would have failed.

Students at Jesuit High School are now introduced to CPR and the defibrillator in their sophomore health classes. Teachers are offered an in-service at the beginning of every year, but not every teacher is certified. Since my ordeal, I have taken two classes regarding CPR, one just recently. The school where I taught had defibrillators available at the time of my incidence. So many public schools did not. Those who did often had them locked up in athletic offices. The defibrillator is available in more schools now than they were in 2005. That is a good thing. Both the defibrillator and CPR are necessary in nearly all instances to bring a person back from cardiac arrest which is different than heart attack. The final requirement is that survival is more likely to occur if someone knows or has experienced CPR training. So the order of these requirements ought to be 1) person trained in CPR, 2) CPR application, 3) use of a defibrillator.

When I was in teacher training in college days, I was REQUIRED to be familiar with 35mm projectors and other AV equipment most of which are now obsolete. Perhaps I should have also been required to know CPR in order to help save the lives of my students...or your children. The training can be accomplished in a two to three hour period. Know that I am not one who goes out his way to plead for requirements...lawmakers should work to UNdo many laws in my estimation. But if the state can require people to wear seatbelts, to have auto insurance, to possess drivers' licenses, it may be just too simple to require teachers—who often become guardians of our children—to have CPR training to be certified as teachers.

I AM A SURVIVOR OF CARDIAC ARREST BECAUSE someone responded with CPR and defibrillator. I suffered cardiac arrest at age 67; I was technically dead. I am now age 75.  
**I support HB 3135.**

Sincerely,  
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