## Senate Bill 452

Sponsored by Senator MORRISETTE

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## **SUMMARY**

The following summary is not prepared by the sponsors of the measure and is not a part of the body thereof subject to consideration by the Legislative Assembly. It is an editor's brief statement of the essential features of the measure **as introduced.** 

Requires health benefit plan to provide coverage for services rendered by professional counselors or marriage and family therapists acting within their scope of practice if plan covers services by other professionals providing same or similar services.

Adds services offered by professional counselors or marriage and family therapists to definition of "outpatient service" for purposes of statutes governing certain treatment programs and facilities.

A BILL FOR AN ACT

- Relating to licensees of Oregon Board of Licensed Professional Counselors and Therapists; creating new provisions; and amending ORS 430.010, 743.556 and 750.333.
- 4 Be It Enacted by the People of the State of Oregon:
  - SECTION 1. Section 2 of this 2007 Act is added to and made a part of ORS chapter 743.
  - SECTION 2. (1) Whenever any health benefit plan, as defined in ORS 743.730, provides for coverage for services performed by a physician, psychologist, clinical social worker or nurse practitioner, the plan also shall cover services provided by a professional counselor or marriage and family therapist licensed under ORS 675.715 to 675.835 when the counselor or therapist is acting within the counselor's or therapist's lawful scope of practice.
  - (2) The payment to a professional counselor or marriage and family therapist by a health benefit plan under subsection (1) of this section shall be in accordance with the benefits provided in the plan and shall be computed in the same manner whether performed by a physician, psychologist, clinical social worker, nurse practitioner, professional counselor or marriage and family therapist, according to the customary and usual fee of professional counselors and marriage and family therapists in the area served.
    - (3) The provisions of ORS 743.700 do not apply to this section.
    - **SECTION 3.** ORS 430.010 is amended to read:
  - 430.010. As used in ORS 430.010 to 430.050, 430.140 to 430.170, 430.265, 430.270 and 430.610 to 430.695:
    - (1) "Department" means the Department of Human Services.
  - (2) "Health facility" means a facility licensed as required by ORS 441.015 or a facility accredited by the Joint Commission on Accreditation of Hospitals, either of which provides full-day or part-day acute treatment for alcoholism, drug addiction or mental or emotional disturbance, and is licensed to admit persons requiring 24-hour nursing care.
  - (3) "Residential facility" or "day or partial hospitalization program" means a program or facility providing an organized full-day or part-day program of treatment. Such a program or facility shall be licensed, approved, established, maintained, contracted with or operated by the department under:
    - (a) ORS 430.265 to 430.380 and 430.610 to 430.880 for alcoholism;
    - (b) ORS 430.265 to 430.380, 430.405 to 430.565 and 430.610 to 430.880 for drug addiction; or

**NOTE:** Matter in **boldfaced** type in an amended section is new; matter [*italic and bracketed*] is existing law to be omitted. New sections are in **boldfaced** type.

- 1 (c) ORS 430.610 to 430.880 for mental or emotional disturbance.
  - (4) "Outpatient service" means:

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- (a) A program or service providing treatment by appointment and by medical or osteopathic physicians licensed by the Board of Medical Examiners for the State of Oregon under ORS 677.010 to 677.450; psychologists licensed by the State Board of Psychologist Examiners under ORS 675.010 to 675.150; nurse practitioners registered by the Oregon State Board of Nursing under ORS 678.010 to 678.410; [or] clinical social workers licensed by the State Board of Clinical Social Workers under ORS 675.510 to 675.600; or professional counselors or marriage and family therapists licensed by the Oregon Board of Licensed Professional Counselors and Therapists under ORS 675.715 to 675.835; or
  - (b) A program or service providing treatment by appointment that is licensed, approved, established, maintained, contracted with or operated by the department under:
    - (A) ORS 430.265 to 430.380 and 430.610 to 430.880 for alcoholism;
    - (B) ORS 430.265 to 430.380, 430.405 to 430.565 and 430.610 to 430.880 for drug addiction; or
    - (C) ORS 430.610 to 430.880 for mental or emotional disturbance.
  - **SECTION 4.** ORS 743.556, as amended by section 1, chapter 705, Oregon Laws 2005, is amended to read:

743.556. A group health insurance policy providing coverage for hospital or medical expenses shall provide coverage for expenses arising from treatment for chemical dependency, including alcoholism, and for mental or nervous conditions at the same level as, and subject to limitations no more restrictive than, those imposed on coverage or reimbursement of expenses arising from treatment for other medical conditions. The following apply to coverage for chemical dependency and for mental or nervous conditions:

- (1) As used in this section:
- (a) "Chemical dependency" means the addictive relationship with any drug or alcohol characterized by a physical or psychological relationship, or both, that interferes on a recurring basis with the individual's social, psychological or physical adjustment to common problems. For purposes of this section, "chemical dependency" does not include addiction to, or dependency on, tobacco, tobacco products or foods.
- (b) "Facility" means a corporate or governmental entity or other provider of services for the treatment of chemical dependency or for the treatment of mental or nervous conditions.
- (c) "Group health insurer" means an insurer, a health maintenance organization or a health care service contractor.
- (d) "Program" means a particular type or level of service that is organizationally distinct within a facility.
- 36 (e) "Provider" means a person that has met the credentialing requirement of a group health 37 insurer, is otherwise eligible to receive reimbursement for coverage under the policy and is:
  - (A) A health care facility;
  - (B) A residential program or facility;
- 40 (C) A day or partial hospitalization program;
- 41 (D) An outpatient service; or
- 42 (E) An individual behavioral health or medical professional authorized for reimbursement under 43 Oregon law.
  - (2) The coverage may be made subject to provisions of the policy that apply to other benefits under the policy, including but not limited to provisions relating to deductibles and coinsurance.

- Deductibles and coinsurance for treatment in health care facilities or residential programs or facilities may not be greater than those under the policy for expenses of hospitalization in the treatment of other medical conditions. Deductibles and coinsurance for outpatient treatment may not be greater than those under the policy for expenses of outpatient treatment of other medical conditions.
- (3) The coverage may not be made subject to treatment limitations, limits on total payments for treatment, limits on duration of treatment or financial requirements unless similar limitations or requirements are imposed on coverage of other medical conditions. The coverage of eligible expenses may be limited to treatment that is medically necessary as determined under the policy for other medical conditions.
  - (4)(a) Nothing in this section requires coverage for:

- (A) Educational or correctional services or sheltered living provided by a school or halfway house;
  - (B) A long-term residential mental health program that lasts longer than 45 days;
- (C) Psychoanalysis or psychotherapy received as part of an educational or training program, regardless of diagnosis or symptoms that may be present;
  - (D) A court-ordered sex offender treatment program; or
  - (E) A screening interview or treatment program under ORS 813.021.
- (b) Notwithstanding paragraph (a)(A) of this subsection, an insured may receive covered outpatient services under the terms of the insured's policy while the insured is living temporarily in a sheltered living situation.
  - (5) A provider is eligible for reimbursement under this section if:
  - (a) The provider is approved by the Department of Human Services;
- (b) The provider is accredited for the particular level of care for which reimbursement is being requested by the Joint Commission on Accreditation of Hospitals or the Commission on Accreditation of Rehabilitation Facilities;
- (c) The patient is staying overnight at the facility and is involved in a structured program at least eight hours per day, five days per week; or
  - (d) The provider is providing a covered benefit under the policy.
  - (6) Payments may not be made under this section for support groups.
- (7) If specified in the policy, outpatient coverage may include follow-up in-home service or outpatient services. The policy may limit coverage for in-home service to persons who are homebound under the care of a physician.
- (8) Nothing in this section prohibits a group health insurer from managing the provision of benefits through common methods, including but not limited to selectively contracted panels, health plan benefit differential designs, preadmission screening, prior authorization of services, utilization review or other mechanisms designed to limit eligible expenses to those described in subsection (3) of this section.
- (9) The Legislative Assembly has found that health care cost containment is necessary and intends to encourage insurance policies designed to achieve cost containment by ensuring that reimbursement is limited to appropriate utilization under criteria incorporated into such policies, either directly or by reference.
- (10)(a) Subject to the patient or client confidentiality provisions of ORS 40.235 relating to physicians, ORS 40.240 relating to nurse practitioners, ORS 40.230 relating to psychologists, [and] ORS 40.250 and 675.580 relating to licensed clinical social workers[,] and ORS 40.262 relating to licensed professional counselors and licensed marriage and family therapists, a group health

insurer may provide for review for level of treatment of admissions and continued stays for treatment in health care facilities, residential programs or facilities, day or partial hospitalization programs and outpatient services by either group health insurer staff or personnel under contract to the group health insurer, or by a utilization review contractor, who shall have the authority to certify for or deny level of payment.

- (b) Review shall be made according to criteria made available to providers in advance upon request.
- (c) Review shall be performed by or under the direction of a medical or osteopathic physician licensed by the Board of Medical Examiners for the State of Oregon, a psychologist licensed by the State Board of Psychologist Examiners, [or] a clinical social worker licensed by the State Board of Clinical Social Workers[,] or a professional counselor or marriage and family therapist licensed by the Oregon Board of Licensed Professional Counselors and Therapists, in accordance with standards of the National Committee for Quality Assurance or Medicare review standards of the Centers for Medicare and Medicaid Services.
- (d) Review may involve prior approval, concurrent review of the continuation of treatment, post-treatment review or any combination of these. However, if prior approval is required, provision shall be made to allow for payment of urgent or emergency admissions, subject to subsequent review. If prior approval is not required, group health insurers shall permit providers, policyholders or persons acting on their behalf to make advance inquiries regarding the appropriateness of a particular admission to a treatment program. Group health insurers shall provide a timely response to such inquiries. Noncontracting providers must cooperate with these procedures to the same extent as contracting providers to be eligible for reimbursement.
- (11) Health maintenance organizations may limit the receipt of covered services by enrollees to services provided by or upon referral by providers contracting with the health maintenance organization. Health maintenance organizations and health care service contractors may create substantive plan benefit and reimbursement differentials at the same level as, and subject to limitations no more restrictive than, those imposed on coverage or reimbursement of expenses arising out of other medical conditions and apply them to contracting and noncontracting providers.
- (12) Nothing in this section prevents a group health insurer from contracting with providers of health care services to furnish services to policyholders or certificate holders according to ORS 743.531 or 750.005, subject to the following conditions:
  - (a) A group health insurer is not required to contract with all eligible providers.
- (b) An insurer or health care services contractor shall, subject to subsections (2) and (3) of this section, pay benefits toward the covered charges of noncontracting providers of services for the treatment of chemical dependency or mental or nervous conditions. The insured shall, subject to subsections (2) and (3) of this section, have the right to use the services of a noncontracting provider of services for the treatment of chemical dependency or mental or nervous conditions, whether or not the services for chemical dependency or mental or nervous conditions are provided by contracting or noncontracting providers.
- (13) The intent of the Legislative Assembly in adopting this section is to reserve benefits for different types of care to encourage cost effective care and to ensure continuing access to levels of care most appropriate for the insured's condition and progress.
- (14) The Director of the Department of Consumer and Business Services, after notice and hearing, may adopt reasonable rules not inconsistent with this section that are considered necessary for the proper administration of these provisions.

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- **SECTION 5.** ORS 750.333 is amended to read:
- 750.333. (1) The following provisions of the Insurance Code apply to trusts carrying out a multiple employer welfare arrangement:
- 4 (a) ORS 731.004 to 731.150, 731.162, 731.216 to 731.268, 731.296 to 731.316, 731.324, 731.328,
- $5 \quad 731.378, \ 731.386, \ 731.390, \ 731.398, \ 731.406, \ 731.410, \ 731.414, \ 731.418 \ \ to \ \ 731.434, \ \ 731.454, \ \ 731.484,$
- 6 731.486, 731.488, 731.512, 731.574 to 731.620, 731.640 to 731.652, 731.804 to 731.992.
- 7 (b) ORS 733.010 to 733.050, 733.140 to 733.170, 733.210, 733.510 to 733.680 and 733.695 to 733.780.
- 8 (c) ORS chapter 734.

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- 9 (d) ORS 742.001 to 742.009, 742.013, 742.061 and 742.400.
- 10 (e) ORS 743.028, 743.053, 743.524, 743.526, 743.527, 743.528, 743.529, 743.530, 743.560, 743.562,
- 11 743.600, 743.601, 743.602, 743.610, 743.691, 743.693, 743.694, 743.699, 743.727, 743.728, 743.730 to
- 12 743.773 (except 743.760 to 743.773), 743.793, 743.801, 743.804, 743.807, 743.808, 743.814 to 743.839,
- 13 743.842, 743.845, 743.847, 743.854, 743.856, 743.857, 743.858, 743.859, 743.861, 743.862, 743.863 and 743.864.
- 15 (f) ORS 743.556, 743.701, 743.703, 743.706, 743.707, 743.709, 743.710, 743.712, 743.713, 743.714,
- 16 743.717, 743.718, 743.719, 743.721, 743.722, 743.725 and 743.726 and section 2 of this 2007 Act.
- 17 Multiple employer welfare arrangements to which ORS 743.730 to 743.773 apply are subject to the
- sections referred to in this paragraph only as provided in ORS 743.730 to 743.773.
- 19 (g) Provisions of ORS chapter 744 relating to the regulation of insurance producers and insur-20 ance consultants, and ORS 744.700 to 744.740.
  - (h) ORS 746.005 to 746.140, 746.160 and 746.220 to 746.370.
  - (i) ORS 731.592 and 731.594.
- 23 (2) For the purposes of this section:
- 24 (a) A trust carrying out a multiple employer welfare arrangement shall be considered an insurer.
- 25 (b) References to certificates of authority shall be considered references to certificates of mul-26 tiple employer welfare arrangement.
  - (c) Contributions shall be considered premiums.
- 28 (3) The provision of health benefits under ORS 750.301 to 750.341 shall be considered to be the transaction of health insurance.
  - **SECTION 6.** ORS 750.333, as amended by section 4, chapter 263, Oregon Laws 2003, is amended to read:
- 750.333. (1) The following provisions of the Insurance Code apply to trusts carrying out a multiple employer welfare arrangement:
- 34 (a) ORS 731.004 to 731.150, 731.162, 731.216 to 731.268, 731.296 to 731.316, 731.324, 731.328, 731.378, 731.386, 731.390, 731.398, 731.406, 731.410, 731.414, 731.418 to 731.434, 731.454, 731.484,
- 36 731.486, 731.488, 731.512, 731.574 to 731.620, 731.640 to 731.652, 731.804 to 731.992.
  - (b) ORS 733.010 to 733.050, 733.140 to 733.170, 733.210, 733.510 to 733.680 and 733.695 to 733.780.
- 38 (c) ORS chapter 734.
- 39 (d) ORS 742.001 to 742.009, 742.013, 742.061 and 742.400.
- 40 (e) ORS 743.028, 743.053, 743.524, 743.526, 743.527, 743.528, 743.529, 743.530, 743.560, 743.562,
- 41 743.600, 743.601, 743.602, 743.610, 743.691, 743.693, 743.694, 743.699, 743.727, 743.728, 743.730 to
- 42 743.773 (except 743.760 to 743.773), 743.793, 743.801, 743.804, 743.807, 743.808, 743.814 to 743.839,
- 43 743.842, 743.845, 743.847, 743.854, 743.856, 743.857, 743.858, 743.859, 743.861, 743.862, 743.863 and 743.864.
- 45 (f) ORS 743.556, 743.701, 743.703, 743.706, 743.707, 743.709, 743.710, 743.712, 743.713, 743.714,

- 743.717, 743.718, 743.719, 743.721, 743.722 and 743.725 **and section 2 of this 2007 Act**. Multiple employer welfare arrangements to which ORS 743.730 to 743.773 apply are subject to the sections referred to in this paragraph only as provided in ORS 743.730 to 743.773.
- 4 (g) Provisions of ORS chapter 744 relating to the regulation of insurance producers and insur-5 ance consultants, and ORS 744.700 to 744.740.
  - (h) ORS 746.005 to 746.140, 746.160 and 746.220 to 746.370.
  - (i) ORS 731.592 and 731.594.

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- 8 (2) For the purposes of this section:
- (a) A trust carrying out a multiple employer welfare arrangement shall be considered an insurer.
- 10 (b) References to certificates of authority shall be considered references to certificates of mul-11 tiple employer welfare arrangement.
  - (c) Contributions shall be considered premiums.
  - (3) The provision of health benefits under ORS 750.301 to 750.341 shall be considered to be the transaction of health insurance.
  - **SECTION 7.** ORS 750.333, as amended by section 8, chapter 137, Oregon Laws 2003, section 3, chapter 446, Oregon Laws 2003, and section 6, chapter 418, Oregon Laws 2005, is amended to read:
- 750.333. (1) The following provisions of the Insurance Code apply to trusts carrying out a multiple employer welfare arrangement:
- 19 (a) ORS 731.004 to 731.150, 731.162, 731.216 to 731.268, 731.296 to 731.316, 731.324, 731.328, 20 731.378, 731.386, 731.390, 731.398, 731.406, 731.410, 731.414, 731.418 to 731.434, 731.454, 731.484, 21 731.486, 731.488, 731.512, 731.574 to 731.620, 731.640 to 731.652, 731.804 to 731.992.
- 22 (b) ORS 733.010 to 733.050, 733.140 to 733.170, 733.210, 733.510 to 733.680 and 733.695 to 733.780.
- 23 (c) ORS chapter 734.
- 24 (d) ORS 742.001 to 742.009, 742.013, 742.061 and 742.400.
- 25 (e) ORS 743.028, 743.053, 743.524, 743.526, 743.527, 743.528, 743.529, 743.530, 743.560, 743.562,
- 26 743.600, 743.601, 743.602, 743.610, 743.691, 743.693, 743.694, 743.699, 743.727, 743.728, 743.730 to
- 27 743.773 (except 743.760 to 743.773), 743.793, 743.801, 743.804, 743.807, 743.808, 743.814 to 743.839,
- 28 743.842, 743.845, 743.847, 743.854, 743.856, 743.857, 743.858, 743.859, 743.861, 743.862, 743.863 and 29 743.864.
- 30 (f) ORS 743.556, 743.701, 743.703, 743.706, 743.707, 743.709, 743.710, 743.712, 743.713, 743.714,
- 31 743.717, 743.718, 743.719, 743.721 and 743.722 and section 2 of this 2007 Act. Multiple employer
- 32 welfare arrangements to which ORS 743.730 to 743.773 apply are subject to the sections referred to
- in this paragraph only as provided in ORS 743.730 to 743.773.
- 34 (g) Provisions of ORS chapter 744 relating to the regulation of insurance producers and insur-35 ance consultants, and ORS 744.700 to 744.740.
- 36 (h) ORS 746.005 to 746.140, 746.160 and 746.220 to 746.370.
  - (i) ORS 731.592 and 731.594.
    - (2) For the purposes of this section:
    - (a) A trust carrying out a multiple employer welfare arrangement shall be considered an insurer.
- 40 (b) References to certificates of authority shall be considered references to certificates of mul-41 tiple employer welfare arrangement.
  - (c) Contributions shall be considered premiums.
- 43 (3) The provision of health benefits under ORS 750.301 to 750.341 shall be considered to be the transaction of health insurance.
- 45 SECTION 8. Section 2 of this 2007 Act and the amendments to ORS 430.010, 743.556 and

- 750.333 by sections 3 to 7 of this 2007 Act apply to health benefit plan policies issued or re-
- 2 newed on or after the effective date of this 2007 Act.