

Student art does not necessarily represent the beliefs or policies of OHA.

MEASURE: 4 HB 4083
EXHIBIT: 4
2012 SESSION H HUMAN SERVICES
DATE: 2/16/12 PAGES: 16
SUBMITTED BY: Donda Hafezi

www.oregon.gov/OHA/addiction/gambling.shtml
Phone: 503-945-9703
Salem, Oregon 97301
500 Summer St. NE, E-86
Problem Gambling Services
ADDICTIONS AND MENTAL HEALTH
Authority
Health
Oregon

If you or someone you know is gambling too much, call the Oregon Problem Gambling Helpline or chat live online with a certified gambling counselor. All information shared is confidential and this service is free to Oregon residents.

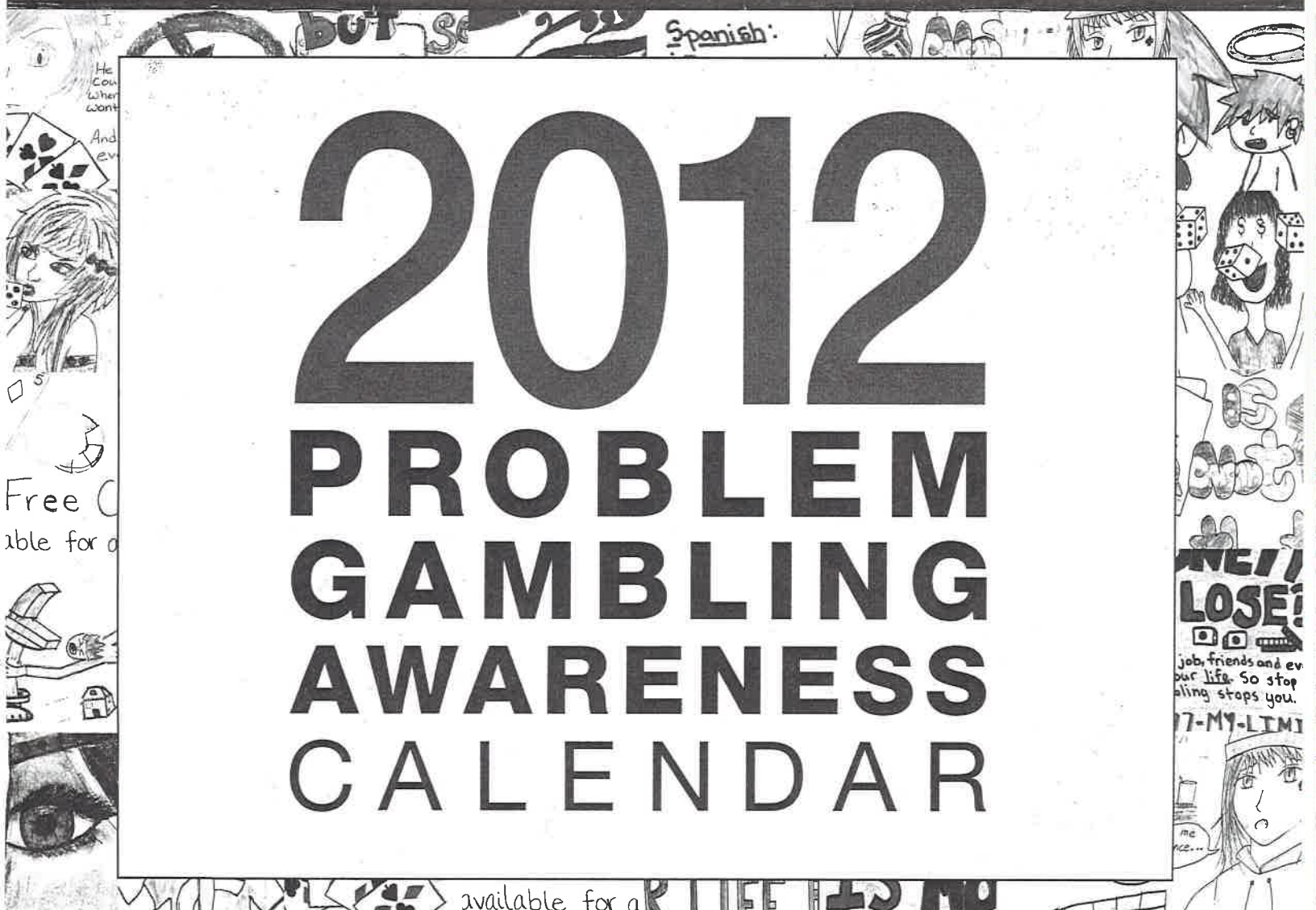


- Information on problem gambling and who is at risk;
- Access to providers and treatment options across the state;
- A list of all gambling treatment providers throughout Oregon;
- A list of Gamblers Anonymous (GA) self-help recovery meetings in Oregon.

What can this website offer you?

Oregon Problem Gambling Helpline
1-877-MY-LIMIT or www.1877mylimit.org

2012 PROBLEM GAMBLING AWARENESS CALENDAR



available for a

2012

PROBLEM GAMBLING AWARENESS CALENDAR

The 2011 Problem Gambling Awareness Calendar features young people's views on problem gambling, expressed through art.

State and county agencies and middle school teachers and students collaborated to create this calendar. Each year, in observance of the National Problem Gambling Awareness Week (first week of March), middle school youth create messages and images that convey the risk of developing a gambling problem. A panel of judges selected the student art in this calendar from among several hundred entries. If you would like more information about participating in the annual art search, please contact Greta Coe at greta.l.coe@state.or.us.



JANUARY



FEBRUARY



MARCH



APRIL



MAY



JUNE



JULY



AUGUST



SEPTEMBER



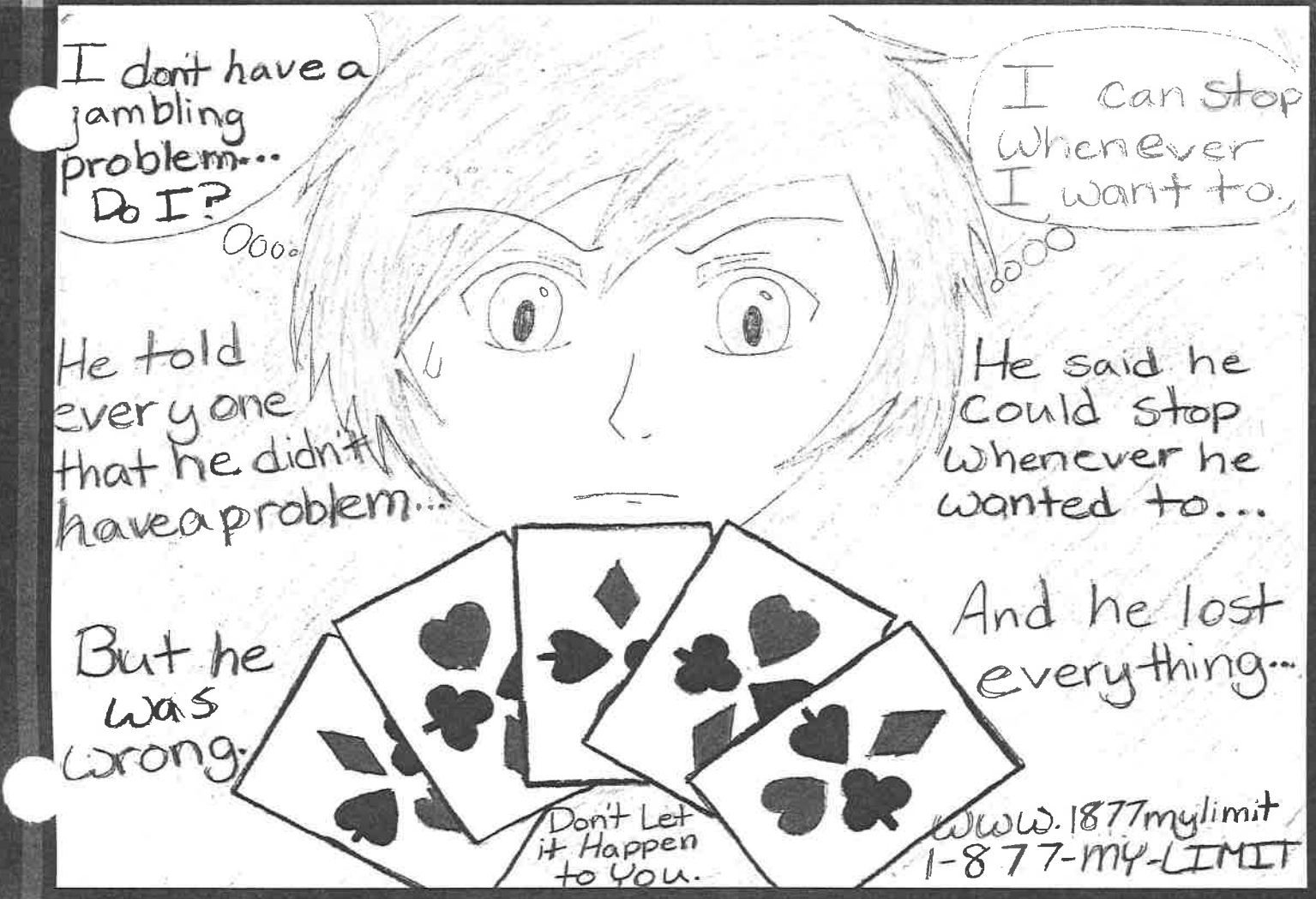
OCTOBER



NOVEMBER



DECEMBER

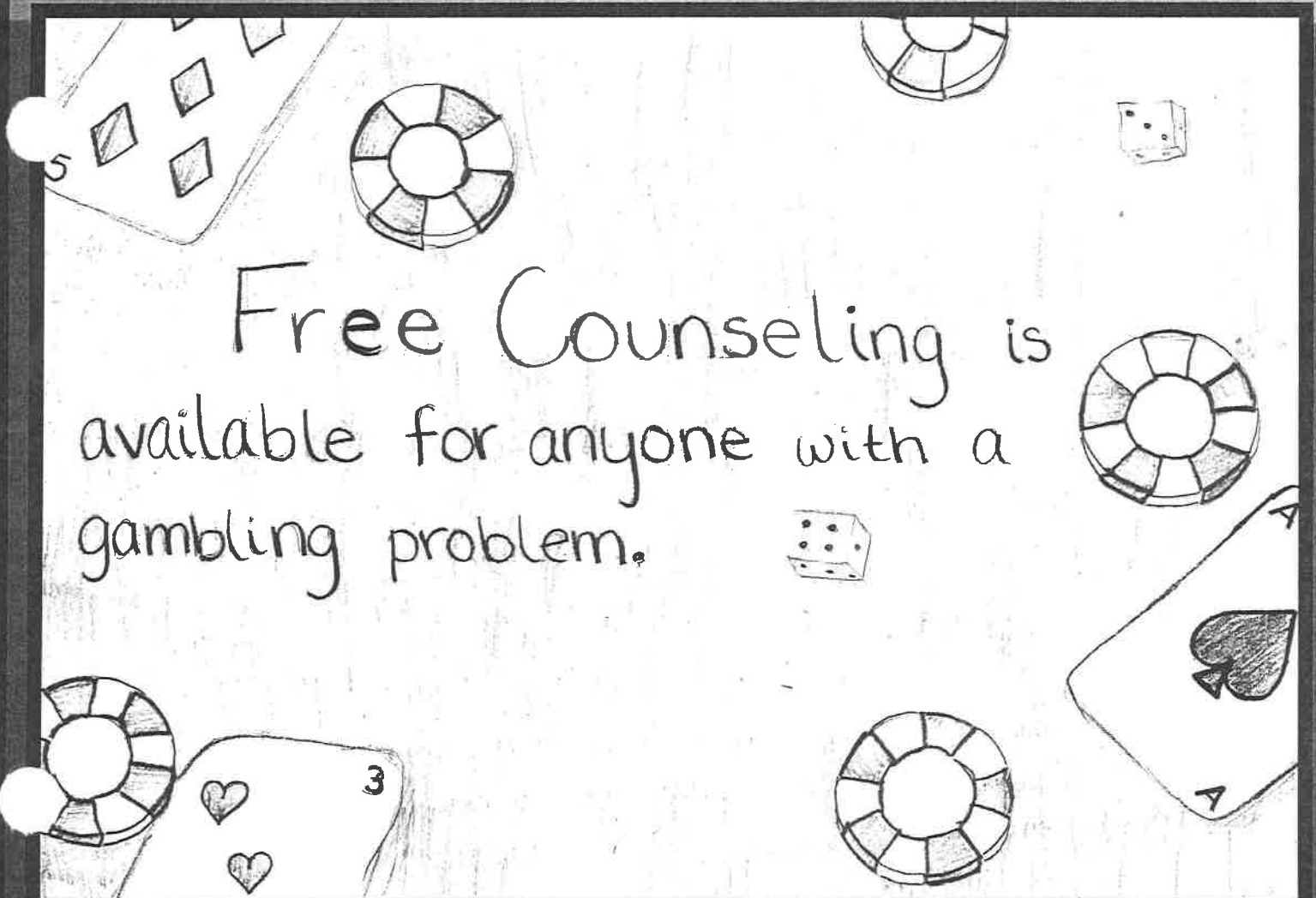


ARTIST: Bessie Little
YEAR: Seventh grade

Fact: College-aged young adults have the highest rates of gambling problems.

JANUARY 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
New Year's Day						
8	9	10	11	12	13	14
15	16	17	18	19	20	21
	Martin Luther King Jr. Day					
22	23	24	25	26	27	28
	Chinese New Year					
29	30	31				



Free Counseling is available for anyone with a gambling problem.

ARTIST: Cathlyn Medina
YEAR: Eighth grade

Fact: Family members can get FREE help with or without the gambler being involved.

MARCH 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
Problem Gambling Awareness Week						
11	12	13	14	15	16	17
Daylight savings time begins						St. Patrick's Day
18	19	20	21	22	23	24
		First day of Spring				
25	26	27	28	29	30	31

Which side are you on?

You know you want to. JUST one more.



c'mon, man don't do this. think of your family.

ARTIST: Anthony Togar
YEAR: Seventh grade

Fact: Problem gamblers have higher rates of suicide than those with other addiction/mental health problems.

APRIL 2012

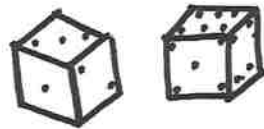
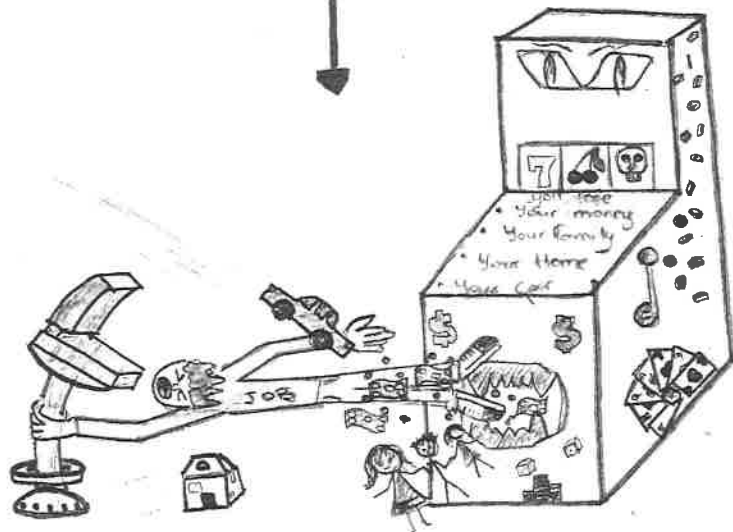
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
April Fool's Day Palm Sunday					Good Friday	Passover
8	9	10	11	12	13	14
Easter						
15	16	17	18	19	20	21
22	23	24	25	26	27	28
Earth Day						
29	30					

English:

Gambling addiction is a problem many of us are not aware of

Russian:

He ugraume na denegu, nomenaume ee, u gorce ne zametume ?



Spanish:

¿Por que arriesgar en perder todo lo que tienes por apostar?

If you have a gambling problem call this number:

1-877-MYLIMIT

ARTIST: Daniel Safarov

YEAR: Seventh grade

Fact: Two signs of a gambling problem: Betting more than you can afford and lying about how much you spend on gambling.

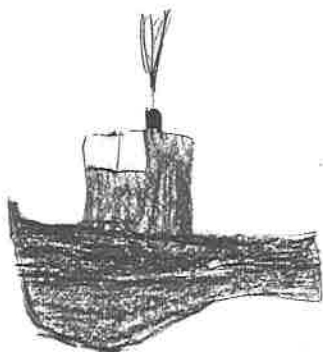
MAY 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 May Day	2	3	4	5 Cinco de Mayo
6	7	8	9	10	11	12
13 Mother's Day	14	15	16	17	18	19 Armed Forces Day
20	21	22	23	24	25	26
27	28 Memorial Day	29	30	31		

Gambling is like fishing. It's a lot of fun, but only one puts food on the table when the day is done.



=



= YUM!

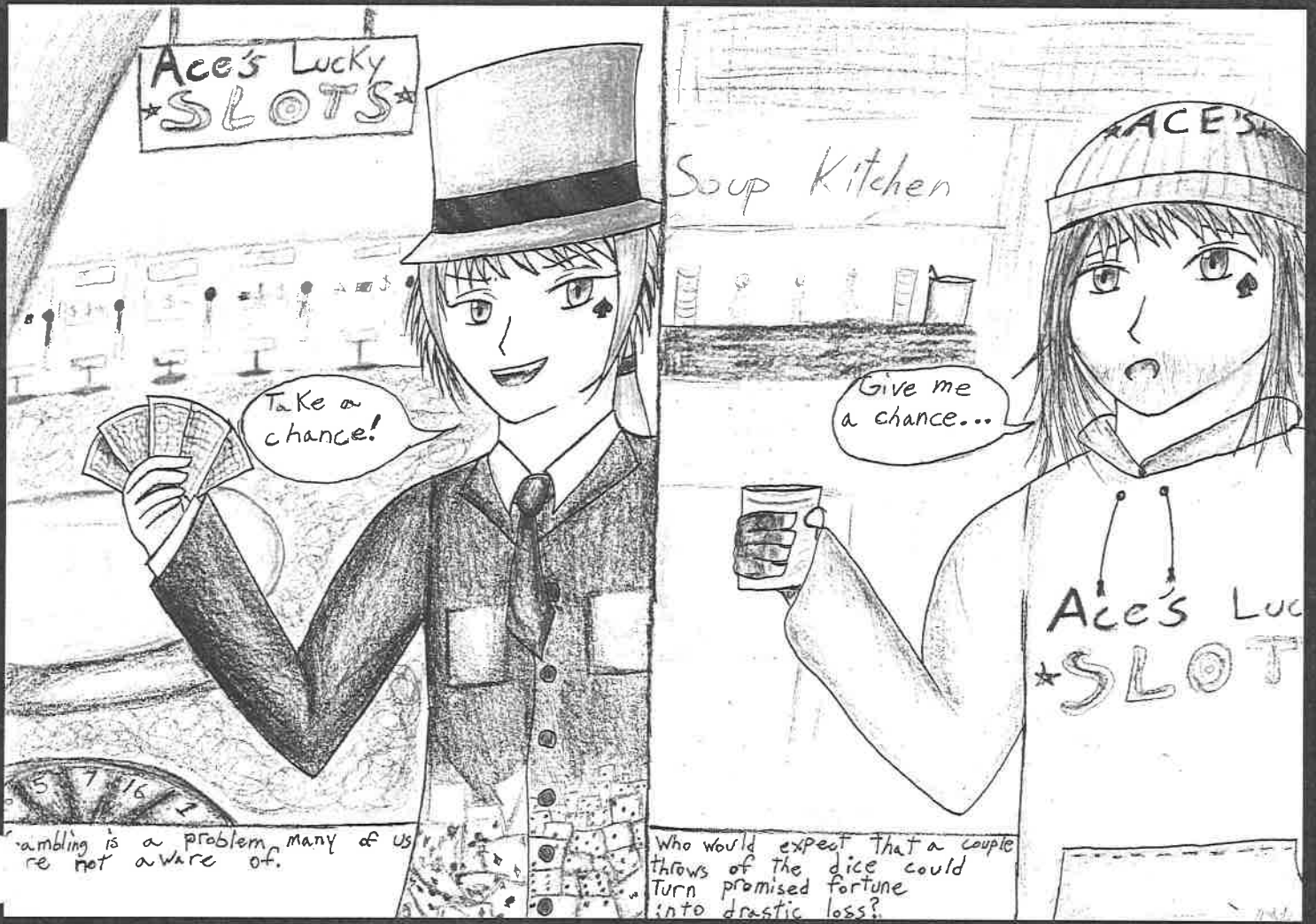
Help Yourself
and others at 1-877-MY-LIMIT or
WWW.1877MYLIMIT.org

ARTIST: Kaylah Bridges
YEAR: Sixth grade

Fact: Children of problem gamblers are at higher risk for developing gambling problems themselves.

JUNE 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
				Flag Day		
17	18	19	20	21	22	23
Father's Day			First day of Summer			
24	25	26	27	28	29	30

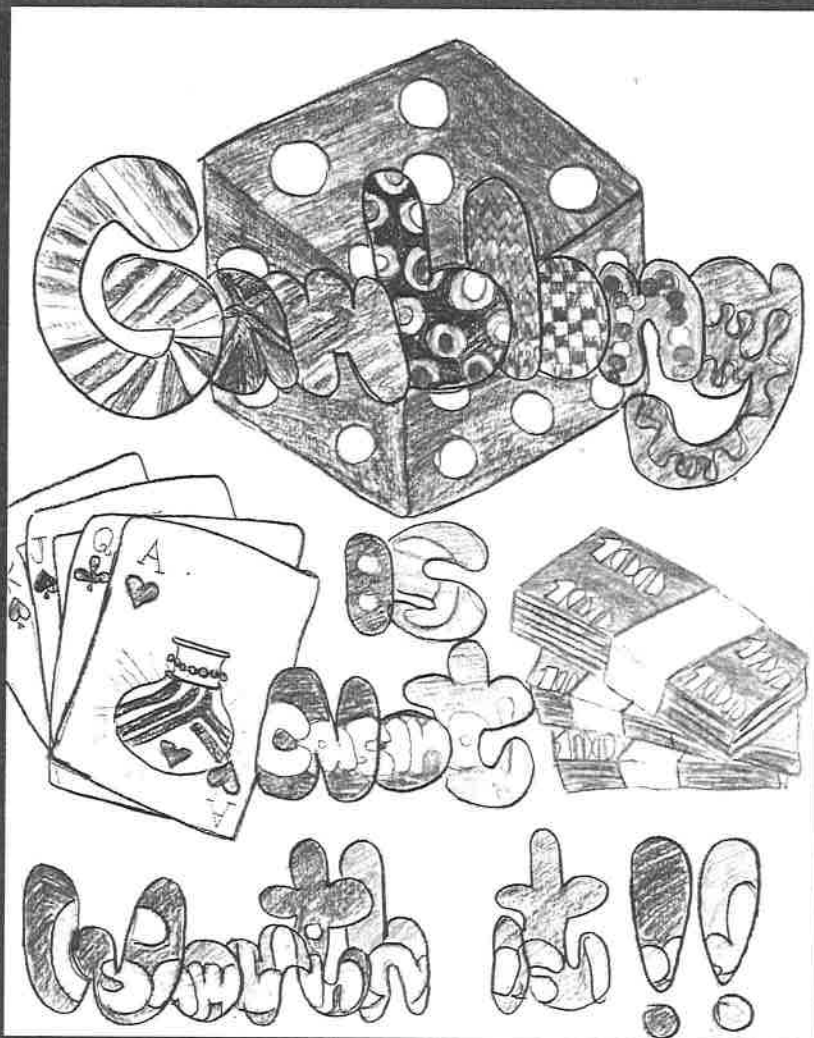


ARTIST: Dominique Lief
YEAR: Eighth grade

Fact: FREE confidential help for gambling problems is available in every Oregon county.

JULY 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Independence Day	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20 Ramadan	21
22	23	24	25	26	27	28
29	30	31				



ARTIST: Samantha Canete
YEAR: Sixth grade

Fact: Problem gambling costs Oregon up to \$600 million annually.

AUGUST 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Not Having A Limit is Like FLushing



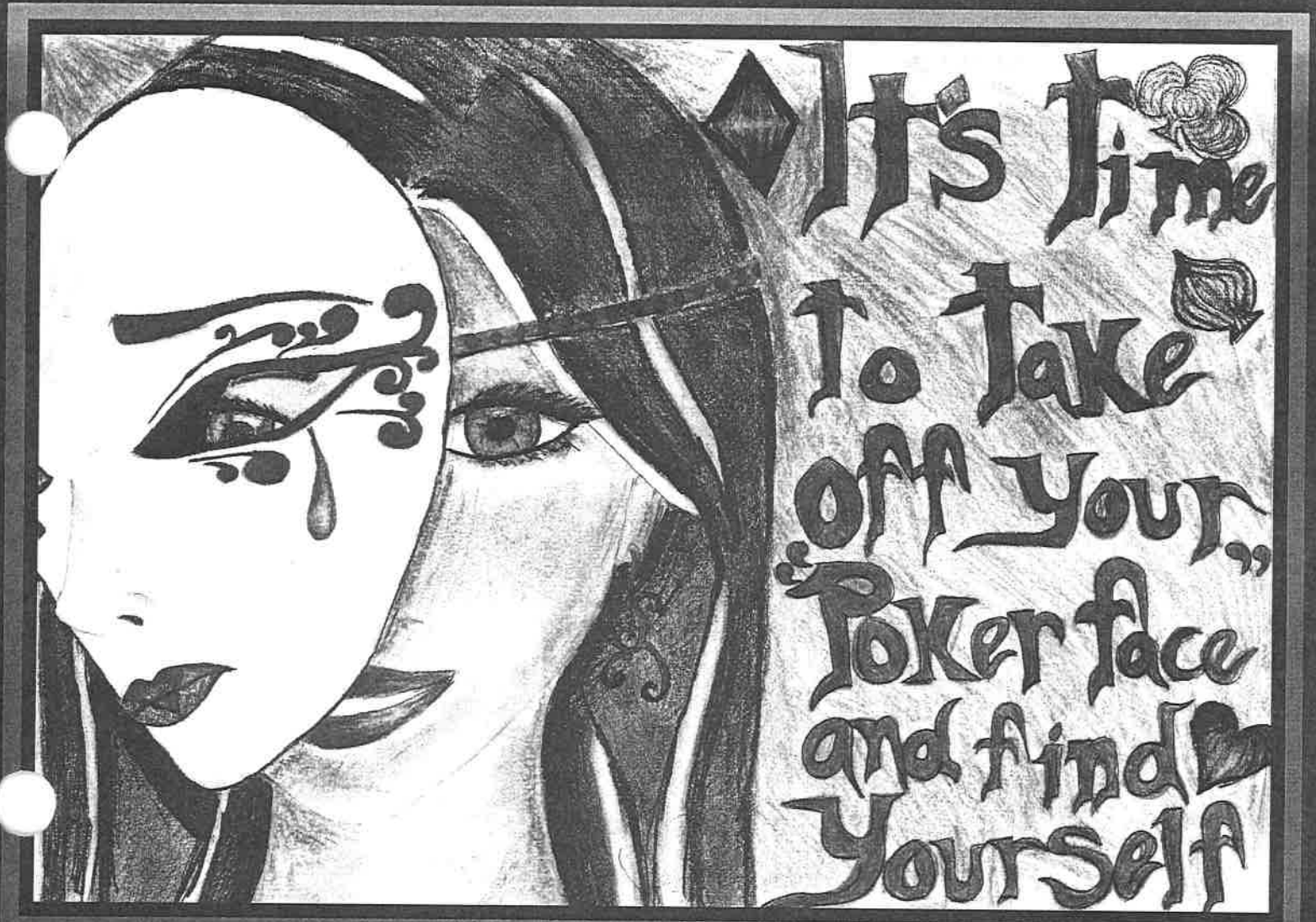
Stop Problem gambling
before it's too late.

ARTIST: James Felsher
YEAR: Eighth grade

Fact: The average client in treatment for problem gambling last year had about \$30,000 in gambling debt.

SEPTEMBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Labor Day	4	5	6	7	8
9	10	11	12	13	14	15
16	17 Rosh Hashanah	18	19	20	21	22 First day of Autumn
23 30	24	25	26 Yom Kippur	27	28	29 Oregon Problem Gamblers Awareness Day



ARTIST: Ava Krueger
YEAR: Seventh grade

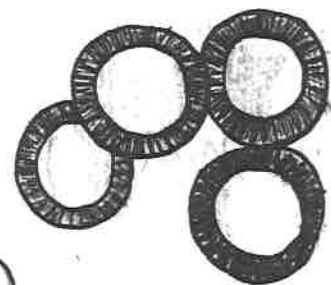
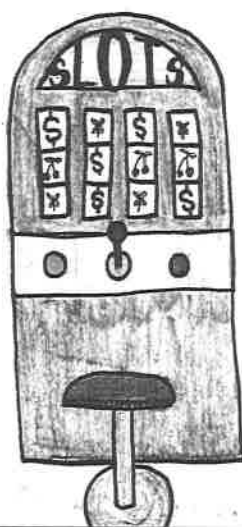
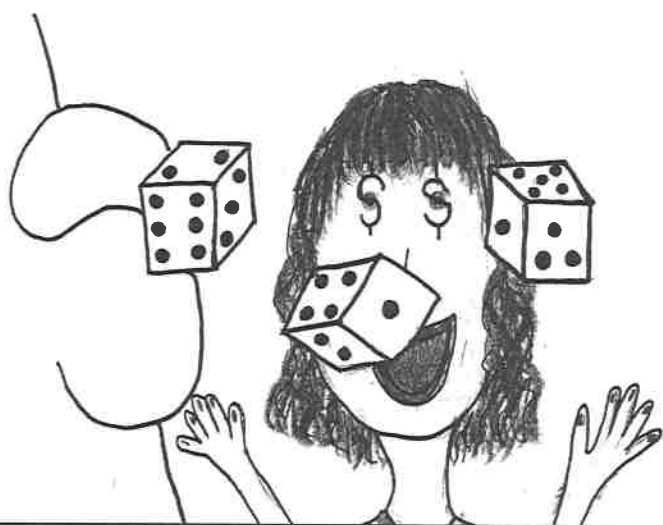
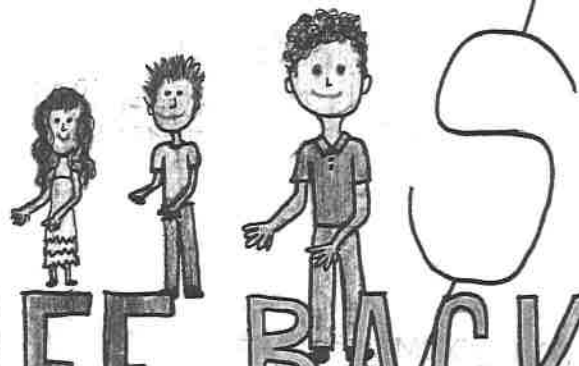
Fact: Gambling can become as addictive as drugs or alcohol; problem gambling can be successfully treated.

OCTOBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Columbus Day	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31 Halloween			

Get **HELP.**

Get **YOUR LIFE BACK.**



ARTIST: Isabelle Simpson
YEAR: Eighth grade

Fact: Gambling can become as addictive as drugs or alcohol, but problem gambling can be successfully treated.

NOVEMBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
Daylight savings time ends						
11	12	13	14	15	16	17
Veterans Day	Veterans Day (observed)					
18	19	20	21	22	23	24
				Thanksgiving Day		
25	26	27	28	29	30	

IS MONEY ALL YOU LOSE?

You can lose your job, friends and even family. In other words, your life. So stop gambling now, before gambling stops you.

CALL 1-877-MY-LIMIT for help

JOB

FRIENDS FAMILY

LIFE

ARTIST: Morgan Dally
YEAR: Seventh grade

Fact: The older a person is before they start gambling, the lower the risk of becoming a problem gambler.

DECEMBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
Hanukkah						
16	17	18	19	20	21	22
					First day of Winter	
23	24	25	26	27	28	29
30	New Year's Eve 31	Christmas	Kwanzaa			

Dear Co-Chair Gilliam, and Co-Chair Tomei,
Members of the committee;

2/6/12

My name is Ronda Hatefi, Eugene. I am the founder of Oregonians for Gambling Awareness Organization.

It is my pleasure and honor to be here today to support HB 4083. I have been working with the issue of problem gambling since 1995, the year my brother took his life after failed attempts to control his gambling.

It is my belief that the best way to give gamblers the message of help and hope is to educate them on what responsible gambling is, and how to get help when needed. I think the same is true for our State. We are hoping to help send the message that the Oregon Lottery is able to show responsibility in its mission, by changing its marketing strategies, and retail regulations.

Statistics show that the earlier people start to gamble the more likely they are to become a problem gambler. It also shows that when young adults gamble, they are more likely to take part in other risky behaviors. This is why it is so important to not target this age group when marketing the new products.

I understand the mission of the Oregon Lottery is to maximize revenues, but I also understand the social cost of problem gambling on our families in Oregon.

Thank you for the opportunity to testify before you today. I would be happy to answer any questions.



Oregon Problem Gambling Awareness

Wear this ribbon to increase awareness about problem gambling.

The color green on the ribbon symbolizes help, and white symbolizes hope.

If you or someone you know has a gambling problem, call the 24-hour gambling Help Line at **1-877-MY-LIMIT**. Help is free, confidential, and it works.

Is Someone You Know...?

Preoccupied with gambling?

(reliving past gambling experiences; planning the next venture; or thinking of ways to get money with which to gamble.)

Secretive about his/her gambling habits and defensive when confronted?

Increasing bet amounts when gambling in order to achieve the desired excitement ("high")

Trying unsuccessfully to control, cut back, or stop gambling

Restless or irritable when not gambling

"Chasing" losses with more gambling

Lying to family and others about the extent of gambling

Committing crimes

Jeopardizing or losing relationships, jobs, education or career opportunities

Relying on others to bail him or her out of a financial situation caused by gambling

"No Problem Gambler Stands Alone"

**Ronda Hatefi
Harvey & Diana Hafemann**

Oregonians for Gambling Awareness Organization
P.O. Box 70545 Eugene, OR. 97401

541-554-2172
ogao.ronda@gmail.com

Gambling Hotline
1-877-My-Limit