

Oregon House Bill 2956: Focusing on the Educational Needs of Children in Day or Residential Treatment

Submitted with testimony to the Oregon House of Representatives Revenue Committee
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Conditions or experiences requiring day or residential mental healthcare treatment for children.

Mood disorders: Depression, anxiety, obsessive compulsive disorder, bipolar disorder or schizophrenia.

Trauma history: Severe abuse and neglect

Impulsivity

Attention issues

Suicide attempt or suicidal ideation

Oppositional or unsafe behaviors, often involving juvenile courts and delinquent behavior; also risky sexual behavior

Addiction

Can create an overwhelming sense of guilt, shame, worry, fear, suspicion, anger, and hopelessness. Before treatment not fully conscious or aware of feelings or behaviors.

Treatment to help figure out:

What has actually happened to me?

What's going on inside me now?

Why does it cause me to act in a certain way?

How can I learn to identify feelings and act differently in the future.

Facilities Served by Portland Public Schools are located within the Portland Public School District and Parkrose School District boundaries.

Mental Health Agency	Facility (Type)	Description
Morrison Child and Family Services	Breakthrough (Day Treatment)	Breakthrough is a day treatment program for youth with a focus on alcohol and drug recovery . Youth receive individual, family and group counseling to work through addiction and behavior issues. The program is designed to help youth successfully return to their families and/or communities. Serves 21 adolescents at a time, therapy six to nine months .
Morrison Child and Family Services	Hand in Hand (Day Treatment)	Psychiatric Day Treatment serves children between the ages of three and eight who have been severely abused and neglected . Many maltreated children develop emotional and behavioral problems and the effects of these traumatic experiences are varied and unique to each child. Serves 22 children at a time, therapy approximately 12 months .
Morrison Child and Family Services	Rosemont (Secure Residential)	<p>Rosemont Treatment Center & School is the largest secure residential treatment center for adolescent girls in the Pacific Northwest. The program is a leader in serving troubled girls, helping them rebuild their self-esteem and become equipped for health and success. A 26-bed facility is staffed 24 hours a day. It contains a living unit, cafeteria, an accredited school, a library, a teen health clinic, an outdoor recreation field and a covered recreation area.</p> <p>The therapeutic milieu and services help clients deal with combined mental health and substance abuse problems. The treatment philosophy is Dialectical Behavior Therapy (DBT). DBT utilizes both validation and behavior therapy/change techniques to reduce clients' problems. Rosemont fosters an environment of positive change emphasizing choice, responsibility and self-management. Serves 26 female adolescents at a time, therapy approximately 11 months.</p>
Trillium Family Services	Parry Center (Residential, Secure Residential)	Short-term, on-site psychiatric services for young people requiring 24-hour support for emotional and behavioral challenges mental and behavioral health stabilization and assess each child's symptoms and needs in order to offer them the most effective treatment possible. Serves approximately 45 children at time, therapy duration varies, length of stay has decreased over time

Trillium Family Services	Parry Center (Day Treatment)	<p>Children and adolescents, ages 5 – 17, whose mental health difficulties impact their ability to be successful in their homes, schools, and communities. Services include medication management by a child psychiatrist individual and family therapy treatment groups group skills training</p> <p>Serves approximately 30 children at time, therapy duration varies depending on client need</p>
Janus Youth Programs	Buckman (Therapeutic Group Home)	<p>Buckman serves emotionally disturbed delinquent males who have successfully completed treatment at the MacLaren State Training School and one of the four close custody juvenile correction work camps and is the only youth care center in Oregon dedicated to providing these youth with independent living and mental health aftercare services. Serves approximately 10 adolescent/young adult males, duration varies</p>
Janus Youth Programs	Imani (Therapeutic Group Home)	<p>Imani House is a residential treatment program located in North Portland and serves adolescent males ages 13-17 who are in the care and custody of the Department of Human Services. Imani specializes in the treatment of youth and families who have experienced sexual abuse and have displayed sexually reactive behaviors. Serves approximately 12 adolescent males, therapy 6 to 12 months.</p>
Lifeworks Northwest	Nickerson (Adolescent Day Treatment)	<p>Customized program of counseling and therapy, individually tailored to the specific needs of people with mental or emotional disorders. Serves approximately 15 adolescents, therapy duration varies.</p>
Salvation Army	<p>White Shield (Residential, Secure Shelter Care)</p> <p>White Shield (continued)</p>	<p>The White Shield Center is the only facility of its kind in Oregon. Opened in <u>1917</u> as a maternity home and hospital, the center now provides residential treatment, counseling, parenting education, and youth development services for teenaged girls who are pregnant or parenting an infant or toddler. An Early Intervention Center provides day care for the babies. Approximately 20 teen mothers, therapy duration dependent on mother's progress and age of children.</p> <p>White Shield also provides secure residential treatment with a link to therapeutic foster care for 9 adolescent girls, ages 12 to 17 and a independent living program for OYA youth, ages 17 to 20. Usually short-term, duration of 2-3 months.</p>

Boys and Girls Aid	Pettygrove (Therapeutic Group Home)	<p>Pettygrove serves young women, 14 to 18 years of age who are in Oregon Youth Authority custody.</p> <p>The Pettygrove Program develops girls' minds, bodies, and spirits. It equips young women with tools to promote success in the future and to reduce recidivism.</p> <p>live cooperatively in a residential group home receive individual counseling engage in daily individual and group skill building activities</p> <p>Serves approximately 12 female adolescents, therapy duration about nine months.</p>
Boys and Girls Aid	STEP (Shelter Care Group Home)	<p>STEP is a short-term shelter program that provides young people, ages 10 to 18, with assessment, evaluation, behavioral rehabilitation, and service planning and placement recommendations. In the STEP Program, youth are placed in foster homes or shelter facilities with trained foster parents and staff who are dedicated to helping them take the next positive 'STEP' in their lives. Serves approximately 10 female adolescents. Usually short-term, duration of 2-3 months.</p>

Program Needs

Additional staffing:

Teachers: Emotional academic needs of students are labor-intensive. Even with high-quality, engaging instruction, students require one-on-one support at a higher level than is typical. If they don't receive the one-on-one assistance, uncertainty and frustration become problem behaviors, either internal or external.

Classroom educational assistants: Provide one-one-one support necessary for students to develop consistently improved behavior.

School staff to help with transitions to future educational settings: Students need staff to communicate, collaborate, and plan around next educational placement. Teachers definitely play a role in this, but having someone with designated time for this is critical. If transitions to the next school placement go badly, progress in treatment can be diminished and children need more intensive services again. Also need funding for office staff to help with records management.

Money for educational calendar to match treatment calendar: Treatment programs run approximately 230 days per year. Average school year is 175 days. Part of progress in treatment is establishing good student behaviors. Start and stop nature of school calendar can be a problem for kids who need consistency.

Technology: Provides better opportunities to Show, not Tell. Access to resources. A strong need for students.

Predictability in funding: Have experienced budget swings over the last two years within the biennium. Makes it hard to use funding most effectively if uncertain if a cut is on its way or not within the school year.

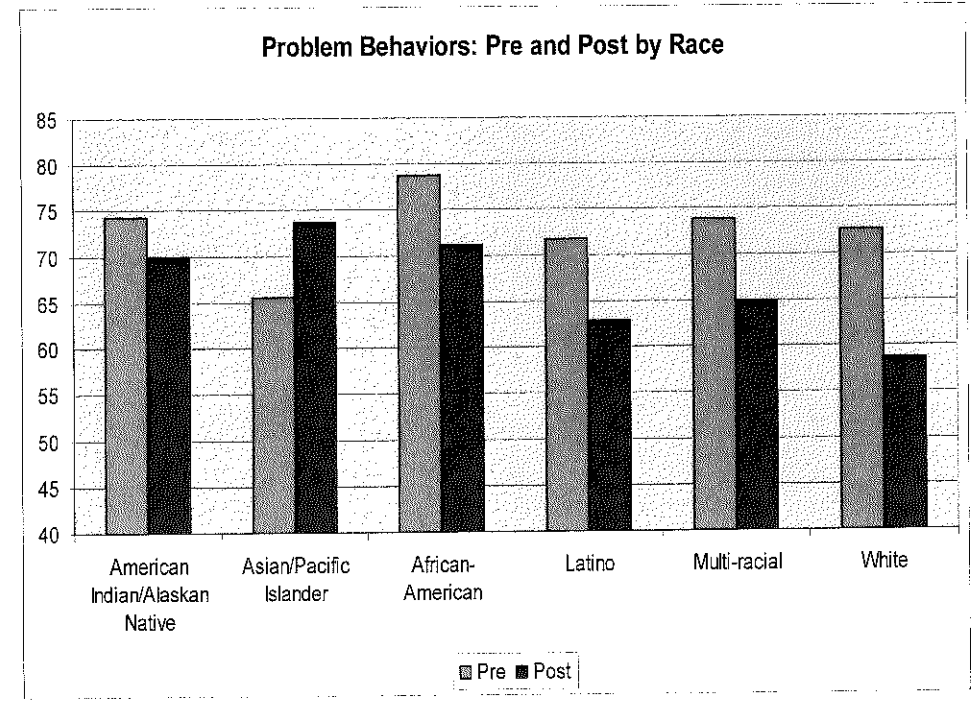
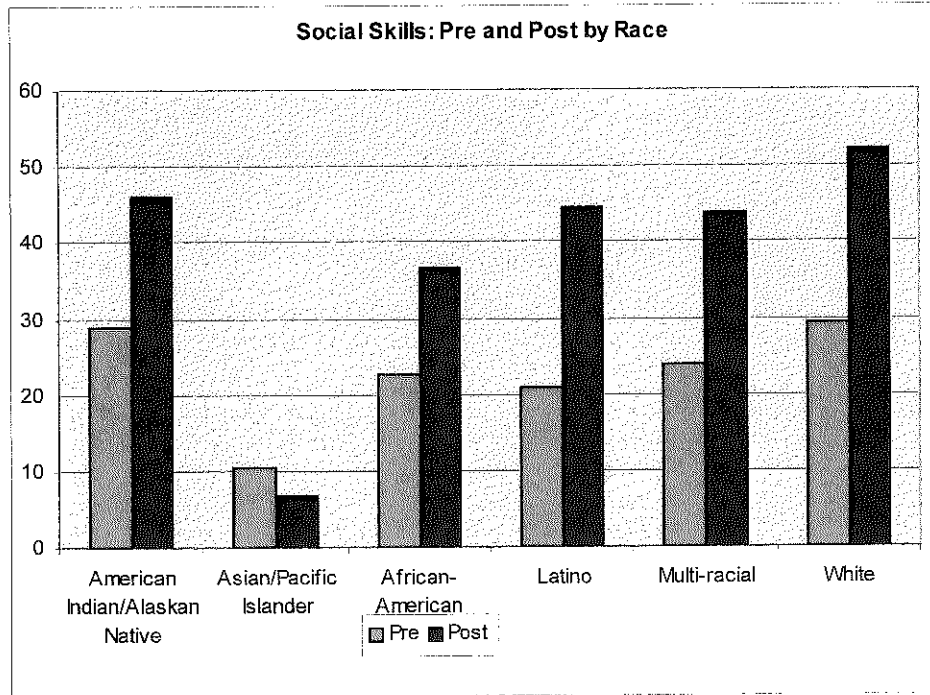
2011-2012 Student Assessment Data for Portland Public Schools' Long Term Care and Treatment Educational Programs

Social Skills Increase:

- Cooperation
- Empathy
- Assertion
- Self-Control
- Responsibility

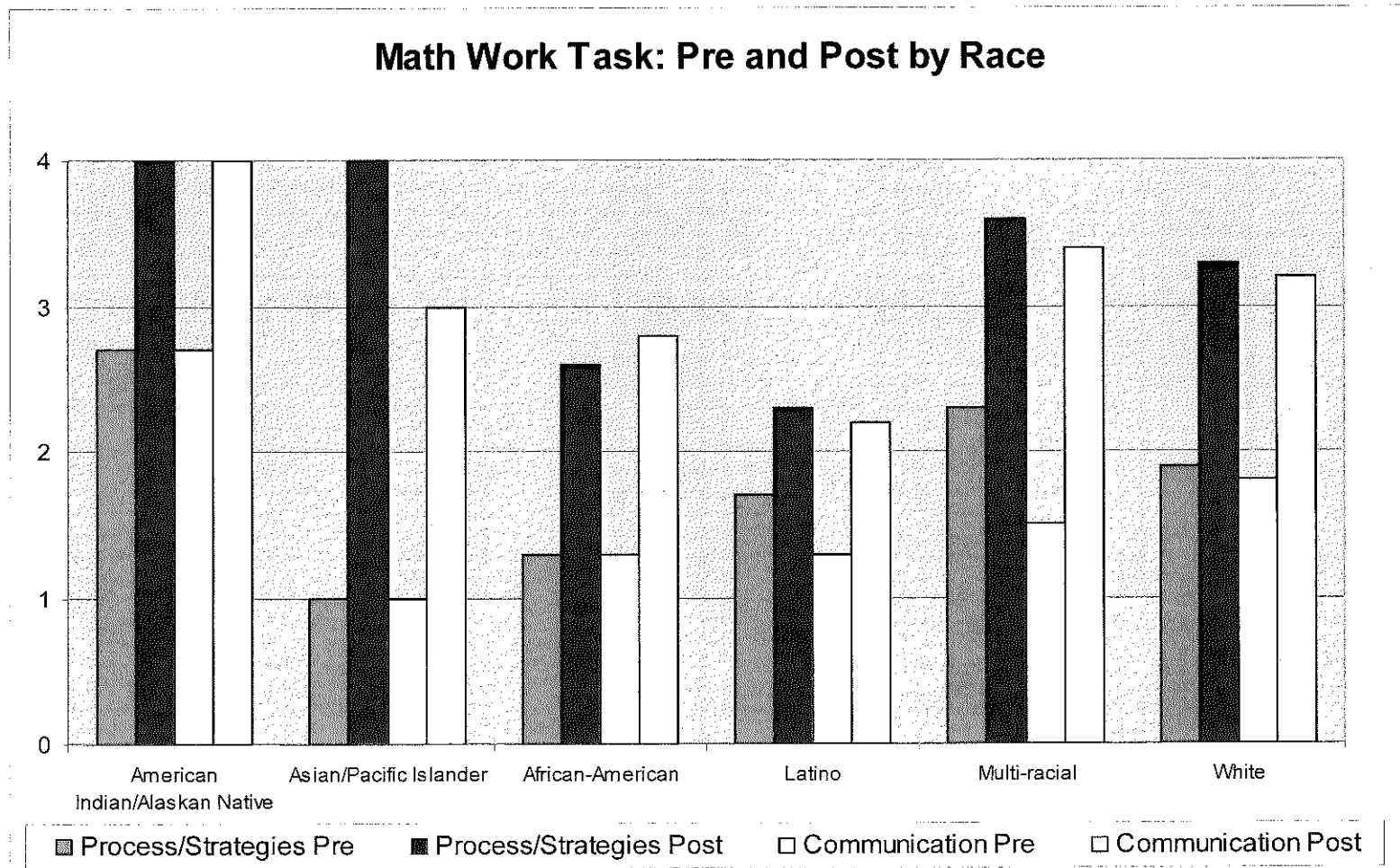
Problem Behavior Reduction:

- Externalizing Problems, such as aggressive acts and poor temper control
- Internalizing Problems, such as sadness and anxiety
- Hyperactivity, such as fidgeting and impulsive acts



Math Work Sample:

Processes and Strategies evaluate the effectiveness of the methods used in finding a mathematical solution. Students may use a variety of methods to interpret and solve the problem.



Writing Work Sample:

Ideas and Content measures how clear, focused and interesting writing is to the reader. Main ideas stand out and are fully developed and supported.

