## **Updated Sponsors**

## House Bill 3625

Sponsored by Representative TOMEI; Representatives BARKER, BARNHART, BEYER, BOONE, BUCKLEY, CANNON, CLEM, DEMBROW, DOHERTY, GELSER, GREENLICK, KAHL, KOTEK, MATTHEWS, MAURER, NOLAN, READ, STIEGLER, VANORMAN, WITT (Presession filed.)

## **SUMMARY**

The following summary is not prepared by the sponsors of the measure and is not a part of the body thereof subject to consideration by the Legislative Assembly. It is an editor's brief statement of the essential features of the measure **as introduced.** 

Designates May of each year as Maternal Mental Health Awareness Month. Declares emergency, effective on passage.

## A BILL FOR AN ACT

2 Relating to Maternal Mental Health Awareness Month; and declaring an emergency.

Whereas maternal mental health directly affects women, infants and children and must be seen as a primary concern for the health and safety of families; and

Whereas perinatal mood disorders, which include depression, anxiety, mania and psychosis, are pervasive but treatable illnesses and occur in approximately one out of eight of all pregnant and postpartum women; and

Whereas research has shown that untreated maternal depression and anxiety during pregnancy or postpartum negatively affects birth outcomes and infant development, including infant mental health and brain development; and

Whereas maternal risk factors for the development of perinatal mood disorders can be reliably identified, assessed and treated by health care providers and public health systems; and

Whereas families should be informed of the importance of mental health during pregnancy and postpartum and can be given information that will empower them to take preventive measures; and

Whereas reliable, evidence-based methods for culturally competent risk evaluation, screening and treatment have been developed and could be adopted in Oregon; and

Whereas provider education and public awareness regarding maternal mental health is a public health priority; and

Whereas accessible local, state and federal resources for screening, assessment, referral and treatment need to be available to all childbearing families and their health care providers throughout the State of Oregon; now, therefore,

Be It Enacted by the People of the State of Oregon:

SECTION 1. (1) May of each year is designated as Maternal Mental Health Awareness Month.

- (2) The purpose of the designation is to:
- (a) Encourage the Early Childhood Council to address perinatal mental health as a public health priority; and
- (b) Encourage health care providers, parents, expecting parents and other stakeholders to collaborate in the development of a statewide care network for perinatal mental health

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and to increase awareness and understanding of the mental health needs of pregnant	and
postpartum women and their families.	

SECTION 2. This 2010 Act being necessary for the immediate preservation of the public peace, health and safety, an emergency is declared to exist, and this 2010 Act takes effect on its passage.

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