



Oregon Association of Treatment Centers

House Revenue Committee

HB 2956

April 2, 2013

Representative Phil Barnhart, Chair

Representative Jules Bailey, Vice-Chair

Representative Vicki Berger, Vice-Chair

Representative Cliff Bertz

Representative Jason Conger

Representative John Davis

Representative Sara Gelser

Representative Tobias Read

Representative Jessica Vega Pederson

For the record, my name is Bill Wellard, I am the current President of the Oregon Association of Treatment Centers (OATC) and Executive Director of The Child Center, a DHS licensed non-profit organization that provides intensive community based, comprehensive psychiatric mental health services throughout Lane County and Central Oregon. As such, this program qualifies for a Long Term Care and Treatment (LTCT) education program. This education program provides special education services for

Page 2.

children who are placed in an intensive residential or day treatment program to ensure the health and safety of themselves and others. Children and youth in these specialized programs receive a combination of special education and psychiatric or mental health services (See Attachments A, B, C).

I am here today to voice my support for **HB 2956**. This bill has been a work in progress and a long time coming. Education services for psychiatric day treatment programs began in the mid 1970s and since that time, there have been numerous committees established to discuss the services and funding for LTCT education programs. Over the last three decades, The Oregon Department of Education established such committees as the "Private Agency Task Force", the "Long Term Care and Treatment Focus Group", and the "LTCT Workgroup" to mention a few. The most definitive workgroup and published report addressing these services and funding options is the 2008 "**Funding Recommendations for Oregon's Long Term Care and Treatment Education Programs**" as prepared by Thomas Parrish and Jenifer Harr of the American Institute for Research. This report is commonly referred to as the "Parrish Report". Contained within the Parrish Report are a number of key recommendations that would improve the LTCT special education system and address numerous problems that have plagued this system for years.

Among multiple recommendations, the Parrish Report recommends that before any decision be made to modify the LTCT education system that decisions or modifications be well rooted or based on accurate current data – the Oregon Department of Education has spent the past 4 plus years collecting such data, that funding be rationally related to costs of providing the education services and be linked to the overall k-12 funding model and that the system foster efficiency.

HB 2956, a product of yet another work group established after the 2011 legislative session, replaces the current arbitrary and inequitable LTCT funding formula with one that applies current student enrollment data to calculations in the Parrish report for a cost-based, data driven formula. By this Bill, for the first time since the inception of the LTCT funding system, the funding for LTCT special education programs is aligned with the State School Fund, placing LTCT students more on par with their peers.

Though a major step in the right direction, to implement many of the system changes contained in the Parrish Report, **HB 2956** does not correct all of the flaws in the current system, including a lack of funding for basic education materials such as curriculum, textbooks or access to technology that are provided to other students in their local school districts. More work will need to be done to ensure all students,

Page 4.

regardless of the handicapping condition, will receive a comprehensive and equitable education.

Thank you for the opportunity to testify today. I greatly appreciate your attention and consideration.

ATTACHMENT A

Listing of Long Term Care and Treatment Programs

Developed By The Oregon Department Of Education
Office Of Student Learning & Partnerships

Long Term Care & Treatment Programs 2011-2013

The following list is the 2011-2013 Long Term Care Treatment (LTCT) programs. The criteria for the LTCT programs are outlined in OAR 581-015-2570.

Contracting School District/ESD	LTCT	Program Name	Address	Phone No.	Fax No.
Ashland SD 5	Residential	Community Works/Lithia Springs School	695 Mistletoe Rd., Ste. H Ashland, OR 97520-9552	541-482-5818	541-482-5034
Ashland SD 5	Day	Southern Oregon Child Study & Treatment Center (SOCSTC) – Ashland	1836 Fremont St. Ashland, OR 97520-2537	541-482-5792	541-482-5034
Central Point SD 6	Residential	Southern Oregon Child Study & Treatment Center (SOCSTC) – Residential	650 S 4 th St.; Central Point, OR 97502-2704	541-665-0359	541-665-0358
Central Point SD 6	Day	Southern Oregon Child Study & Treatment Center (SOCSTC) – Gold Hill	650 S 4 th St.; Central Point, OR 97502-2704	541-665-0359	541-665-0358
Clackamas ESD	Residential	Merrick School	2507 Christie Drive Marylhurst, OR 97036	503-635-3416	503-669-0175
Clackamas ESD	Residential	Clackamas River School	15544 S Clackamas River Dr. Oregon City, OR 97045	503-607-0520	503-607-0211
Dallas SD 2	Day	Polk Adolescent Day Treatment Center (PADTC)	2200 E Ellendale Ave. Dallas, OR 97338-9353	503-623-5588	503-623-4729
Douglas ESD	Day	Therapeutic Learning Center	1871 NE Stephens St. Roseburg, OR 97470	541-440-4777	541-440-4771
Eugene SD 4J	Residential	Stepping Stone Lodge	1240 Mill St. Eugene, OR 97401-4261	541-342-4293	541-342-4832
Grants Pass SD 7	Day	Family Friends Day Treatment Center	322 NW F th St.; Grants Pass, OR 97526-2052	541-476-4248	541-476-0288
High Desert ESD	Day	The Child Center	850 SW Antler Avenue, Redmond, OR 97756	541-693-5707	541-693-5701
Hood River Co. SD	Day	The Next Door, Inc.	Klahre House School PO Box 661 Hood River, OR 97031-0020	541-386-6665	541-386-5440
InterMountain ESD	Day	Lifeways Inc.	1308 SW Emigrant Pendleton Umatilla, OR 97801	541-276-6616	541-276-4252
Klamath Falls City SD	Day	Klamath Youth Development Center	2210 Eldorado Ave. Klamath Falls, OR 97601-6418	541-883-1030	541-884-2338
La Grande SD 1	Day	Grande Ronde Child Center	10702 S Walton Rd. La Grande, OR 97850	541-975-1147	541-963-8006
Lincoln Co. SD	Day	Oialla Center for Children & Families	805 NE Reservoir Lane Toledo, OR 97391	541-336-2254	541-336-2254
Linn Benton Lincoln ESD	Residential	Children's Farm Home	1650 SW 45 th Place Corvallis, OR 97333	541-757-5965	541-757-3909

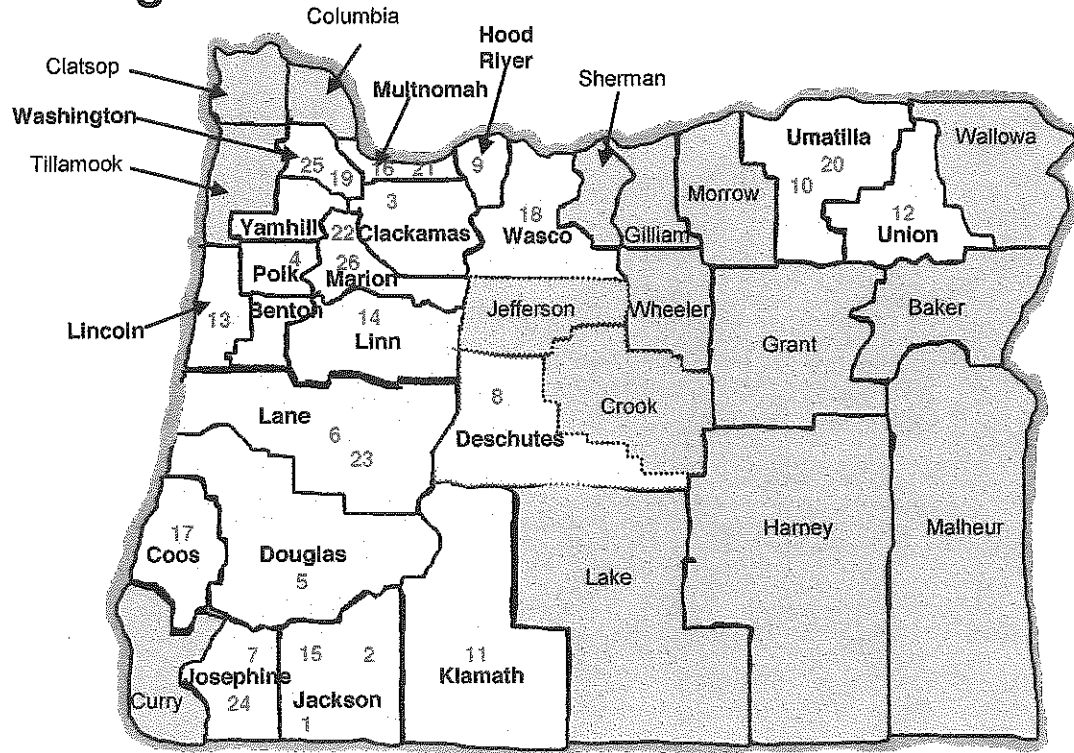
Long Term Care & Treatment Programs 2011-2013

Contracting School District/ESD	LTCT	Program Name	Address	Phone No.	Fax No.
Linn Benton Lincoln ESD	Day	Old Mill Center	4515 SW Country Club Corvallis, OR 97331	541-757-8068	541-758-1030
Medford SD 549C	Residential	Southern Oregon Child Study & Treatment Center (SOCSTC) – Medford	358 S Oakdale Ave. Medford, OR 97501	541-776-0497	541-282-0359
Multnomah ESD	Residential	Kerr Youth Center/Wynne Watts School	930 NE 162 nd Ave Portland, OR 97230	503-262-4200	503-261-6410
Multnomah ESD	Day	Morrison Center/Counterpoint Program	930 NE 162 nd Ave Portland, OR 97230	503-736-6634	503-491-8455
North Bend SD 13	Day	Southern Oregon Adolescent Study & Treatment Center (SOASTC) – Coastline	1913 Meade St North Bend, OR 97459	541-756-4508	541-756-1313
North Wasco SD	Day	Mid-Columbia Child & Family Center	3221 W 10 th St. The Dalles, OR 97058-4373	541-298-5104	541-298-4108
NW Regional ESD	Day	Lifeworks NW	8770 SW Scoffing St. Tigard, OR 97223	503-684-1424	503-684-1425
NW Regional ESD	Day	Lifeworks Young Children's Day Treatment Program	3900 SW Murray Rd Beaverton, OR 97005	503-352-0045	503-352-0790
NW Regional ESD	Day	Albertina Kerr/PACE	1341 Pacific Ave Forest Grove, OR 97116	503-359-8125 Ext. 4026	503-357-8902
NW Regional ESD	Residential	St. Mary's Home for Boys – Levi Anderson Learning Center	16535 SW Tualatin Valley Hwy. Beaverton, OR 97006	503-649-5651	503-649-7405
Pendleton SD 16R	Residential	Homestead Youth and Family Services (HYFS)	PO Box 1325 Pendleton, OR 97801-0260	541-276-5433	541-276-8605
Portland SD 1J	Residential	Boys & Girls Aid Society/John's Landing	1018 SW Boundary Ct. Portland, OR 97239	503-222-9661	503-224-5960
Portland SD 1J	Residential	Janus Youth Programs	707 NE Couch St. Portland, OR 97232	503-233-6090	503-233-6093
Portland SD 1J	Day	Nickerson Adolescent Day Treatment	4925 N Albina Ave Portland, OR 97217	503-548-4922	503-808-9221
Portland SD 1J	Day	Morrison Child & Family Services, Breakthrough	3390 SE Milwaukie Ave. Portland, OR 97202-1775	503-231-4000	503-231-7217
Portland SD 1J	Day	Morrison Child & Family Services, Hand in Hand	11456 NE Knott St. Portland, OR 97220-1706	503-256-3040	503-256-9601
Portland SD 1J	Day/Residential	Parry Center for Children	3415 SE Powell Blvd. Portland, OR 97202-3396	503-205-4368	503-205-4369
Portland SD 1J	Residential	Parry Center SCIP	3415 SE Powell Blvd. Portland, OR 97202-3396	503-205-4368	503-205-4369
Portland SD 1J	Residential	Rosemont School	9911 SE Mount Scott Blvd. Portland, OR 97266-6302	503-777-8090	503-788-1131

Long Term Care & Treatment Programs 2011-2013

Contracting School District/ESD	LTCT	Program Name	Address	Phone No.	Fax No.
Portland SD 1J	Residential	Wildflowers	2640 NW Alexandra Portland, OR 97210	503-239-1248	503-239-1252
Portland SD 1J	Residential	White Shield Home	2640 NW Alexandra Portland, OR 97210	503-731-3969	503-239-1252
Salem-Keizer SD 24J	Residential	Catholic Community Services	3737 Portland Rd. NE Salem, OR 97301	503-390-2600	N/A
Springfield SD 19	Residential	Jasper Mountain Center	37875 Jasper-Lowell Rd. Jasper, OR 97438-9704	541-747-1235	N/A
Springfield SD 19	Day	The Child Center	3995 Marcola Rd. Springfield, OR 97477-7948	541-726-1465	541-726-5085
Springfield SD 19	Residential	SAFE Center	89124 Marcola Road Springfield, OR 97478	541-741-7402	541-747-4722
Three Rivers/ Josephine Co. SD	Residential	Southern Oregon Adolescent Study & Treatment Center (SOASTC)- Merlin Campus, Three Bridges	711 SW Ramsey Ave. Grants Pass, OR 97527	541-479-5901	541-479-6329
Tigard-Tualatin SD 23J	Residential	Janus Youth Programs - Cordero House	8212 SW Locust Tigard, OR 97223-5822	503-233-6090	503-233-6093
Willamette ESD	Day	Metsker Heights & Rainbow Family Services	800 NE 2 nd St. McMinnville, OR 97128	503-472-2240	N/A
Willamette ESD	Day	Poyama Day Treatment Center	460 Greenwood Road S Independence, OR 97351-9653	503-838-6048	503-838-6440
Willamette ESD	Residential	Chehalam Youth & Family Services (CYFS)	501 E First Street Newberg, OR 97132	503-538-4874	503-538-1271

Long Term Care and Treatment Education Programs



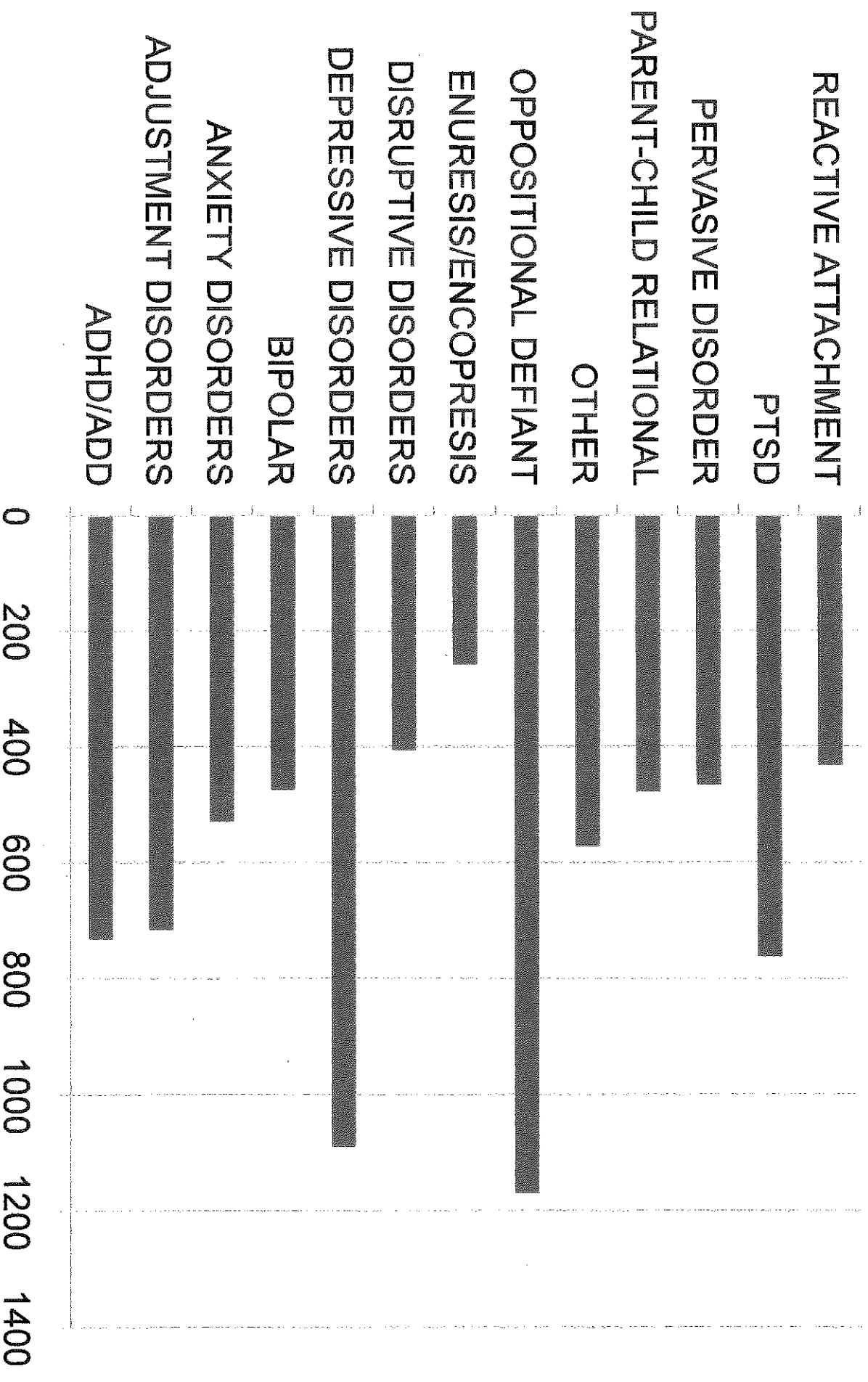
2011/2013

<p>1) Ashland SD Lithia Springs SOCSTC</p> <p>2) Central Point SD SOCSTC Residential SOCSTC Gold Hill</p> <p>3) Clackamas ESD Merrick School Clackamas River School</p> <p>4) Dallas SD Polk Adolescent</p> <p>5) Douglas ESD Treatment Learning Center</p> <p>6) Eugene SD Stepping Stone Lodge</p> <p>7) Grants Pass SD Family Friends</p> <p>8) High Desert ESD The Child Center</p> <p>9) Hood River SD The Next Door Inc.</p> <p>10) InterMountain ESD Lifeways Inc.</p>	<p>11) Klamath Falls SD Klamath Youth Dev. Center</p> <p>12) La Grande SD Grand Ronde Child Center</p> <p>13) Lincoln SD Ofalla Center for Children</p> <p>14) LBL ESD Children's Farm Home Old Mill Center</p> <p>15) Medford SD SOCSTC</p> <p>16) Multnomah ESD Kerr Youth Center DTP Wynne Waits School Morrison Center Counter Pt</p> <p>17) North Bend SD SOASTC-Coastline</p> <p>18) North Wasco SD Mid Columbia Child Center</p> <p>19) NW Regional ESD Albertina Kerr/PACE St. Mary's Home for Boys Lifeworks NW Lifeworks YCRDTP</p>	<p>20) Pendleton SD Homestead Youth & Family</p> <p>21) Portland Public Schools Johns Landing Janus Youth Program Breakthrough Hand-in-Hand Nickerson Adolescent DT Parry Center for Children Parry Center SCIP Rosemont School White Shields Wildflowers</p> <p>22) Salem-Keizer SD Catholic Community Services</p> <p>23) Springfield SD The Child Center Jasper Mountain SAFE Center</p> <p>24) Three Rivers/Josephine SOASTC Merlin Campus SOASTC Three Bridges</p> <p>25) Tigard Tualatin SD Cordero House</p>	<p>26) Willamette ESD Chehalem Youth Metsker Heights Poyama Day</p>
---	--	---	--

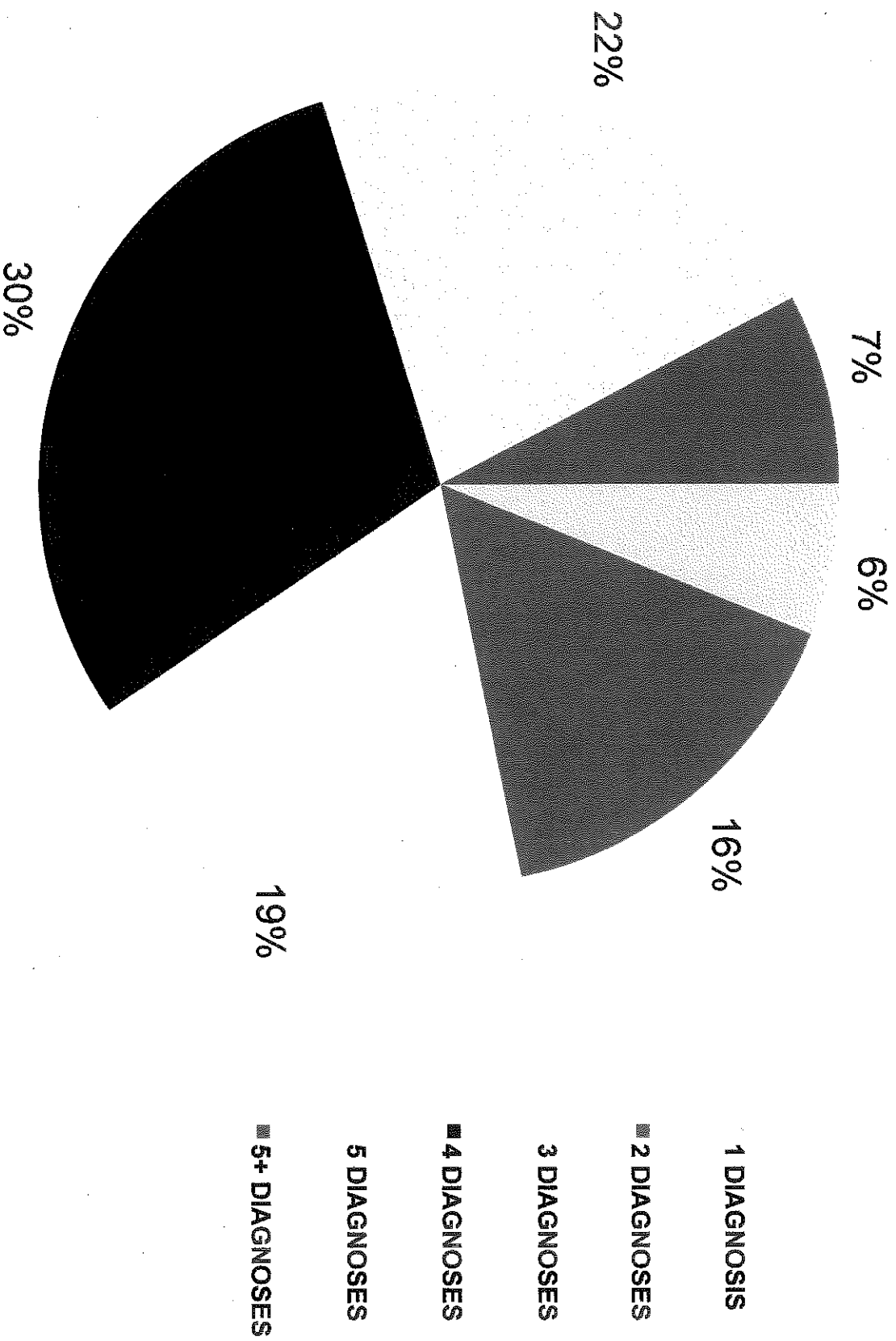
ATTACHMENT B

1. Admitting Diagnoses
2. Multiple Mental Health Disorders
3. Gender Profile
4. Cultural Profile
5. Risk Factors
6. Behavior Characteristics
7. Handicapping Conditions
8. PDTS = Dual Diagnosis Population
9. Special Education Services
10. PDTS = Positive Outcomes
11. Research Bibliography
12. Research (Continued)
13. Multimodal Day Treatment For Children:
Five-Year Follow-up
14. Conclusions

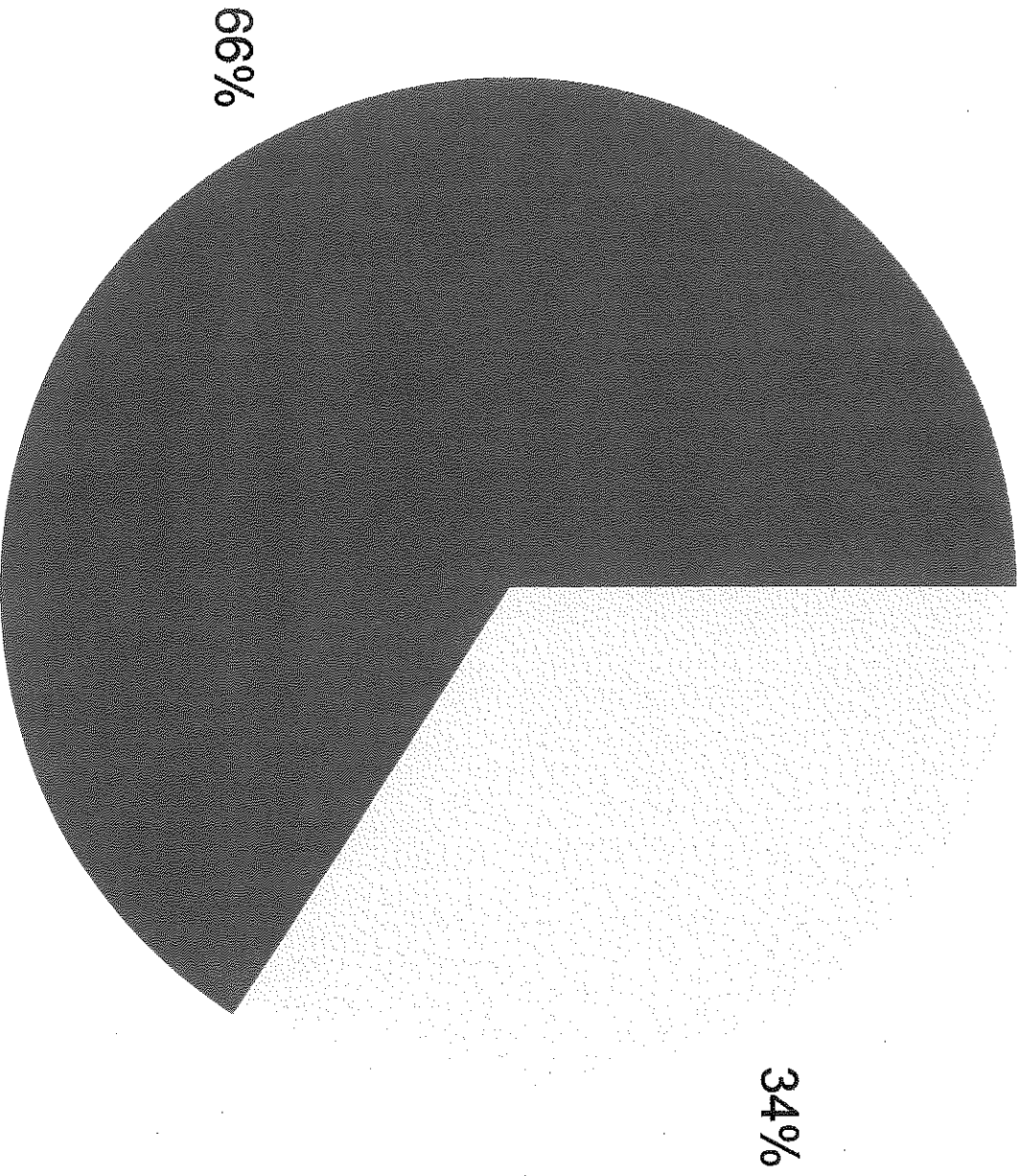
Admitting Diagnoses



Multiple Mental Health Disorders



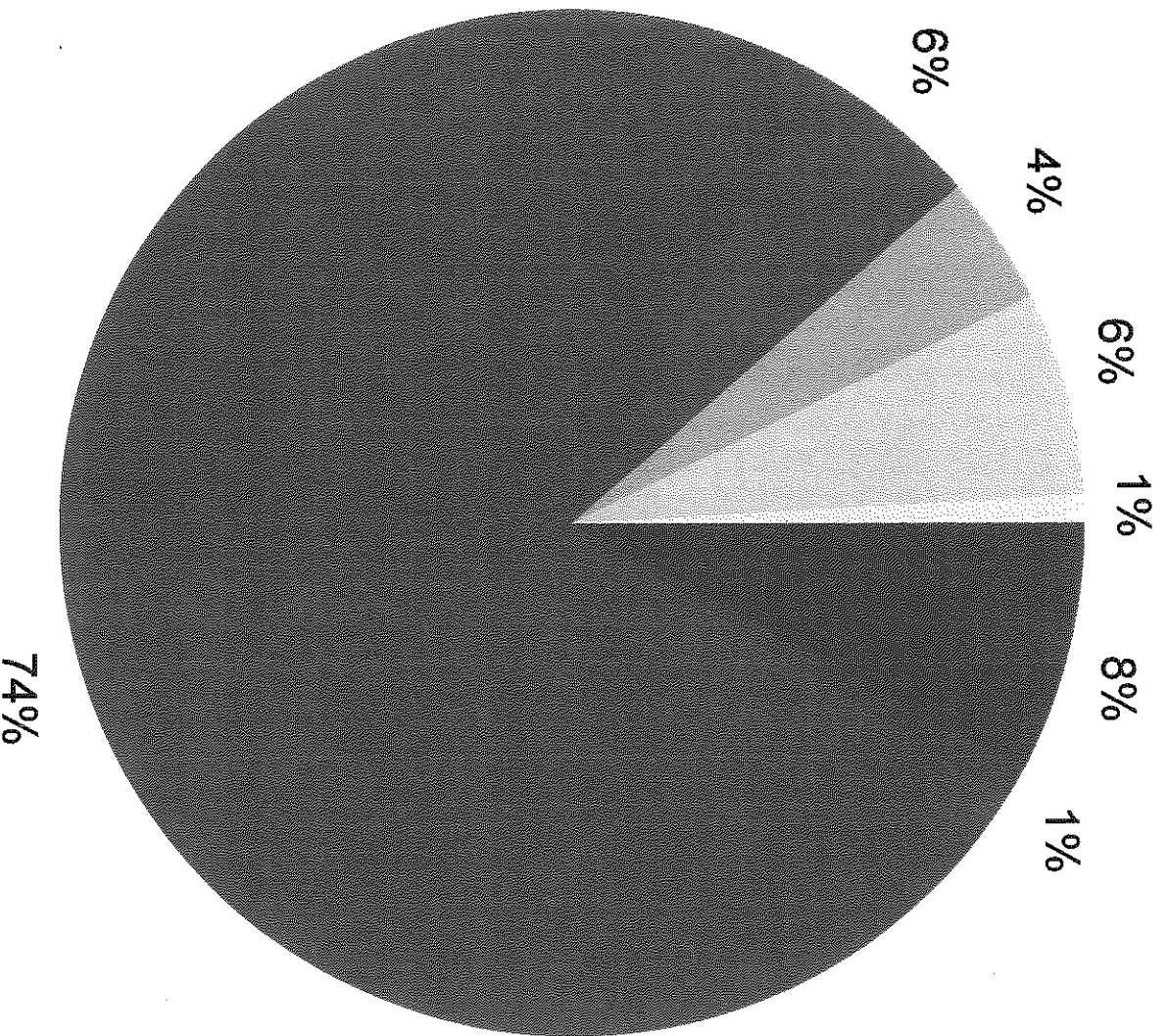
Gender Profile



■ FEMALE
■ MALE

N = 1840

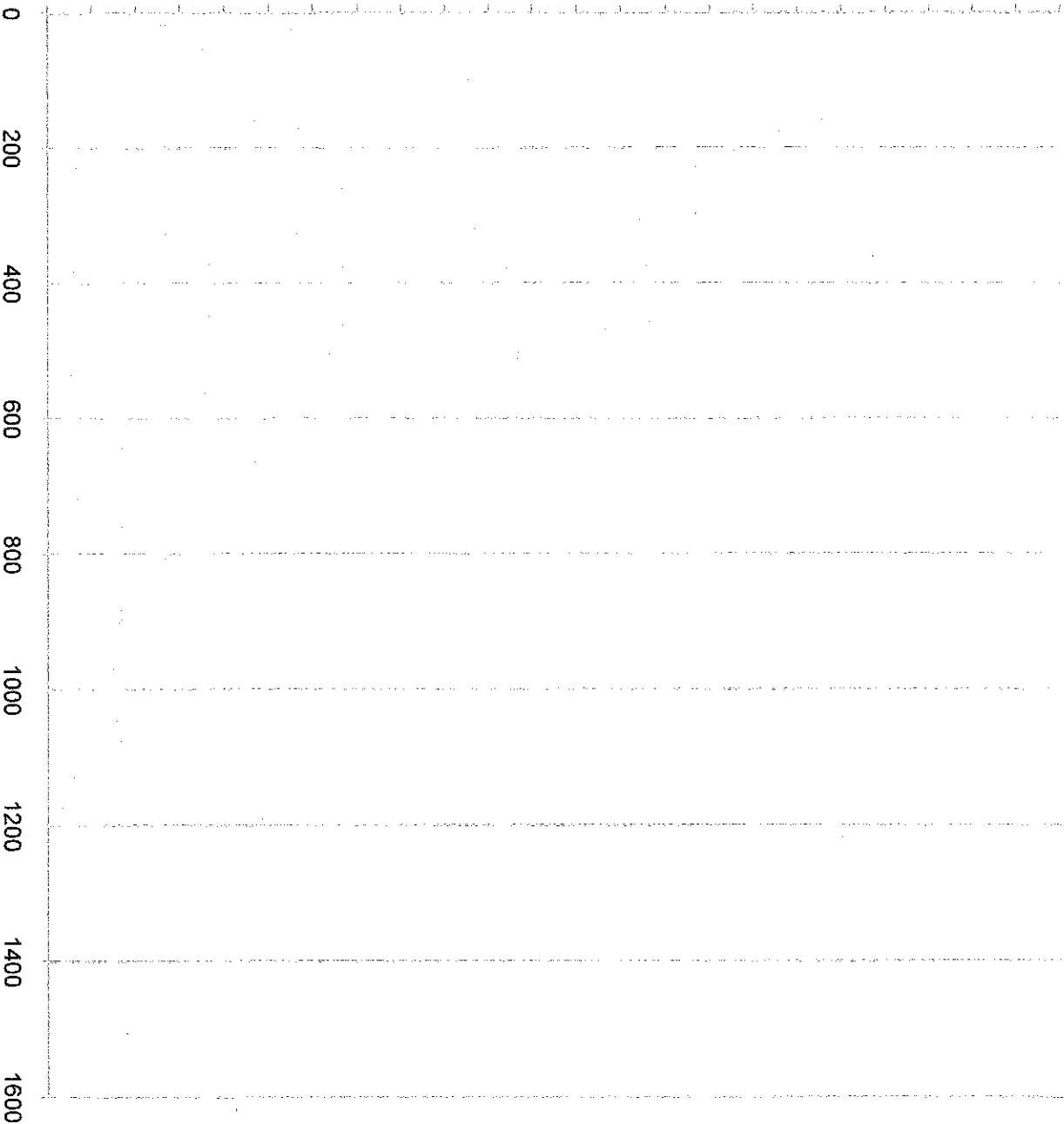
Cultural Profile



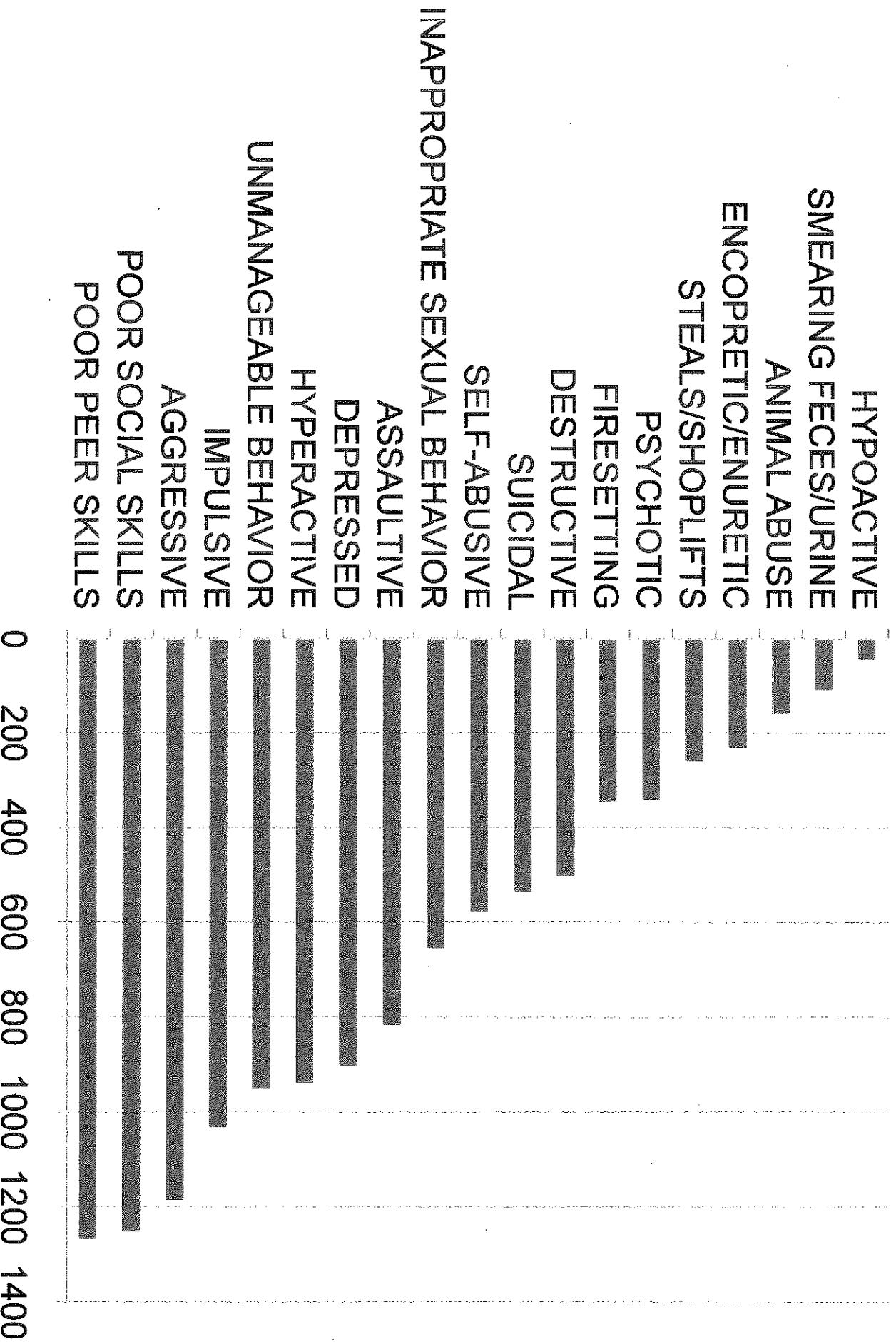
- AFRICAN AMERICAN
- ASIAN
- CAUCASIAN
- HISPANIC
- AMER/ALASKA NATIVE
- NOT RECORDED
- OTHER

Risk Factors

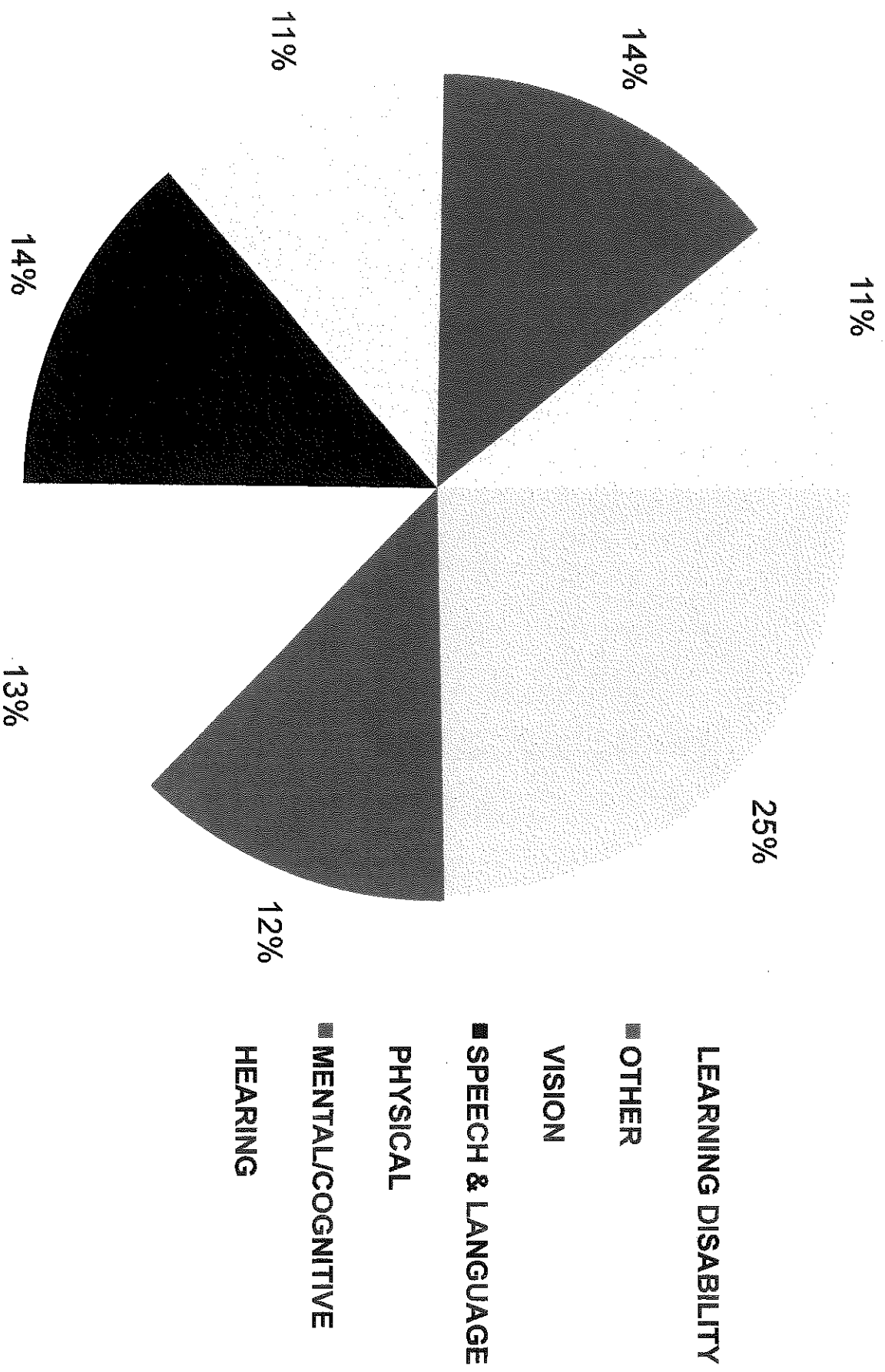
- DEATH OF PARENT/GUARDIAN
- EXPULSED AT TIME OF REFERRAL
- HOMELESS
- WITNESS TO CRIME
- SERIOUS ILLNESS OF PARENT
- MULTIPLE FAMILY MOVES
- PARENT(S) INCARCERATED
- SEVERE NEGLECT
- MULTIPLE HOME PLACEMENTS
- MOTHER PREGNANT AS TEEN
- EXPOSURE TO TRAUMA
- EXPOSURE TO TRAUMATIC EVENTS
- MENTAL ILLNESS IN FAMILY
- DRUG ADDICTED PARENTS
- LIVING IN POVERTY
- ALCOHOLIC PARENTS
- PHYSICALLY ABUSED
- DOMESTIC VIOLENCE
- EMOTIONAL ABUSE
- SEXUALLY ABUSED
- DIVORCE
- MEDS TO CONTROL BEHAVIOR
- UNABLE TO FUNCTION IN SCHOOL



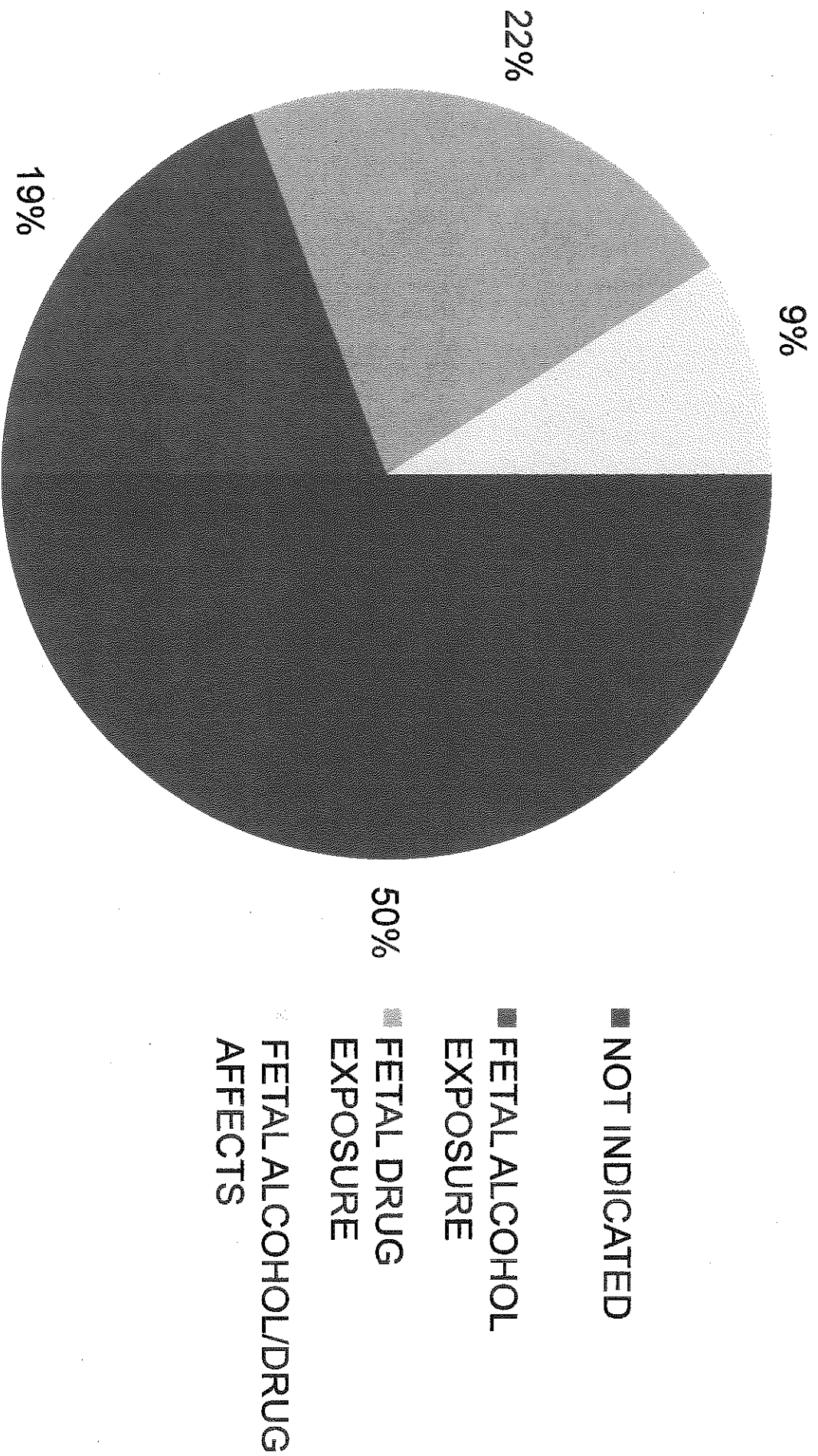
Behavior Characteristics



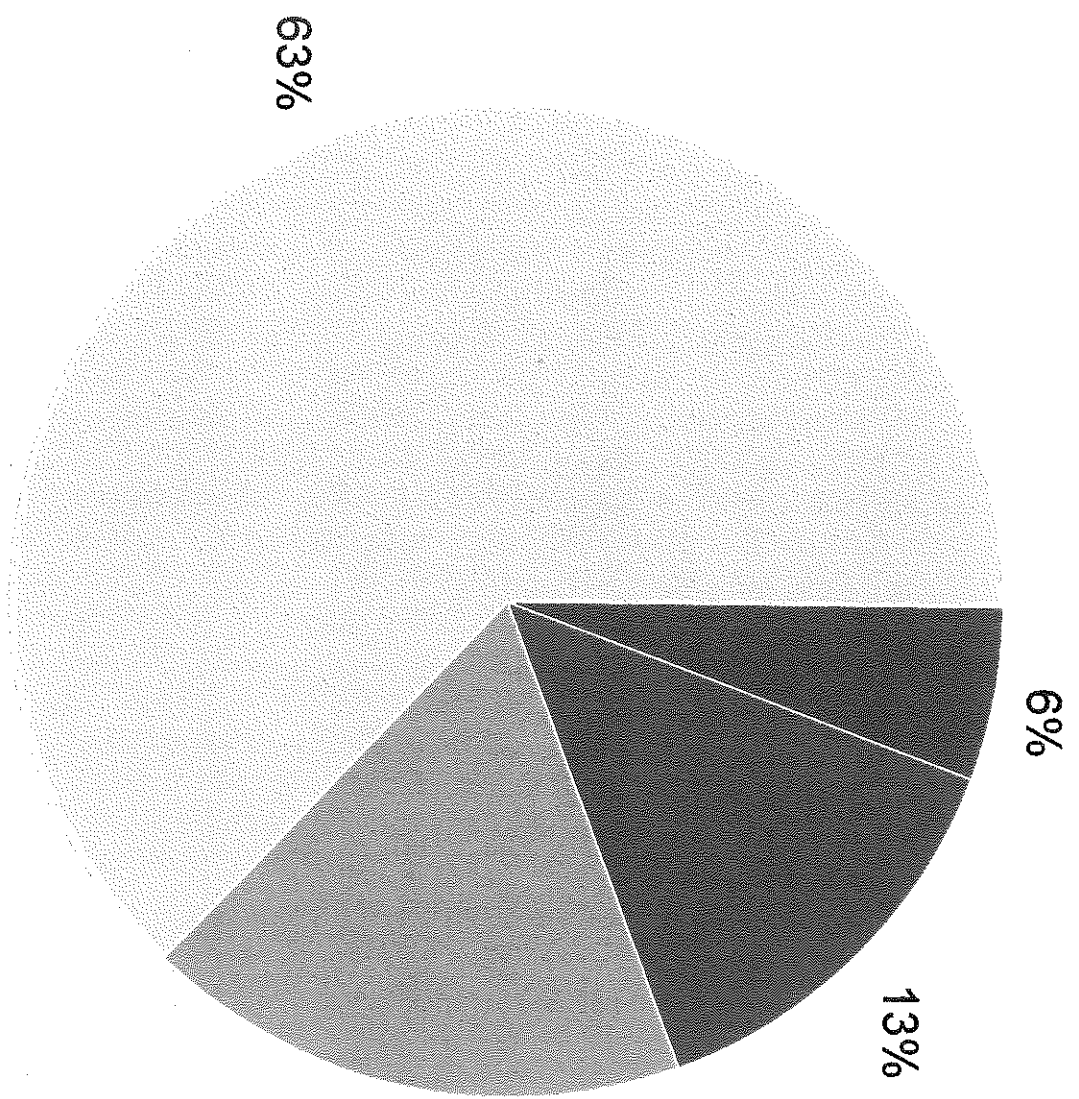
Handicapping Conditions



PDTS = Dual Diagnosis Population



Special Education Services



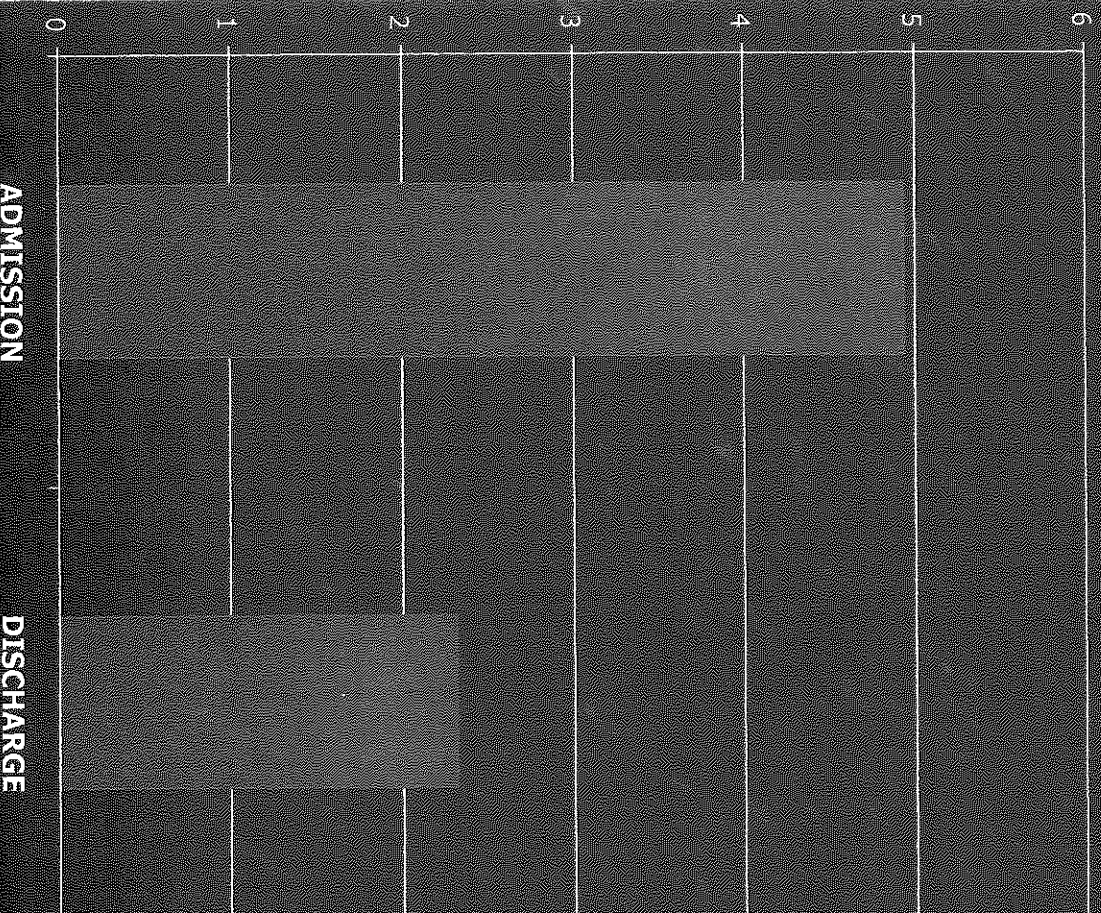
■ 504 PLAN

■ IFSP

■ PEP

■ IEP

PDTS = Positive Outcomes



- 6 = Secure 24 hour services with psychiatric managing
- 5 = Non-secure 24 hour services with psychiatric monitoring
- 4 = Intensively integrated services without 24 hour psychiatric monitoring
- 3 = Intensive outpatient
- 2 = Outpatient
- 1 = Recovery maintenance & health management

Research Bibliography

- Erker GJ, Starlight HR, Amanat E., White PD, (1993) Residential versus day treatment for children: a long term follow-up study. *Child Psychiatry Hum. Dev.* 21:31-39.
- Gabel S, Finn M, Ahmad A (1988), Day treatment outcomes with severely disturbed children, *J Am Acad Child Adolesc Psychiatry* 27:479-482.
- Grizenko N, Papineau D (1993), Cost effectiveness of day treatment versus residential treatment for children with severe behavior problems. *Can J Psychiatry* 38:432-435.

Research (continued)

- Grizenko N, Papineau D, Sayegh L. (1993) A comparison of day treatment and outpatient treatment for children with disruptive behavior problems. *Can J Psychiatry.* 38(6):432-5.
- Spencer CS, Shelton D, Frank RG. (1997) The market for residential and day schools for children with severe emotional disturbance. *J Ment Health Adm, Winter;* 24(1):72-81
- Kiser LJ, Millsap PA, Hickerson S et al (1996) Results of treatment one year later: child and adolescent partial hospitalization. *J Am Child Adolesc Psychiatry* 31:539-546

Multimodal Day Treatment for Children: A Five-year Follow-up

■ Natalie Grizenko, M.D., McGill
University

■ Journal of the American Academy of
Child and Adolescent Psychiatry, July
1997, Volume 36(7)

Conclusions:

- “Children who were admitted to a day treatment setting appear to function well globally, even five years after discharge.”
- “The Group of Children that received day treatment seems to have made a major lasting change in their functioning...”
- “Day Treatment is a very intensive therapeutic intervention that appears to show a great deal of promise in its lasting therapeutic benefits.”

ATTACHMENT C

Evidence Based Practices
Intensive Treatment Services – Psychiatric Day Treatment

Evidence Based Practices

Intensive Treatment Services – Psychiatric Day Treatment

1. Behavioral Couples Therapy
2. Child-Parent Psychotherapy
3. Child-Parent Relationship Therapy/Filial Therapy
4. CBT - Cognitive Behavioral Therapy (Trauma Focused)
5. CBT - Cognitive Behavioral Therapy for Child Sexual Abuse (CBT-CSA)
6. CBT - Cognitive Behavioral Therapy for Childhood Anxiety Disorder
7. CBT - Cognitive Behavioral Therapy for Depression in Adolescents
8. Collaborative Problem Solving
9. Contingency Management
10. Family Psycho-education
11. First Steps to Success
12. Home-Based Behavioral Systems Family Therapy
13. Life Skills
14. Medication Management
15. Motivational Enhancement Therapy
16. Motivational Interviewing
17. Second Step Violence Prevention Program
18. Solution-Focused Brief Therapy
19. Strengths Model of Case Management
20. Wraparound
21. Acceptance and Commitment Therapy
22. Child-Parent Relationship Therapy/Filial Therapy
23. DBT- Dialectical Behavior Therapy
24. DBT- Dialectical Behavior Therapy for Adolescents
25. EMDR- Eye Movement Desensitization and Reprocess
26. Good Behavior Game
27. Home Based Behavioral Systems Family Therapy
28. Multi-Systemic Therapy