

Federal Grant Application Request

Oregon Health Authority

Prevention and Control of Chronic Diseases

Analyst: Linda Ames

Request: Approve the submission of a federal grant application to the U.S. Department of Health and Human Services in the amount of up to \$1,966,775 per year for five years, to prevent and manage obesity, diabetes, heart disease and stroke.

Recommendation: Approve the request.

Analysis: The Oregon Health Authority (OHA) is requesting approval from the Joint Committee on Ways and Means to apply for the State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health grant from the Centers for Disease Control and Prevention (CDC). Grant funding is expected to be up to \$1,966,775 per year for five years. The grant consists of a basic component that all states will receive, with Oregon being eligible for \$516,775 per year, and an enhanced competitive component. No state matching funds are required for the grant, nor is there a requirement for maintenance of effort.

This grant replaces two existing grants, one for diabetes and one for heart disease and stroke prevention, both of which end June 30, 2013. The new grant expands the scope of work to include obesity prevention and education and school health activities, and allows for a coordinated approach for all these activities. This allows for an integrated framework for engaging partnerships to address multiple chronic disease and risk factors in community settings including worksites, schools, coordinated care organizations (CCOs) and health care.

The grant will expand public health support at state and local levels to create and expand linkages between CCOs, health care systems, and community health partners. Activities will be focused in three areas:

- Environmental approaches that promote health, such as improving access to healthy foods and implementing nutrition guidelines, increasing physical activities in various settings, and supporting breastfeeding;
- Health system interventions, such as increasing the use of team-based care in health systems;
- Community-clinical linkages, such as increasing the referral to and use of lifestyle intervention programs in community settings for prevention of diabetes, and increasing access to and use of chronic disease self-management programs in community settings.

Although the final proposal has not yet been completed, the agency does not expect to need new positions, but rather will use the positions associated with the old grants.

The grant application is due on April 19, 2013. If approved, funding would begin on July 1, 2013 and end June 30, 2018. If necessary, additional expenditure limitation could be included in the OHA 2013-15 budget, or be added later in the biennium.

The Legislative Fiscal Office recommends approval of the request.

March 21, 2013

The Honorable Richard Devlin, Co-Chair
The Honorable Peter Buckley, Co-Chair
Joint Committee on Ways and Means
900 Court Street NE
H-178 State Capitol
Salem, OR 97301-4048

Re: Request to Apply Letter – Competitive Grant – State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health (OHA-PH-13-02)

Dear Co-Chairpersons:

Nature of the Request

The Oregon Health Authority (OHA), Public Health Division requests permission to apply for the State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health Funding Opportunity Announcement (grant) for federal funds up to \$1,966,775 a year for five years, beginning July 1, 2013 and ending June 30, 2018, for a total of up to \$9,833,875.

The intent of the grant is to prevent and reduce the risk factors associated with childhood and adult obesity, diabetes, heart disease and stroke, and to address the management of these chronic diseases. The funding is available through the Centers for Disease Control and Prevention (CDC). The request for proposals was received on February 21, 2013, and the application is due on April 19, 2013. This grant funding requires no state matching funds, though it strongly encourages a match or in-kind support of \$1 for each \$4 of federal funds awarded. There is not a federal requirement for maintenance of effort.

Agency Action

The greatest health challenge facing Oregonians is the increasing impact of chronic disease. More than 85 cents on every dollar spent on health care is spent on treatment of chronic disease. Oregon has dramatically high rates of obesity in all age groups; for example, more than 60 percent of adult Oregonians are overweight or obese. Cardiovascular disease, including heart disease and stroke, is the leading cause of death in Oregon, despite being among the most preventable conditions. Diabetes continues to affect more and more Oregonians; 7,100 new cases of diabetes among adults are diagnosed each year. Oregon spends about \$1.6 billion (\$339 million paid by Medicaid) in medical expenses for obesity-related chronic diseases such as diabetes and heart disease each year.

Currently, Oregon does not have funding for obesity prevention and education activities. Oregon currently receives categorical funding for diabetes, and heart disease and stroke prevention from the CDC. This new grant replaces those federal funding streams with a coordinated approach for diabetes, heart disease and stroke prevention, obesity prevention and school health. This allows for an integrated framework for engaging partnerships to address multiple chronic disease and risk factors in community settings including worksites, schools, coordinated care organizations and health care.

The Public Health Division uses data and science-based evidence to leverage these partnerships to implement interventions that reinforce healthy choices and healthy behaviors that make it easier for Oregonians to take charge of their health. Such interventions have broad reach to diverse people throughout Oregon, have sustained health impact, and are a good investment for reducing health care costs.

The grant's basic component provides resources for data collection and dissemination to drive community engagement and planning for approaches to address hypertension, diabetes and obesity in ways that make sense for Oregon. This grant will help expand public health support at state and local levels to create, sustain, and expand linkages between Coordinated Care Organizations, health care systems and community health partners to get results for better health, better care, and lower costs. Partnerships to be leveraged include those between the Public Health Division, the Department of Human Services, the OHA Transformation Center and Office of Equity and Inclusion, as well as the Department of Education, the Department of Transportation, the Conference of Local Health Officials, and numerous community-based organizations across Oregon.

We are engaged in discussions with internal and external partners about activities and staffing needs. At this time, we estimate this grant opportunity will not be used to create new positions, but would provide funding for existing positions funded by CDC grants previously directed to diabetes, heart disease and stroke prevention, and coordinated chronic disease program efforts. These positions include Program Analyst 3 (2.0 FTE), Program Analyst 2 (2.0 FTE), and Research Analyst 3 (2.5 FTE) positions. The Program Analyst 3 positions include the statewide worksite wellness coordinator and a physical activity policy specialist. The Program Analyst 2 positions provide obesity, diabetes and cardiovascular health technical assistance and training support to local health department and tribal Healthy Communities program grantees. The Research Analyst 3 positions provide data collection, analysis and dissemination of results for obesity, diabetes, cardiovascular health, and worksite wellness. These positions will be limited duration.

Upon submission of the grant application, we will provide a full copy of the grant application with a cover letter to the committee, detailing any differences between the estimates in this request to apply letter and the final grant application. There is no expectation that the state will continue to fund these activities or positions at the end of the grant period.

The OHA mission is to help people and communities achieve optimum physical, mental and social well-being through partnerships, prevention and access to quality, affordable health care. By engaging partners to help communities, worksites, schools, coordinated care organizations and health systems promote how Oregonians can take charge of their health, we can help achieve our mission to get to better health, better care, and lower costs for all Oregonians.

Action Requested

The Oregon Health Authority (OHA), Public Health Division requests authority to accept a State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity and Associated Risk Factors and Promote School Health grant from the Centers for Disease Control and Prevention if the state's application is successful.

Legislation Affected

None.

The Honorable Richard Devlin, Co-Chair
The Honorable Peter Buckley, Co-Chair
03/21/2013
Page 4 of 4

For additional information, please call Bruce Gutelius, Administrator for the Center for Prevention and Health Promotion, at 971-673-1061.

Sincerely,

A handwritten signature in blue ink that reads "Kelly R. Ballas". The signature is written in a cursive style with a large initial "K".

Kelly Ballas
Chief Financial Officer

CC: Linda Ames, Legislative Fiscal Office
Kate Nass, Department of Administrative Services
Blake Johnson, Department of Administrative Services