

**REVENUE:** No revenue impact

**FISCAL:** May have fiscal impact, statement not yet issued

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**Action:** Do Pass as Amended and Be Printed Engrossed and Be Referred to the Committee on Ways & Means  
**Vote:** 5 - 0 - 0  
**Yeas:** Kruse, Metsger, Morse, Westlund, Walker  
**Nays:** 0  
**Exc.:** 0  
**Prepared By:** Dana Richardson, Administrator  
**Meeting Dates:** 2/27

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**WHAT THE MEASURE DOES:** Requires students in kindergarten through eighth grade to participate in physical education for entire school year. Requires kindergarten through fifth grade students to participate in 150 minutes of physical activity each week and sixth through eighth grade students to participate in 225 minutes of physical activity each week. Directs Department of Education to award grants for purpose of meeting physical education requirements. Appropriates moneys for grants. Requires school districts and public charter schools to offer physical education instruction that meets State Board of Education academic content standards with at least 50% of class time used for actual physical activity each week. Applies requirements to private alternative education programs and public charter schools. Declares an emergency; effective July 1, 2007.

**ISSUES DISCUSSED:**

- Inclusion of high school students
- Appropriate number of minutes of activity
- Relationship to nutrition and availability of “junk food” in schools
- Impact on General School Fund
- School district choices on priority funding areas

**EFFECT OF COMMITTEE AMENDMENT:** Directs Department of Education to award grants for purpose of meeting physical education requirements. Appropriates moneys for grants. Declares an emergency; effective July 1, 2007.

**BACKGROUND:** Currently, no statute or regulation requires physical education. Administrative rule prescribes that school districts provide a planned K-12 instructional program that includes all common curriculum goals and academic content standards in physical education.

According to the Surgeon General, overweight adolescents have a 70% chance of becoming overweight or obese adults. Overweight in children is generally caused by lack of physical activity, unhealthy eating patterns, or a combination of the two with genetics and lifestyle both playing important roles in determining a child’s weight. For children, the Surgeon General recommends 60 minutes of moderate physical activity most days of the week.

According to a 2005 study commissioned by the Oregon Sports Authority, physical education standards vary widely between school districts. The study also found that district size has little correlation to physical education instruction time and that disadvantaged elementary school students may be most affected by the state’s lack of minimum physical education instruction levels.