

To whom it may concern,

I am writing to support all the requests submitted by COPACT on behalf of therapists and counselors are supported. They have outlined the challenges very well I am facing and others in mental health are facing.

I am a licensed clinical social worker in private practice so a solo practice small business. I am continuing to provide services for clients despite the lack of clarity on if I will get paid or not. The information is highly confusing due to different responses from different insurance companies, clients across state lines, etc. I have clients who have suspended needed treatment due to being laid off and insurance coverage problems. I also have clients in WA that telemental health requires me to be licensed there to serve them remotely. Please please include the areas outlined by COPACT in your relief and support package.

It seems crucial in this time of challenge that mental health works are able to continue to provide care to the public and take care of themselves.

Regards,  
Debbie Benschling  
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